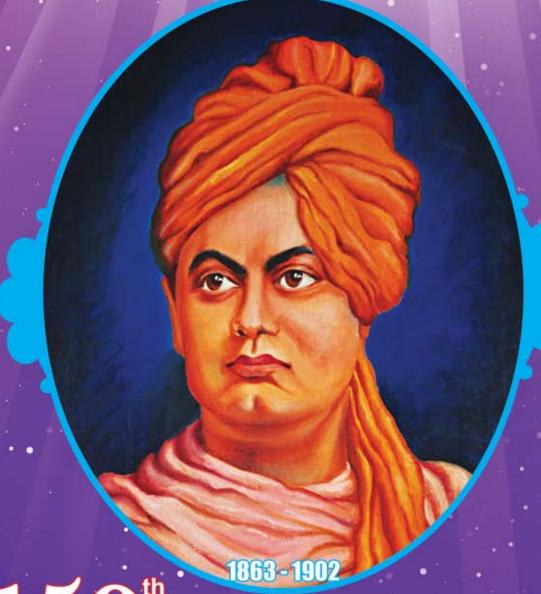
JUBILEE HILLS PUBLIC SCHOOL



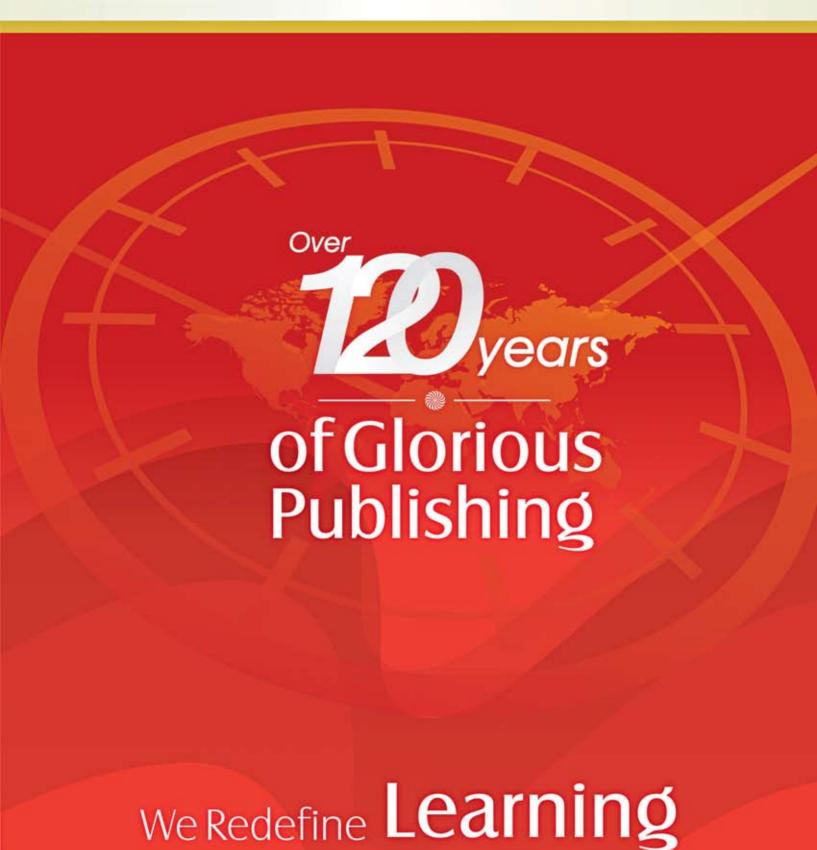


150 th Anniversary Celebrations

We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet.

- Swami Vivekananda

















JUBILEE HILLS PUBLIC SCHOOL

2013-2014

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JUBILEE HILLS PUBLIC SCHOOL



BLOCK - III, ROAD NO.71, JUBILEE HILLS, HYDERABAD - 500 033, ANDHARA PRADESH, INDIA.

Bureau Veritas Certification certify that the Management System of the above organization has been audited and found to be in accordance with the requirements of the management system standard detailed below

Standard

ISO 9001:2008

Scope of certification

IMPARTING EDUCATION TO STUDENTS OF

- A. PRE PRIMARY CLASSES.
- B. PRIMARY, MIDDLE, SECONDARY AND SENIOR SECONDARY CLASSES IN ACCORDANCE WITH REGULATIONS AND SYLLABUS OF CENTRAL BOARD OF SECONDARY EDUCATION.

Certification cycle start date: 30 January 2014

Subject to the continued satisfactory operation of the organization's Management

System, this certificate expires on: 29 January 2017

Original certification date: 30 January 2008

Certificate No. IND14.6078N Version: 1 Revision date: 29 January 2014

Certification Authority RAMESH KOREGAVE General Manager



OM 003



Local office:

"Marwah Centre" 6th Floor, Krishanlal Marwah Marg. Opp. Ansa Industrial Estate, Off Saki Vihar Road, Andheri (East), Mumbai – 400 072, India.

Further clarifications regarding the scope of this certificate and the applicability of the management system requirements may be obtained by consulting the organization. To check this certificate validity please call +91 22 6695 6300.

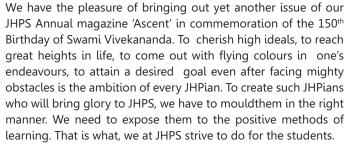


FROM THE BOARD ROOM

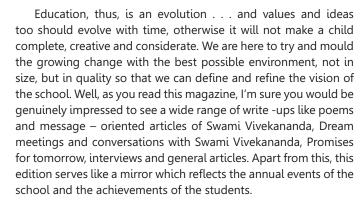
EDITORIAL BOARD

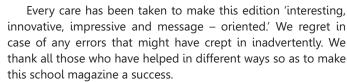


Ms. M. Lakshmi Gowri Chief Editor



Modern system of education has distanced itself from the objectives of Swami Vivekananda but as teachers if we can fight against all odds and try to inculcate these objectives, our goal and vision will be achieved. Swami Vivekananda has already suggested the type of education the present generation needs today. He said, "We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet."







Ms. Kanta Chettri Dept. of English

Happy Reading!

M. Lakshmi Gowri



Ms. Udaya Kumari - JHKS



Ms. Vinod Kumari Dept. of Hindi



Mr. A. S. R. K Murthy Dept. of Sanskrit



Ms. D. Saraswathi Dept. of Telugu



Ms. Madhavi Vinod Dept. of English

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Student Editorial Message

Take up one idea. Make that one idea your life - think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success.

Swami Vivekananda

This particular quote was the most inspiring one I've read in the recent times. This particular edition is now ready for the release which is in commemoration of the 150th Birthday of Swami Vivekananda.

When we were given the opportunity to be the Editors of the School Magazine, we immediately worked upon the theme. We spent hours together editing the articles, conducting interviews and writing articles ourselves for the magazine. We really worked hard, and now it has paid off! We got to know so much about what JHPS wants to do in the future . The articles written by the students and teachers, views shared by the higher authorities, messages given by the eminent personalities speak volumes about Swamiji's life and his valuable messages. They are indeed inspiring, motivating and educating! This publication also carries a lot of information about not just the events of our School, but also the events around the world.

We hope, this magazine serves you as a unique Edition of our School. So much of hard work has been put into it and of course, you are a part of it for the success of its launch.

Enjoy reading!

ANIRVINYA CHILAKAMARTI

Class VIII

Members

GARIMA BAWANKULE, Class VIII POOJA JAIN, Class VIII









JUBILEE HILLS EDUCATION SOCIETY

MANAGING COMMITTEE

SRI K. SATYANARAYANA PRESIDENT

DR. SUBBA RAO PAVULURI VICE PRESIDENT

SRI B.N. MURTHY VICE PRESIDENT

SRI A. MURALI MUKUND SECRETARY

SRI T. HARISCHANDRA PRASAD JOINT SECRETARY

SRI M. SIVARAM PRASAD TREASURER

SRI K. KRISHNADEV RAO MEMBER

PROF. Y.V.U. VARMA MEMBER

SRI M. KRISHNA MURTHY MEMBER

SRI A. LOKENDER REDDY MEMBER

SRI J. MURALI KRISHNA MEMBER

SRI ASHOK VEMULAPALLI MEMBER

SMT. K. SANDHYA MEMBER

SRI A. SUDHAKAR MEMBER

SRI D. VIDYA SAGAR MEMBER

SRI I.C. RAO MEMBER

SRI VENKATESWARLU JASTI MEMBER

SRI T. NARENDRA CHOWDARY EX-OFFICIO MEMBER

PRESIDENT - J.H.C.H.B.S

SRI T. DEVENDAR REDDY EX-OFFICIO MEMBER SECRETARY - J.H.C.H.B.S

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JUBILEE HILLS PUBLIC SCHOOL

MANAGING COMMITTEE

SRI A. MURALI MUKUND CHAIRMAN

PRINCIPAL - JHPS CONVENOR

PARENT REPRESENTATIVE MEMBER

(PRIMARY)

PARENT REPRESENTATIVE MEMBER

(SECONDARY)

PARENT REPRESENTATIVE MEMBER

(SENIOR SECONDARY)

TEACHER REPRESENTATIVE MEMBER

TEACHER REPRESENTATIVE MEMBER

TEACHER REPRESENTATIVE MEMBER

DR. T. SUDHA

PRINCIPAL, D.P.S NACHARAM

SMT. B.JYOTHI APARNA PRINCIPAL B.V.B SAINKPURI CBSE NOMINEE

CBSE NOMINEE

SRI M. KRISHNA MURTHY SOCIETY REPRESENTATIVE

SRI B. N. MURTHY SOCIETY REPRESENTATIVE

PROF. Y. V. U VARMA SOCIETY REPRESENTATIVE

SRI T. HARISCHANDRA PRASAD SOCIETY REPRESENTATIVE

SRI M.SIVARAM PRASAD SOCIETY REPRESENTATIVE

SRI A. SUDHAKAR SOCIETY REPRESENTATIVE

SRI ASHOK VEMULAPALLI SOCIETY REPRESENTATIVE

SRI K.SATYANARAYANA (PRESIDENT - JHES)

EX-OFFICIO MEMBER









I am extremely glad to know that the management of Jubilee Hills Public School, Hyderabad, is bringing out the annual magazine on the occasion of the 150th Birth Anniversary of Swami Vivekananda and on the theme 'Tomorrow's Promise'.

Any magazine of an educational institution is a welcome addition to the students and others because it is an opportunity to showcase their writing skills and bring out the creative ideas hidden within oneself. Thanks to the fast paced technology boom, the youth who have the writing flair are becoming less and less and the quality of writing is becoming a reality of the past. I hope and wish that the contents of the magazine will inspire the youngsters to use their pen and thoughts for stimulating their intelligence for positive and the noble purposes. Swami Vivekananda who was a champion of Education and National Development wanted an education system that would give character, courage, purity, a spirit of philanthropy and which would enable a person stand on his or her own feet. Moreover, the youth should have a real education rooted in ancient cultural and spiritual values for the whole nation, nay the whole universe.

I convey my greetings and best wishes to the management, faculty and the students of Jubilee Hills Public School for academic success combined with Human Excellence and in imparting character building education to the students. My sincere prayer to Bhagavan Sri Ramakrishna, Holy Mother Sri Sarada Devi and Swami Vivekananda to shower their choicest Blessing on all concerned!!

With Loving Greetings

Srimath Swami Jnanapananpa

President, Ramakrishna Math Hyderabad.







It gives me great pleasure that the Jubilee Hills Public School is bringing out the annual magazine 'Ascent' for the academic year 2013-2014 in commemoration of the 150th Birth Anniversary of Swami Vivekananda and also in connection with the theme 'Tomorrow's Promise. It is heartening to commemorate the patriotic saint and philosopher Swami Vivekananda. The commitment of the School Management to strive for excellence and all round development of the learners is remarkable.

I congratulate the Management, Staff and students of Jubilee Hills Public School, Hyderabad, on this occasion and I hope that they will continue to be successful in all their endeavours.

B. PRASADA RAO, IPS

Director General Of Police, Andhra Pradesh, Hyderabad









I am happy to note that Jubilee Hills Public School, Hyderabad is bringing out the Annual Magazine "Ascent" for the academics year 2013-14. It is heartening to know that the school is providing holistic education to children and helping each student to meet life's challenges with knowledge supported by wisdom, ethical values, good decision making skills, as well as equipoise and respect for all life.

My best wishes on this occasion to the Management, staff and students in achieving their goals.

ANURAG SHARMA, IPS

Commissioner of Police, Hyderabad City.









I deem it a privilege to send a few words as a token of my SHRADANJALI to Swami Vivekananda in commemoration with his 150th Birth Anniversary.

Jubilee Hills Public School is a reputed institution with high moral values bringing out the Annual Magazine 'ASCENT' for the academic year 2013-14 in commemoration with the 150th Birth Anniversary of Swami Vivekananda and also in connection with the theme 'TOMORROW'S PROMISE.

India is proud to have outstanding Social Reformer like Swami ji who gave inspiring messages to the Global Community. He is not only a Social Reformer but a ray of hope for the Youth for all times and for all generations .His life is significant with varied Messages which awakened the dormant fire among the Youth.

The message I learnt from him is 'MEANS ARE AS IMPORTANT AS AN END'. He has not only addressed the social ills of the existing generation but also left indelible mark in the minds of the future generation. That is the reason; his 'Universal Development' can be seen as a process of expanding the 'Humanistic Values of Life'.

I am aware that the institution is not only cherishing his high values but also practicing his Ideology. I wish the Institution all the success in their endeavour.

DR. CHUKKA RAMAIAH

Educationist & Member of Legislative Council, A.P.









Dear Students and Staff,

Congratulations to you all on the completion of yet one more successful year.

The theme of this year's school magazine ASCENT is "tomorrow's promise". I will share my views on this subject with the help of a couple of quotations, which should be read together in conjunction.

"Tomorrow is promised to no one."

- Clint Eastwood (famous Hollywood Actor/Producer/Director)

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."

-Malcolm X (controversial human rights activist 1925-1965)

The message is clear. Tomorrow belongs to those of you who prepare for it today, by taking advantage of quality education. The management and the staff of the JHPS endeavor to do that and it is your responsibility to take the best advantage of this.

We are also celebrating the 150th birth anniversary of Swami Vivekananda. While many consider Swami Vivekananda as a great religious leader and a Hindu Monk, for me he is a spiritual (as opposed to religious) guru. Very little of what the Swami has espoused is Hindu specific. What he has taught and propagated is to have faith in the human nature and live life without fear. I bring to you this quotation from the Swami which brings out this idea.

"If faith in ourselves had been more extensively taught and practiced, I am sure a very large portion of the evils and miseries that we have would have vanished."

- Swami Vivekananda

I wish you all a long and prosperous career and life of nurturing and upholding high values. Thank you,

KODE SATYANARAYANA

President - Jubilee Hills Education Society









Vision of Vivekananda

In memory of Swami Vivekananda, our school has grandly celebrated his 150th Birth anniversary and it is time that we reflect on his life and legacy.

Vivekananda realized that mankind is passing through crisis and he strongly felt that only Education is the main solution for eliminating all evils. He said that the goal of all education is man-making by invoking the spirit of inquiry in the child. Vivekananda also laid a lot of emphasis on Home and School environment for proper character of the child.

Reminding the educated Indians of their duty towards the nation he said, "I hold every person a traitor who having been educated at their expense, pays not the least heed to them."

Keeping his inspiring ideas in mind let us all come together to his call of "Arise, awake and stop not till the goal is reached".

A. MURALI MUKUND

Chairman
Jubilee Hills Public School









Tomorrow's Promise - The Challenge - The Opportunities

The Promise

The promise to children and their future requires vision and support for it to become a reality.

- First, the realization will come through the extraordinary promise of young people and their ability to imagine, create, and manage an even better future and tomorrow. Today's students are truly tomorrow's promise. It is in the interest of all of us to provide each and every child access to a system of education that will prepare them to take on the huge challenges and magnificent opportunities before them.
- Second, the realization will come through our shared and enduring commitment to a framework that ensures students will receive high-quality education that prepares them for success in a rapidly changing world which is the best investment we can make for future returns.

The Challenge

The challenge can be resolved when people reconcile the difference between what we say we value and how we choose to invest our resources.

The Opportunities

There is a role for everyone in unlocking the potential of today's leaders and learners to fulfill tomorrow's promise.

What can you do to fulfill the promise and realize the dream?

Learn about it. Talk about it. Commit to it.

The education we give will ultimately provide INDIA with both a strong economy and a civilized society.

"Stand up, be bold, be strong. Take the whole responsibility on your own shoulders, and know that you are the creator of your own destiny. All the strength and succour you want is within yourselves. Therefore, make your own future"-Swami Vivekananda

I wish the JHPS staff & students who are celebrating the 150th birth anniversary of Swami Vivekananda all the best.

M. VARALAKSHMI

Principal









A New Tryst with Destiny

Nehru in his "Tryst With Destiny" speech on the eve of our Independence said, "The achievement we celebrate today is but a step, an opening of opportunity, to the greater triumphs and achievements that await us. Are we brave enough and wise enough to grasp this opportunity and accept the challenge of the future?"

In the 67 years of our Independence what do we see in hindsight? Did we take the requisite step to development? Were we brave enough and wise enough to grasp this opportunity and accept the challenge of the Future? Or did we prove a renowned World Leaders' argument that if India is granted freedom,

"They will fight amongst themselves for power ϑ India will be lost in political squabbles. A day would come when even air ϑ water would be taxed in India."

Are we today, with the change that is emerging, on the threshold of regrouping ourselves to prove him wrong? Are we on the verge of becoming a Developed Nation after being a developing nation for so long? Swami Vivekananda said "We have a glorious past but we cannot rest on that..... We must build an India yet greater than what she has been. There have been periods of decay and degradation. I do not attach much importance to them; we all know that. Such periods have been necessary. A mighty tree produces a beautiful ripe fruit. That fruit falls on the ground, it decays and rots, and out of that decay springs the root and the future tree, perhaps mightier than the first one."

Our youth who are 'Tomorrow's Promise'; on whom the destiny of our Nation rests should never forget the vision and dream that the dawn of our Nation had envisaged for us. If we have decayed, let us regenerate. Schools and Parents should realize the enormous responsibility of nurturing fertile young minds. Unless we sow the seeds of nation building in these students India cannot reap a rich harvest by becoming a developed Nation. We should make our Students aware of the price that we as a Nation would have to pay if we become lax or there is lack of unity among us.

Let us be the Change to usher in Tomorrow's Promise.

SREE DEVI GUNDAPANENI

Academic Director







ANNUAL REPORT FOR THE YEAR 2013 - 2014

JUBILEE HILLS PUBLIC SCHOOL

JHKS

The student strength is 384 and there are 16 trained teachers. We have introduced Music, Arts and Dance by professional teachers for the children so that children will be able to have a proper exposure at an early stage and pick up some of these fine arts in their later stage. We have also appointed a fine arts expert exclusively for 'creative arts' for these children.

JHPS

The student strength is 2339 and there are 124 trained teachers. During this academic year, 175 students have appeared for CBSE Class-X Board Examinations and secured 100% pass percentage this year also. 50 students have secured A1 Grade and 12 students among them have achieved Cumulative Grade Point Average (CGPA) 10/10.We have introduced coaching for IIT by Qualified Teachers from Class VIII onwards which is very useful in preparing them for competitive examinations.

JHSDC

Jubilee Hills Skill Development Centre (JHSDC) has stabilized its operations in this academic year. The activities under this centre include mainly after school activities such as Teacher Training, IIT Coaching, Communication Skills, English Lab Activity, Personality Development, Creative Arts Educational sessions in AV studio, Sports Activities such as Cricket, Tennis & Basket Ball.

AWARDS & ACHIEVEMENTS

- Engineering Watch magazine-JHPS was ranked amongst the 100 best schools of India in terms of STEM. (Science, Technology, Engineering, Math)
- Education World Magazine- JHPS was awarded 54th rank in India and 10th rank in Andhra Pradesh among the CBSE Best Schools.
- Digital Learning Magazine- JHPS was awarded 8th rank in Andhra Pradesh among the CBSE Best Schools.
- Sanitation award- The JHPS School was awarded the Sanitation award under the blue category for the year 2013-14 by CBSE.
- ISO-ISO certification is extended from 2014 to 2017.

Programmes

• POGIL

POGIL stand for Process Oriented Guided Inquiry Learning which is an activity based strategy for teaching and learning. POGIL provides a Student Centered Methodology and structure that is consistent with the way people learn and achieve. POGIL workshops were conducted by Dr. Daniel Libby and Dr. Cliffton Kussmaul, American Professors who are experts in this Pedagogy and were supported by Ms. Sandhya Kode, Managing Committee Member, Jubilee Hills Public School.

CIPS & JHES

7th December, 2013 saw a monumental event at JHPS – an event in which 17 famous personalities were invited to enlighten and educate students from over 40 schools & junior colleges. This inspiring event was conducted by JHES in collaboration with the Centre for Innovations in Public Systems (CIPS).

The evening of 7th December 2013 saw the Inauguration of the AV studio and the labs for senior secondary Physics, Chemistry and Biology.



An evening program, 'Interaction with Distinguished Social Innovators' was organized.

CBSE -ASL & OTBA

ASL (Assessment of Speaking and Listening Skills)

CBSE in collaboration with Trinity College, London has brought out a new format for conducting assessment of speaking and listening for classes IX and XI.

OTBA (Open Text Based Assessment)

The CBSE has introduced an element of Open Text Based Assessment for classes IX and XI in March, 2014 Examination. These are meant to incorporate analytical and theoretical skills, thus moving away from memorization.

Internet Security

A work shop on spreading awareness on Internet Security was held by Ms. Aarathi and Mr. Shashank Bajpai from C-DAC for our students. The workshop was based on spreading awareness about constantly increasing rates of cyber-crime in the world.

• Career Guidance Fair

Jubilee Hills Public School organized a career Guidance Fair in March 2013 for the students & parents of classes VIII to XI with an objective to give the required career guidance to prepare for life. Eminent people, who have curved a niche for themselves in their professional spheres, counseled the outgoing batch on how to make a right career choice.

Gender sensitization

ASCENT - 2014.indd 18

Workshop on gender sensitization was conducted for the teachers in the school by the Student Health counselor Ms. T.Aarthi. The main aim of the workshop was to enable teachers to break free from the gender stereotypes bias and help contribute to making a liberated society. CBSE health and wellness club also organized a "Gender Sensitization" workshop for the students of class X and Women Empowerment workshop for the senior secondary students.

Alumni meet

The total number of Alumni who have enrolled has reached 1000.

The Alumni day was celebrated on 29th December 2013 and Mr.Kanthi Rana DCP, Madhapur presided over the function. Mr.Kanthi Rana also happens to be our Alumni of the 1991 batch and the school was proud to have its own student as the chief guest.

Important Events & Functions

Annual day

The school celebrated its 'Annual Day' on 30th November, 2013 and Sri. B.Prasada Rao, IPS, DGP, A.P presided over the function.

· Investiture ceremony

The investiture ceremony was held on 6th July 2013 and Dr.M.Malakondaiah, IPS, Director, RBVRR, AP Police Academy was the Chief Guest.

Vanamahotsav

Vanamaotsav was celebrated in the school to make people aware of the importance and benefits of afforestation with the theme "Conserve to flourish and destroy to perish". Foreign Delegates Ms.Laurie & Ms. Dana who came as part of Teacher Exchange Program were present for the function.

Prizes & Awards won by our students

- Tejashree Nallapati of Class XII, 2012-13 received the 0.1 percentile merit certificate for Business Studies from the CBSE.
- Harshita Netala of class XII has been granted admission in one of the most reputed institute in the United States of America the 'William & Mary Institute', Virgina for an undergraduate programme in Business Studies.
- Ruthvika Shivani of class XII has to be applauded for achieving laurels in Badminton.
- Badminton world Federation Junior Rank - Rank 8

- National Under 19 (BAI) Singles
 - Rank 3
- Senior National Singles RankRank 11
- Senior National Doubles Rank
 Rank 39
- Pranav Nuti, a student of 2011-12 batch was awarded the State Bronze Medal for International Math Olympiad from the state of Andhra Pradesh.
- Ashta Lakshmi of Class X was selected for two national level competitions and has also won 6 Gold, 7 Silver and 2 Bronze medals in various athletic meets. She has won Silver medal in Long Jump at CBSE cluster VII Athletic meet held in Karnataka and has been selected for CBSE National Athletic meet at Varanasi, Uttar Pradesh.
- Hima Mansi of class VII participated in the drawing competition conducted by Andhra Pradesh Police Department, Hyderabad on 9th September, 2013. Her painting was chosen the best out of 785 entries. She received a certificate and a cash prize Rs.2000/from the City Police Commissioner, Mr. Anurag Sharma.
- Sri Sindhu Gunturi of class VIII
 participate in second level of National
 Cyber Olympiad (NCO), stood state 1st
 and was awarded with a Gold medal
 and a cash prize of Rs.5000/-.

Action plan for the future

- We plan to start a new Branch of the school from the Academic year 2015-16 at Keesara.
- We plan to start a new Branch of the school from the Academic year 2016-17 at Vijayawada.
- We plan to construct a full fledged professional shuttle court at JHPS, Jubilee Hills Campus.

A. MURALI MUKUND

CHAIRMAN











Ms. M. VARALAKSHMI Principal



Ms. G. SREE DEVI Academic Director



Ms. N. PADMINI KRISHNA KUMARI Vice Principal





Ms. SUNEETA ROOPCHAND Academic Co-ordinator & HOD - English



Ms. G. DURGA HEADMISTRESS - SECONDARY



Ms. T. LAKSHMI SRI HEADMISTRESS - PRIMARY



Ms. T. AARTI Student Counsellor



Ms. K. RANJANA HOD - Hindi



Ms. D. SARASWATHI HOD - Telugu



Ms. PRASHANTHI HOD - Mathematics



Ms. PARVATHI HOD - Science



Ms. PRASANNA LAKSHMI HOD - Social Science



Ms. GEETHA K.B. HOD - Computers



Ms. G. LAKSHMI HOD - Library



Ms. BHANUMATHISpecial Educator



Mr. PARASHURAM AV Room



Mr. RAJA RAO HOD - Art



Ms. ROOPA HOD - Dance



Ms. NAGA SUDHA PRANAVA HOD - Music

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HEART-TO-HEART TALK WITH THE PRINCIPAL



education should be the right blend of academics sports co curricular activities values and morals there is no use of education without values morals and ethics

Q) What according to you are the qualities that are a must to lead an educational institution like, JHPS?

A) I believe commitment and responsibility are the most important qualities to lead any educational institution to success. They are not only qualities, but are determinants and requirements of any efficient leadership. Also hard work is extremely important. I would also like to add that in order to lead any institution towards success one must be smart as well.

Q) In your opinion, what are the key ingredients for the true and right education of a child?

A) Education should be the right blend of academics, sports, cocurricular activities, values and morals. There is no use of education without values, morals and ethics. I believe if you don't believe in the values you are nothing. Also the child must be provided the best infrastructure and technology.

Q) What has been your greatest achievement as the Principal of JHPS?

A) My greatest achievement as the Principal of JHPS is to see JHPS placed at 54th position in the India School Ranking by Education World magazine. We have also been awarded CBSE Sanitation award and received a cash price of Rs. 60,000/-. This year also, we have successfully secured the blue rating for the same, which only few schools from Hyderabad have received.

Q) What is your vision to make JHPS a better educational institution?

A) I am consistently making efforts to make JHPS one among the top schools in Hyderabad, in fact the best. We are not 100%, I can say we are 99% perfect and the rest 1% will remain for further more advancements. One major goal in the future is to receive CBSE accreditation. It is a process which requires the support of all teachers, management and parents. But the task must be easier after receiving ISO certification.

Q) What has been the most cherishable moments of your course of work?

A) (laughs) Any major cultural event, be it Annual Day or Sports day are times which I cherish the most, when I can relax and admire the wonderful performances put up by the students. These are the times when the hard work of the four major pillars of this institution – parents, teachers, students and Management is reflected. Showcasing talents is also important. I also cherish the good academic results a lot.

Q) What do you consider the 'JHPS effect' to be on any student?

A) Wherever I go, students wish me, unlike many other children who try and escape from their teachers. Our alumnus greets and approaches us even today. I believe that these are the values that JHPS has given them. No matter what profession they are in, they are still down-to-earth and give utmost respect to others. This is how a JHPian is distinguished from others. **Attitude is everything!**

Interviewed by: Mahitha Alapati and Devi Prajwala, CLASS IX





Leaf of Truimph 2013-14

The constant hard work of the students and the teachers have helped them to prove themselves in the CBSE class X Exams of the academic year 2013-14. The School has secured 100% pass percentage as per the CCE Grades.

RESULTS FOR THE YEAR 2014

Total number of students appeared for the Exam: 175

CBSE GRADE WISE RESULT ANALYSIS - 2014
Total number of students with A1 Grade – (9.1- 10.0): 50
Total number of students with A2 Grade – (8.1- 9.0): 61
Total number of students with B1 Grade – (7.1- 8.0): 43
Total number of students with B2 Grade – (6.1- 7.0): 21

SCHOOL TOPPER

KIRTI BYSANI

SUBJECT	TOPPERS
SUBJECT	NAME OF THE TOPPER
ENGLISH	DASI RAAGA MADHURI
HINDI	ARCHIKI PRASAD
SANSKRIT	ABHISHEK KUMAR PATRA
TELUGU	VARSHA CHALASANI
MATHEMATICS	RISHI ATHALURI
SOCIAL SCIENCE	KIRTI BYSANI
IT	KIRTI BYSANI

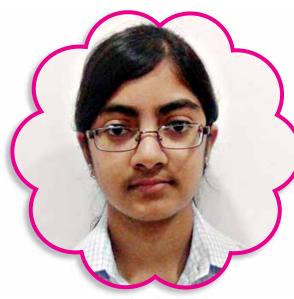






CBSE Class XII Results

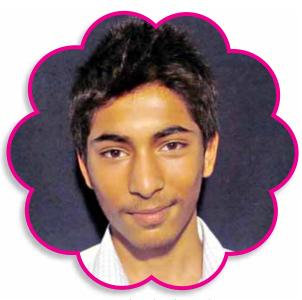
The students of Jubilee Hills Public School have scaled yet another height by showing good results in class XII. 72.5% students secured First class & Distinctions.



SCIENCE TOPPER

SUE	BJECT TOPPERS
SUBJECT	NAME OF THE TOPPER
ENGLISH	GUTTA HAINDHAVI, NIDA FATHIMA, KAJAL VARSHNEY, HARSHITA NETALA, M. SAI NIKHIL, J. CHARITHA
MATHEMATICS	KESHAV AGARWAL
PHYSICS	GUTTA HAINDHAVI
CHEMISTRY	GUTTA HAINDHAVI
BIOLOGY	KAJAL VARSHNEY
ECONOMICS	KESHAV AGARWAL
ACCOUNTANCY	KESHAV AGARWAL
BUSINESS STUDIES	KESHAV AGARWAL
COMPUTER SCIENCE	MD. UMAIR ALVI
PHYSICAL EDUCATION	SRISHTI KOVELAMUDI
ENTREPRENEURSHIP	GUTTA HAINDHAVI





KIESHAV AGARWAL



Stepping into the World full of Promises





Class X A

Class X B



Class X C



Class X D



Class X E



TIME DIVIDED, IS NEVER LONG, AND REGULARITY ABRIDGES ALL THINGS STUDENTS WHO HAVE ACHIEVED 100 % ATTENDANCE IN 2013-14

Name	Class
PNIRMA	IC
BONALA MADHAV	II A
K.ADAVAIT	IIВ
P.NEHA MALYA	ПС
AMRITA TANWAR	ПF
A ABHIRAM GOPAL SAI SUPRATEEK BONALA MANSI HANSIKA REDDY MUPPIDI T. ARYAN DAYAL SINGH	II G
VANDANA CHOWDARY BODEPUDI	III B
MAHAMUNI KARTHIK VANGA	III C
SHRIHAN SURYADEVARA	III D
G PRANAV REDDY	IV B
HANNAH JOSEPHINE VIJJESWARAPU	IV C
ANNA VERONICA P	IV D
RIMMALAPUDI AKHILA RITHVIK CHOWDARY MANNAVA TEJASWINI PEDURI	IV E
MANSI TANWAR SRI KEERTIKA	IV F

Name	Class
AKSHITA MUTHAYALA GAVARA SATYA PRANATI	IV G
JESWITHA KONDURU	VA
SAI DIKSHIT	VВ
• LAKKOJU SAI VARUN • SYEDAH MADEED	V D
CHANIKYA PAIDI BALAJI G. VAISHNAVI DEVI	VE
• SHRIYA ANUMAKONDA • VENKATA POOJITHA	VF
MADHILIKA KANDHERI N. VISHNUVARDHAN REDDY PARTHIV REDDY MUPPIDI	V G
SAATWIK REDDY CHAMALA SAI SRIKAR KOLLA VENKATA SURYA YASAWI	VI A
SAI NAGA SABARISH SAILESH AMAN DOLA	VIC
AMRIT PUTCHA KARTHIK VISWANATH GANTI VARSHINI PENDURTHI	VIE
HARSHITHA ALLURI RISHAB SHIV TEJ ADDI	VII A

Name	Class
VISHAL VERMA ALLURI	VIII B
NAGA RAMANIKA SHAIK NOORJAHAN BEGUM	VIII C
ASHISH ARUN KULKANI	VIII E
DEVI PRAJWALA	IX A
MAKINENI SAI NITYA NAMAN MOR	IX B
PRAVALLIKA REDDY G.S	IX C
 DIVYA BOPPANA I.BHAVANA SAI SNIGDHA KOLLI T. NITEESH VIJAYESHWARI PALAKURTHI 	IX D
AAROSH KODE K SHESHU PHANINDRA ARCHIT KOTAPALLI	ХА
ALEKHYA U	ХВ
HARSHITHA. A KEERTHI SRAVANTHI	X D
GAYATHRI G SRI CHARITHA SUNIL KUMAR	ΧE

TEACHERS WHO HAVE ACHIEVED 100% ATTENDANCE IN 2013

- ❖ VINOD KUMARI PONIA (COMPLETED 3 YEARS- RECEIVED A GOLD MEDAL & CASH AWARD)
- REENA SINGH (COMPLETED 3 YEARS- RECEIVED A GOLD MEDAL & CASH AWARD)
- ANURADHA JAIN (RECEIVED CASH AWARD)
- UMA RAMANA MURTHY (RECEIVED CASH AWARD)





ALONE... WE ARE A DROP TOGETHER... WE ARE AN OCEAN

The students are divided into Four houses – Cauvery, Ganga, Godavari and Krishna. The house system inculcates in the students the values of team spirit, commitment, loyalty, sharing and healthy competition.

FINAL FEA	Т
OVERALL TROPHY (I Position)	GODAVARI
OVERALL TROPHY (II Position)	GANGA
BEST HOUSE IN SPORTS	GODAVARI
II BEST HOUSE IN SPORTS	KRISHNA
BEST HOUSE IN MARCH PAST	CAUVERY
II BEST HOUSE IN MARCH PAST	GODAVARI

CAUVERY HOUSE

Motto - "Be Prepared ,Perform Good,"

Keeping in mind our motto, we, the Cauverians set off with determination into yet another session full of achievements and laurels. Though we missed the all-round trophy, everyone worked wholeheartedly until the last minute without losing confidence. The students are all prepared to step into the next year with 2even more enthusiasm and spirit.

OUR TOMORROW'S PROMISE: To deepen our desire to success.









GANGA HOUSE

Motto - "Challenges and difficulties make success worth achieving".

This year was no exception as far as the ferocity and intensity of competition with other houses was concerned. The Ganga house warriors took the challenge and proved their mettle yet again by emerging victorious in several fields. Since every event offered challenge and a promise of sweet success, the Ganga house true to its nature, rose on every occasion to take the challenge seriously. We won some and lost some but then winning and losing are part of the game and this is what keeps us House going.

OUR TOMORROW'S PROMISE: To be as challenging and energetic as the previous year.



THE INVESTMENT OF THE INVESTME

GODAVARI HOUSE

Motto - "The world belongs to those who believe in the beauty of their dreams."

The Godavari House was obviously sizzling for the other Houses to handle. The House managed to snatch victory from the jaws of defeat and won the All Round Trophy for the academic year 2013-2014. Our hard work paved the way to victory to achieve the trophies in sports and march past.

In a nutshell, the performance of the House was simply incredible and has brought back memories of yesteryears- the 80's and 90's.

OUR TOMORROW'S PROMISE: To help the future Godavarians reach the unreachable, conquer the unconquerable and achieve the impossible.

KRISHNA HOUSE

Motto - "Always aim Higher".

The Krishna House has tried hard to touch the zenith of success. The house consists of students having remarkable unity and coordination which helped to remove obstacles, making the path smooth. The Krishnites believe in confidence, efforts and team work. In general, our House snatches the trophy in sports but this year, we got down to the second position.

OUR TOMORROW'S PROMISE: To discover the talent in us and regain the lost glory..











POST	STUDENT'S NAME	CLASS
HEAD BOY- Sr.SECONDARY	AYUSH KUMAR MATHUR	XII
HEAD GIRL- Sr.SECONDARY	KAJAL VARSHNEY	XII
DY.Sr.SECONDARY HEAD BOY	R.J.ABHINAV SRIVATSAV	XI
DY.Sr.SECONDARY HEAD GIRL	RINDA SAI RUPA AISHWARYA. K	XI
HEAD BOY- SECONDARY	ALLEN THOMAS	X
HEAD GIRL- SECONDARY	PEDDINA SREYA	Х
DEPUTY HEAD BOY- SECONDARY	ABHINAV GUPTA	IX
DEPUTY HEAD GIRL- SECONDARY	BHVYA SINGH	IX
CAU	VERY HOUSE	
CAPTAIN	GAURAV CHOWDARY POTHULAA	Х
VICE CAPTAIN	KOTHA UDAY GOUD	IX
GAI	NGA HOUSE	
CAPTAIN	SAI DINESH NAYANI	Х
VICE CAPTAIN	SAI SIRI	IX
GOD	AVARI HOUSE	
CAPTAIN	MUDIT SUDHIR AGARWAL	Х
VICE CAPTAIN	DIVYA BOPPNA	IX
KRIS	HNA HOUSE	
CAPTAIN	PRATIK KULKARNI	X
VICE CAPTAIN	A MEGHANA	IX
JUNIOR LEVEL		
Jr HEAD BOY	ROHAN KAVALI	IV A
Jr HEAD GIRL	NIHARIKA ARORA	IV C
Jr DEPUTY HEAD BOY	BALJI SAI SURYA SAJJA	III G
Jr DEPUTY HEAD GIRL	APARNA SRI LAKSHMI PRABHALA	III C
CAU	VERY HOUSE	
Jr CAPTAIN	SAI AKSHITHA YADAMANI	IV D
Jr VICE CAPTAIN	ANISH KRISHNA ANEGONDI	III B
GAI	NGA HOUSE	
Jr CAPTAIN	PRAVALLIKA POOLA	IV F
Jr VICE CAPTAIN	TRISHA SAHA	III A

GOD	AVARI HOUSE	
Jr CAPTAIN	SAI TANVIKA NORI	IV A
Jr VICE CAPTAIN	A.B. SAI SIDDHARTH YADAV	III A
KRIS	HNA HOUSE	
Jr CAPTAIN	V.SREE JA	IV D
Jr VICE CAPTAIN	ABHIRAM REDDY VANUKURI	III E
	JHKS	
HEAD BOY	SRIHARI IYENGAR	UKG A
HEAD GIRL	HEMSHIKA SAIRAM NAIDU	UKG C
DEPUTY HEAD BOY	EKANSH ANAND	LKG A
DEPUTY HEAD GIRL	YASHASHREE PANIGRAHI	LKG B

















A NEW ZEAL

JUBILEE HILLS PUBLIC SCHOOL RANKING PUBLISHED IN DIGITAL LEARNING INDIA MAGAZINE, 2013

A survey was conducted by the digitalLEARNING magazine and the State wise ranking of top Indian schools 2013 was realeased. The purpose behind the endeavour is to highlight positioning of schools after analysing them on various parameters for the overall development of a child. Jubilee Hills Public School was ranked $8^{\rm th}$ amongst the top schools of Andhra Pradesh.





India School Rankings by the Education World- On the way to reach the pinnacle

Education World is India's first education-focused magazine. It is a young and fast growing media and publishing company with the objective of informing people about the subject of education. Jubilee Hills Public School was ranked by the Education World Magazine. The school was placed 54th in 2013. The parameters on which the Best Schools were ranked were teacher welfare and development, competency of faculty, academic reputation, co-curricular education, sports education, life skills education and conflict management, individual attention to students, leadership/management quality, parental involvement, infrastructure provision, internationalism, special needs education, value for money, and community service. The school moved up in its ranking from the 67th rank to 54th rank. The school ranks 10th in the state of Andhra Pradesh

E SINZ BIDII	State 2013 W	Andhra Pradesh	Total score (1500)
7	1	Vidyaranya High School, Hyderabad	1252
11	2	Sloka School, Hyderabad	1231
12	3	Gitanian School, Hyderabad	1228
15	4	CHIREC Public School, Hyderabad	1211
19	5	Bharatiya Vidya Bhavan, Jubilee Hills, Hyderabad	1199
32	6	P. Obul Reddy Public School: Hyderabad	1153
32	6	Oakridge International, Gachibowli, Hyderabad	1153
33	7	Glendale Academy, Hyderabad	1147
46	В	Meridian School, Banjara Hills, Hyderabad	1106
50	9	HPS, Begumpet, Hyderabad	1101
54	10	Jubilee Hills Public School, Hyderabad	1092
61	11	Little Flower High School, Hyderabad	1082
67	12	Suchitra Academy, Hyderabad	1074
69	13	Chinmaya Central School, Hyderabad-	1071
83	14	St. Paul's High School, Hyderabed	1047
85	15	Hillside School, Hyderabad/	1044



Special Events



Jubilee Hills Public School selected amongst the 100 Best Schools in India

Jubilee Hills Public School has once again proved that they are the leaders in Education by bagging the Award for the 100 Best Schools in India in the Prestigious Engineering Watch School Summit 2013 held in Delhi on 21 May 2013. Out of the 9,000 Schools from all over India, the 100 Best Schools were selected by a Jury Headed by Eminent Educationist Padma Bhushan Ms. Shayama Chona, Former Principal, Delhi Public School, R.K. Puram.

The parameters on which the 100 Best Schools were selected were how each was implementing STEM (Science, Technology, Engineering and Mathematics), Future Readiness and Value Centricity in their institutions. The School had the privilege to be one of the Two Schools from Hyderabad and one of the three from Andhra Pradesh to have received this award.

The award was given away by Mr. Salman Khurshid, The Honourable Minister For External Affairs, Government of India. Ms. Sree Devi Gundapaneni, the Academic Director received the award on behalf of the School.



Learning At Blithesome Speed

Science lab experiments and science laboratory equipment aid in developing scientific learning amongst students and in cultivating deeper and profound knowledge of the sciences.

On 7th December 2013, the new Science Laboratories were inaugurated. The laboratories are equipped with the latest supplies and apparatus to make learning interesting and effective for students. The school believes that this will encourage them to make significant contributions to the field of Physics, Biology, Chemistry and other streams of education later in their lives.











Audio-Visual Studio- a new pace

Successful teaching and learning absorbs use of technology and streaming the best lessons to the students, and this can be done only through Audio Visuals. The Audio-Visual studio was inaugurated by Sri. K. Durga Prasad , Director, Special Protection Group on 7th December, 2013. It was inaugurated with an objective to introduce professional guidance and support in classroom teaching.

At present, the audio visual studio helps in recording and broadcasting the lessons as and when required. In the future, the school intends to streamline lessons to students who are deprived in remote areas. A demo on pronunciation was conducted on $24^{\rm th}$ February 2014 in the Studio by the Communication Skills Instructor, Mr. Ron .

The main objective is to review and provide further practice and reinforcement of the specific pronunciation issues that were observed during the communication classes.



CIPS - Inspiring Young Minds to Innovate



Jubilee Hills Education Society in association with the Centre for Innovations in Public Systems (CIPS) organized a one-day programme on "Inspiring Young Minds to Innovate" for the teachers and students of Government Schools. A pre 'Dinner Talk' was organised on the same day with Distinguished Social Innovators and the Community on Saturday, 7th December, 2013 in the School premises. The programme commenced with a welcome dance. The Principal, Ms. M. Varalakshmi welcomed and addressed the gathering with the inspiring words of Swami Vivekananda.

Eminent speakers from various walks of life gathered to inspire the future trendsetters. The main aim of CIPS is to bring out the young talents of the 21st century generation in a committed manner. The Founder Director of CIPS Sri D Chakrapani reiterated his belief that the future of India is safe in the young hands. His speech highlighted the importance of imbibing the latest methods in the teaching learning process.

Sri Chukka Ramaiah, most popularly known as IIT Ramaiah said that the secrecy of a nation's development lies in its education. He also remarked that a teacher who cannot be an innovator can never become a good teacher.



Sri Umapathi, IPS, Former Director, AP Police Academy emphasized that critical thinking and creative thinking should be developed at the school level. He said that the man who inspires one to think is a real teacher and a creative student is an asset to the country.

Another speaker Dr. Balasubramaniam, Founder, Swami Vivekananda Youth movement, Bangalore said that India needs value based leaders and asked the students to follow TAP, where 'T' refers to transparency in personal and professional life. 'A' refers to accountability to hold oneself to a very high standard in whatever they perceive and 'P' refers to participation in demanding a change for better living.

The next speaker Mr. Diwakar Vaish from A SET Robotics, New Delhi, demonstrated the working of mind sensing robots that left the audience spell bound. Many more eminent speakers like Dr Suranjan Bhattacharya and Dr Sara Bhattacharya from CMC Vellore, Dr Kanika Khandelwal from Lady Shriram College for Women, New Delhi, Brigadier P Ganesham from Palle Srujana, Hyderabad gave inspiring speeches to motivate the young minds.











The Government of India has declared the decade 2010-20 as the Decade of Innovations, Sri Murali Mukund, the Chairman of JHPS felt that innovations are the necessity of the day. Ms. G. Sreedevi, the Academic Director introduced "Innovations in Education" in her speech. She explained the literal meaning of the word Literacy and brought to light the educational changes taking place in India. The need of the hour in her view is to 'Teach less but learn more'. She expressed that only educational institutions with committed teachers can bring about

a change for the better in the present system. She said that JHPS is one such institution striving to achieve this goal.

The programme concluded with the performances of a few child prodigies.

 Master Siddarth, (Ex Jhpian) showcased his talent as a drummer and said that anyone who wants to succeed in his/ her life has to nurture the passion towards his/her goal.



 Master Raghav Srivatsav displayed his talent in reverse spell bee and blind folded chess. Ms.Naina Jaiswal, Tennis player who holds the distinction of studying graduation at the age of 13 opined that if a person can focus on a particular field, they can gain mastery in it.

More than 800 people from various Government schools and Private schools as well as colleges participated in this programme and Sri D Chakrapani, Founder Director of CIPS applauded the Jubilee Hills Education Society for organizing such a wonderful programme.



"Innovations to Inspire Young Minds" ENCOMIUMS

Dr. Kanika Khandelwal -"My experience with the school students, faculty, principal and the Management was awe-inspiring. The school is at par and even beats many of the best schools in Delhi with its facility, teaching pedagogy and humane values. The food was also very good. More power to you !!!"



Justice P S. Narayana, "Excellent, instructive, educative programme. Very useful to students. I do congratulate the Jubilee Hills Education Society and Centre for Innovations in Public Systems for organizing such notable programme."



Sri D. Chakrapani, Director, Centre for Innovations in Public Systems (CIPS), "A very well organized programme."

Dr. Sara and Dr. Suranjan Bhattacharya, Former Director,
Christian Medical College, Vellore,

TN, "The day we spent with you will remain forever in our memory- thank you for an inspiring day."

Sri Durga Prasad Kode, Director Special Protection Group (SPG), New Delhi,

" A matter of great pride and satisfaction for being associated with the school and participating in today's programme of the school in inaugurating the Audio Visual Class room facility. The school has grown from strength to strength to achieve recognition as one of the best schools in the city. With this facility it emerged as a path breaker in adopting technological developments to bring the best to their students. I compliment the faculty and the management of the school committee as also the Jubilee Hills Education Society for the outstanding service being rendered by them.





Career Counselling Fair

The school organized a 'Career Counseling Fair' for students of the classes VIII to XII on 23rd February, 2014 in the School premises. Sri.A.Murali Mukund, Chairman, Jubilee Hills Public School and the Managing Committee Members graced the occasion.

The programme started with a prayer song and a welcome dance by Vishnu Priya, of class VIII. The Principal, Ms.M.Varalakshmi, welcomed gathering and said that a school moulds the psychological and social behaviour of a child. She wished a bright future for all the out-going students and asked them to discover their potential and fulfill their dreams.



He also advised the parents to take professional help to identify the skill set of their child before helping them choose their career path.

Sri Umapathi, Former Director, AP

to choose their career.

Ms. T. Aarti, Student Counsellor, spoke about choosing a career with confidence. She stated that students of this generation give in to peer pressure and are guided by their friend's choices. She advised the students to choose their professions keeping in mind their capabilities and interests.

Nishtha Yogesh, a young professional who holds the distinction of being one of the youngest Chartered Accountants of India. She advised the students to choose a career based on their personality, interests, skills and life goals.



Ms.Jahnavi, Professor, GNITS, parent of a class X student offered her sincere gratitude to the School and all the staff for equipping her daughter with knowledge, values and all the ethical morals for the past twelve years.

Ms. Suneeta Roopchand, Academic Coordinator, thanked the Management, the press, staff and the parents for making the event a grand success.





Sri.T.Harischandra Prasad, Joint Secretary, Jubilee Hills Education Society, felt that students can excel only when they choose a career of their own interest.



Police Academy enlightened the students about the various occupations available and encouraged them to take up a career that can solve the purpose of their life.

Sri.A.Murali Mukund, Chairman, said that when one's aptitudes and abilities get aligned, one is sure to attain success.

Ms.G.Sreedevi, Academic Director, expressed her views on career choices. She suggested the students to think about their destination, their purpose of life and the kind of life they would like to lead. Based on these factors, she advised them





Jubilee Hills Education Society strives relentlessly to ensure the dissemination of knowledge to students. In this endeavour The Jubilee Hills Skill Development Centre was started in 2010 with the objective of giving the best to the students. In its quest for this, it felt that two criteria had to be met; teacher training and student enrichment. The need of the hour is to empower the teacher facilitator to be of maximum assistance to the students for a student centric learning to take place. There is a need to equip teachers with the required skills and tools to promote maximum and meaningful student involvement and participation.



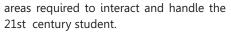
The Jubilee Hills Skill Development Centre caters to the various needs of the teachers by giving them in-house training ,observing their classes and giving them feedback ,inviting resource persons from outside as well as sending teachers to attend workshops, training sessions or seminars in the city and outside.

A facilitator's role has become multifaceted. She/he has to make sure that the student is not only proficient in academics but is also adept at the various life skills. The teacher facilitator has a great





responsibility of being a role model; a role model to look up to, whom the students can safely emulate. At the same time he/she has to help the students cope with academics, peer pressure, emotional problems and also keep the students grounded and



The STEP program aims to enable the teachers to explore the students' hidden potential, bring it to the fore, thereby giving them a sense of belonging and infusing







humble. The students centric strategic teacher empowerment programme [STEP] began with a view to enhance teacher awareness in all the relevant and important them with a sense of empowerment and responsibility. The various topics covered in the programme are phonetics, English grammar and modules based on Behaviour Management, Anger and Stress management, class discipline and teaching and learning methodology. Teachers are also given opportunities to pass on their insights and qualities that make children want to learn from them.

But in this, as in every good thing there is no excellence without labour, there is no royal road to success. The JHSDC realizes this and strives to help the teachers put the student above everything else.





A chat with the Vice Principal

She is a silent achiever and a contributor, a dynamic administrator and a hard core philanthropist. She has served JHPS for 27years (1986 -2014). Our Vice Principal, Ms. N. Padmini Krishna Kumari is retiring in 2014. Her warmth will be fondly remembered as we bid adieu to a good friend and colleague. She is simple, affectionate and unbelievably down-to-earth. Here is a chat with her

Q) When you first stepped into the JHPS campus, what was your impression?

A) It was on 21st August, 1986 that I stepped into JHPS. It was just a single room with 15 students. The first day was fine. But a week later, it was simply fantastic. I got emotionally involved with the school and the students. The staff and the Management strived hard for a quick success. As the saying goes 'Well Begun is Half Done', the school which had a small beginning has grown from strength to strength and we can now boast of having everything right from infrastructure to well-equipped and expert teachers. It has also earned a place in the educational map of Hyderabad.

Q) Are there any specific memories that stand out during your tenure?

A) Well, in these 27years, there are umpteen numbers of fond memories. The most defining moments were the Decennial celebrations in 1996 and the Silver Jubilee celebrations in 2011.

Another significant reminiscence was receiving the CBSE Sanitation Award and the Award for the 100 Best Schools in India in the Prestigious Engineering Watch School Summit 2013.

Q) What are your pending errands which you would like to accomplish? Did you find any difficulties while handling them?

A) Most of the administrative work which was assigned to me has been completed. If there is anything that I need to complete, I shall definitely fill the gap.

I always believed that when God closes one door, he opens another and there is

always a better way to work. Even during times of adversity, I never lost confidence at any stage, especially when I had to work for the ISO certification and other administrative work.

Q) What is your perspective of the future of JHPS?

A) In retrospect, I can speak volumes regarding the developments made by JHPS so far. I have seen many students settling down with good jobs in various parts of the world. I'm sure JHPS will continue to produce good citizens who would assimilate knowledge into wisdom and apply that wisdom in the real world.

Q) What was your association with the various Principals whom you have worked under?

A) I have worked under many Principals and I have learnt many skills working under them. During my tenure I have played a multifaceted role, that is, from a pre-primary teacher to the Vice-Principal (Admin.) At every stage I tried to learn and relearn what I required and that helped me to work effortlessly and professionally.

Q) Looking back, how do you feel? How did the school progress?

A) When I look back I just cannot forget my association with JHPS. I will always cherish the sweet memories and the days spent. I am sure the school will reach the zenith with the efforts of the dedicated Management and the staff.

Q) There is a saying that "Every day teaches us something new". While working at JHPS, did you learn any one such thing which touched your heart and changed your life?

A) I always work with a motto 'Learning through mistakes'. Any person who commits mistakes climbs a step further. And one should accept the mistakes gracefully and try to rectify with a positive mind. In this regard I have learnt many things by rectifying my mistakes. And each day, I learnt a new thing at JHPS which paved the way to accomplish my goals.



Q) What is the lacuna in our education system? What can be done to improve it?

A) The central lacuna in our educational system is that the students need to be taught fundamental values-the values of truth, integrity, punctuality, respect for other people's thought etc. The present generation is lacking all these qualities and I think 'Value Education' should take the first place in every Educational Institution.

Q) What are the values and beliefs that you follow?

A) Respecting elders and lending a helping hand to others are the values taught by my parents and I have been following this right from my childhood.

'Believing in Myself' has made me more confident. I also feel that we all have our own life to follow and our own kind of dreams to be weaving. And we all have the power to make our wishes come true. As long as we keep believing in ourselves we can achieve any goal.

Q) "Arise, Awake and stop not till the goal is reached" are the golden words spoken by Swami Vivekananda. What advice would you like to give to the JHPians to achieve their goals?

A) Just Go on and on till you reach your destination. Always have an Optimistic approach. Remember, attitude and aptitude decides the Altitude and Love what you do and have passion for your work.

So, Arise, Awake and Achieve your goal with confidence.

















(

Each day we'll do our best And we won't do any less. Our work will always please you, And we won't accept a mess. We'll colour very carefully, Our writing will be neat. And we will not be happy, Till our papers are complete. We'll always do our homework, And try our best on every task. We won't forget our promise, To do our very best!















Investiture Ceremony

Investiture Ceremony was celebrated on 6th July, 2013. The Chief Guest for the day was M.Malakondaiah, IPS, Director, RBVRR, AP Police Academy. He pinned the badges and administered the oath to the newly selected leaders. Srihari Iyengar from UKG-A was selected as the Head Boy and Hemshika Sairam from UKG-C was selected as the Head Girl. Ekansh Anand from LKG-A was selected as the Deputy Head Boy and Yashasgree Panigrahi from LKG-B was selected as the Deputy Head Girl.









Fresher's Day

Fresher's Party and Vanamahotsav was celebrated on 12th July, 2013 in the school premises. UKG children presented a wonderful fun filled programme for their new friends. The highlight of the programme was the Kolavari dance. Miss/Master Fresher and Miss/ Master Smiley contests were conducted for the freshers. Miss Charitakshari and Master Dhanush were declared winners for the Fresher contest and Miss.Fariya and Master.Vishal Vinod were declared the winners for the Smiley contest.













Grandparent's Day

"PRANAAM" an event especially for Grandparents was organized in the school premises on the 31st August, 2013. The Chief Guest for the day was Shri.V.Venkata Raju, Retired Scientist DRDO, from Bangalore. He expressed his happiness on being a part of this occasion and appreciated the children for putting up a wonderful and entertaining show. The programme included a dance on Hanuman Chalisa, songs and a skit named "Modern Paramananda Shishyulu".

One Minute Games such as making a garland, picking up the right colour box from the bowl, wrapping gems in chocolate wrapper and pasting the right shape in the given pattern were organized which the grandparents enjoyed playing with their grand children.

The grandparents along with their grandchildren watched the photo gallery with enthusiasm.









Teachers day was celebrated on 4th September, 2013 with great pomp and show. The importance of celebrating Sarvepalli Radha Krishnan's birthday on 5th of September as Teachers Day was explained. Children expressed their love and affection for their teachers by performing dances. Teachers also participated actively in the celebration.

















Book Week

"Adhyayan" a book week was organised from 18th November to 21st November, 2013 in the school. Children recited different rhymes and narrated stories during the competitions that were conducted as part of the week long celebrations. A Special Assembly was held on 21st November to mark the end of the Book Week. Dr.K.Hannah Sunitha, retired librarian from Kasturba Degree and PG College for Women, was the Chief Guest for the day. She gave away the prizes to the winners. She stressed on the fact that the habit of reading should be inculcated right from childhood.

Children's Day

The children of Kindergarten were taken to Botanical Gardens on 14th November, 2013 as part of Children's day celebration. The children were shown round the park. They saw different kinds of plants and colourful roses. The play area had swings, jungle gym and slides which the children played with great excitement along with their teachers who participated with enthusiasm in their games. The children enjoyed sharing their lunch and snacks with their friends. Refreshment was served. The day ended with the teachers dancing to their favourite song from the film "Chennai Express". Teachers wished them a Happy Children's Day by drawing smiley on their cheeks.







Novelty Races

Novelty Races for Kindergarten was organised on 30th and 31st January, 2014. The day was full of excitement. The children knew exactly what to do as they were given thorough training and practice by the teachers.

- The 50 meter Race for both boys and girls were conducted.
- The Novelty races for LKG were Blooming flowers and Tang Race
- The Novelty races for UKG were the Squeeze and Fill and the Hoopla Race.

The children participated with great enthusiasm and eagerness $% \left(1\right) =\left(1\right) +\left(1$

















"INDRADHANUSH" -Graduation Day

The journey from the kindergarten came to an end for the UKG children as they entered into the mainstream education of Jubilee Hills Public School in Grade – I. To celebrate this auspicious moment Jubilee Hills Kindergarten School organized "Indradhanush" - Graduation Day on 13th March, 2014 in the school premises. Chota Bheem welcomed all the guests, parents and the children at the entrance.

'Indradhanush'- the name itself means rainbow of colours, so were the cultural programmes of the little tots of JHKS. The cultural show started with the Astalakshmi Dance which depicted the eight forms of Goddess Lakshmi, The Kashmiri Dance, Fashion Show were children walked in the traditional attire of different states, Natya Tarangini which was performed in praise of Lord Shiva was very much appreciated by the parents, followed by the Umbrella Dance which did not go unnoticed as there was lot of praise and applauds from the gathering for their outstanding performance and coordination.

Finally ,the main event of the day- 'GRADUATION' had come when children happily came to receive their certificates by the Chairman Sri.A.Murali Mukund, Vice Precident Sri B.N.Murthy, Sri M.Krishnamurthy, Prof.Y.V.U.Varma and the Principal Ms.M.Varalakshmi. Children were looking great with their black graduation gowns. Parents felt very proud of their children being graduated. Master Sumanth from UKG shared his experience of his two year journey and he thanked all the teachers for their support and encouragement. The H.O.D, Ms.Samatha spoke about her experiences with the KG children during the year. The day came to an end by the vote of thanks proposed by the Primary Headmistress, Ms.T.Lakshmi Sri.









LEARNING THROUGH PLAY

Learning at JHKS continues to develop through play. It provides children with opportunities to enjoy both teacher-initiated and child-initiated activities in large and small group settings. Our Kindergarten class is a place for talking, thinking, and hands-on learning. Children are observed reading, doing puzzles, playing with math manipulative, writing, painting, reading from a chart story, engaged in conversation, dramatic play and other productive activities.

Our curriculum outcomes for preschool children include preparing them academically for the demands of the elementary school curriculum.





World of creativity

An excerpt – Introducing Art Sessions

With Art as part of the curriculum, the idea is to maximize the child's creative potential with a little guidance from the facilitator to inspire, and at the same time provide quality supplies to help support the experimental artist in the child. Allowing them to dabble in a wider choice of material and mediums, our art sessions bring out their creative expression and an urge to explore.

Art as a form of creative expression requires a flow of thoughts, the right surroundings to experience it, and the right material to express the same. The aim of our art sessions is to ensure that all this is in place so that children can have fun with the Art Process and of course prove to be a value addition for their overall development.







Quiz

A quiz competition was conducted on the 29^{th} of January, 2014 for LKG & UKG kids. Four participants from each section took part in the competition. It included 3 rounds – visual, audio and rapid round. The children competed enthusiastically and showed their team spirit. The winners from LKG were LKG F, E, & D section and from UKG, it was UKG E, D & F section respectively.











Rhyme depiction competition

Rhyme Depiction Competition was organized on 19th December,2013 for the tiny tots. The children of LKG and UKG took active participation in the competition. Each section enacted the rhyme in a very creative and innovative manner. Different and unique topics were chosen by the teachers and the children were well trained. The judges were enthralled by the tough competition put up by the tiny tots. The first prize was won by LKG D and UKG F. The second prize was bagged by LKG B and UKG A. The third prize was won by LKG C and UKG C.







Food mela

A food Mela was organised on 18^{th} October 2013 to make the children aware of the importance of healthy food and nutrition. The pre-primary teachers brought fruits, vegetables, spices, pulses, cereals and junk food which were displayed. The children witnessed the different types of food displayed while the teachers explained and described the nutritional value of these foodS. They were advised to eat healthy, nutritious food and avoid junk food. The children participated with great vigour and enthusiasm and promised to follow healthy food habits. Parents who were present on the occasion appreciated the effort.





Creative activities in Kindergarten

Activities are done in the class to enhance their fine and gross motor skills. It also helps them to improve their eye hand coordination, observation, concentration, exploring, come out with good ideas/imagination and thus show their creativity. Each class does the activity related to the theme as well as one individual creative activity. It also makes them aware to understand the concept.

















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JHKS celebrated the following festivals...



- ENCOURAGING GOODWILL AND DISCOURAGING BAD WILL -JANMASHTAMI
- FESTIVAL OF HARVEST PONGAL
- FESTIVAL OF FEELINGS AND SENTIMENTS – RAKSHA BANDHAN
- JAI JAI GANESHA VINAYAKA CHATURTHI
- FESTIVAL OF LIGHTS- **DIWALI**
- VICTORY OF GOOD OVER EVIL



















Communication Skills

Mr. Ron, the Communication Skill Trainer , conducted classes for the Kindergarten teachers to enhance their speaking skills and pronunciation. He made the learning easy and fun through his natural way of communicating with the teachers. He also used i-board facility and teaching aids to make the class more interesting.









Parents Orientation

Parents of the newly admitted students were invited for an Orientation Programme on 22^{nd} June, 2013. They were given a brief introduction of the school rules and regulations.

Ms. Maria Patrick, a teacher trainer conducted a game for the parents on how best they could handle their children. Pre primary HOD, Ms. S. Samatha gave an overview of the Department.

Ms. T. Aarti, the Counsellor emphasized that parents should listen, monitor and guide their children to develop positive behaviour. Mr. Ron, the Communication Skills Trainer addressed the gathering on the importance of communication and pronunciation skills that are required in day today life.









Inspiring speeches by JHKS students



With emotions of happiness and pride, I am very delighted to call our school a beautiful Nursery Garden from where many flowers blossom with sweet fragrance. Having graduated to Class I, I recall my pleasant memories of my Kindergarten days. The variety of activities given by my teachers

enhanced my creativity and confidence. This helped me to win many prizes in various competitions. I will always remember the unparalleled joy, the love, affection and kindness shown to me by my teachers. No doubt, the values instilled in me by my teachers will bring me many more laurels in the future. Thank you.

Srihari Iyengar, UKG A



I study in Jubilee Hills Kindergarten School, which is one of the best schools in Hyderabad. It has all the facilities a good school should have. In our school special attention is paid to behaviour, cleanliness and punctuality. Our teachers are good and loving. They teach us with great care, check

our notebooks and help us with our problems. I like my school very much and am proud that I belong to it.

Mayukhi K., UKG B



Good morning to one and all! Today I am here to express my feelings in JHKS. Last two years in JHKS have been a great learning experience and very memorable. This school has given me the opportunity, not just to be good in academics, but has also encouraged me to participate in all the activities and

competitions. It has also taught me to work and interact with other students and I just cannot forget the celebrations of our colourful festivals. Personally, it has helped me to develop my confidence and my leadership skills. I take this opportunity to thank parents , grandparents and all our Kindergarten teachers, who have taught me to read, write, count, draw, colour, sing and dance. A very big hug and kiss to all my dear teachers! Thank you.

Hemshikha sairam, UKG C



Good morning one and all.

In these two years, I have learnt a lot of things from my teachers. I have made friends. Learning was so much fun with lots of activities. I want to thank all my teachers for taking care of us.

Aditya Srikar, UKG D



I am a big girl now. But when I joined I was small and I used to cry a lot. The teacher gave me love and confidence and I started adjusting with my daily routine. I started liking my studies and getting good grades. I got exposures in all activities – dancing, rhyme depiction, orating, quiz competition,

indoor and outdoor games and so on. These two years were wonderful and I learnt a lot. Now I know how to read and write. I know what is good and bad and can choose between do's and don'ts of life. Our teachers encouraged and gave good values of life. I love my school very much.

Dasiga Shriya, UKG E



Respected Principal Mam, and other distinguished guests, Teachers and all my friends. Today I am going to share my experience in JHKS with all of you. The first day when I entered the school, I was so shy and timid that I did not leave my grandfather's hand for a long time. For

some days I used to cry in the class feeling homesick. Today, you can see the difference in me. I am the same boy standing before you sharing my thoughts. How could I do it? It is just because of the hard work of my teachers. They always had new plans to make us learn things. They always encouraged us to develop our inner skills. JHKS has given me so much that I can never forget. Whatever I have learnt in these two years will help me do better in my future classes. I thank my LKG and UKG class Teachers for supporting me. Thank you.

Suman, UKG F



I have just graduated from the Kindergarten school to Primary school. My two years at Jubilee Hills Kindergarten School were very exciting and eventful. I made good friends. I learned to share and adjust with my friends. My class teacher's encouragement always made me do my best in the studies and

co-curricular activities like singing, dancing, running, elocution, etc. Thanks to their guidance, I won many prizes and medals. My school is the best and has been ranked among the top C.B.S.E. schools in the country.

Aryan Fernandes, UKG G

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An arena for friendship, unity & team spirit

Group activities teach students a lot about themselves and about others. They learn to work together, compromise at times, appreciate that others have skills that they do not have and value the fact that everyone has a valuable role to play. They also learn to be more independent and communicate better with each other. With this intention in mind, various activities are conducted for the students so as to discover the inherent abilities in them.

JHPS Rythu Bazaar - classes I & II



Go As You Like- Fancy Dress- Classes III & IV



Village Panchayat- Class VI





SATYAMEV JAYATE

Every citizen is aware of the above motto which is seen on the bottom left of our currency note. This means 'TRUTH ALONE TRIUMPHS.' Many great Indians like Mahatma Gandhi, Guru Nanak, Vivekananda and Mahavira have taught us to speak the truth always. Sometimes, we need to be courageous to speak the truth. But how many courageous people are there in this world who speak only the truth?



"The truth shall prevail"



" Truth always wins'



" Never try to hide the truth with a lie"



" Justice should be given to a truthful person"

The Board had an opportunity to interact with class V students. Keeping the Motto in mind, they were asked a question ... "Honesty is the Best Policy". Is honesty still prevailing in our society? Just read on to know the responses given by them.

"Some people are honest. I think Mahatma Gandhi was the only one who was truthful. I want to follow his values!"

J. Mansi

"Honestly still exists and honest people will not fall in trouble for sure.

M. S. Harshith

"Yes, I think it exists. Honesty really is the best policy and only by being honest can we succeed in life."

Krishi Raj

"I agree with this proverb. If we are not honest, we'll get caught some day or the other.

Srija Reddy

"Honesty is still existent, though some people tend to lie and ignore such proverbs. I am honest and I shall follow this forever.

B. Ananya

"I don't think honesty still exists. Many people around me lie all the time. If we are honest, we can lead a peaceful life.

Gautami Sai Poluri

"I don't think much of it still exists, but I still see it occasionally. Being truthful gives us success in life.

Vaayush Vasireddy

"Yes, it exists. I have seen many people following the values of Mahatma Gandhi.

-Sanjana

"No, there is no honesty today! Many people are cheating the innocent and trying to live a dishonest life."

Raja Gandewar

"Honestly is still around us. People who wish to be on the truthful side are honest and they always accept their mistake.s

P. V. Mayur

"There are a few people who are honest, and my idol whom I admire is Swami Vivekananda. Honest people always help others."

-C. Siddharth

"Honesty still exists. Being honest also means being truthful to ourselves. People who speak the truth are always admired.

Meghana Pampana

"I have met many dishonest people. They lie to escape difficult situations. Those who lie once will never be able to show their honest side ever again."

-K. Sathvil

"Honesty is not in existence. We can be honest to ourselves if we take an oath. People who lie are greedy and selfish."

-A. Shriya

"At present 'NO'. Honesty can be existent when people do good deeds and always speak the truth.

-P. Meghana

 "Honesty exists because almost everybody around me is always honest. Being honest helps us gain other's trust and also a good name.

-V. Geethika

 "Honesty still survives. Being honest earns us appreciation from our peers and keeps us out of all possible troubles."

T. Sreenish Reddy

Everyone knows that honesty is the best policy, but very few follow this quote. I don't think it prevails in the society, either. This is because people fear that they will be punished for being honest. But ,though it is hard, the path of honesty must be followed so as to achieve peace & harmony.

Sreeja Ghosh

Honesty is the best policy but honesty is not being followed these days. The reason is people are afraid of getting into trouble for being honest. I really think honesty should be an essential quality in everyone.

K. Madhulika

Interviewed by

Anirvinya and Garima, Class VIII



STRONG AND COURAGEOUS

'A sound mind in a sound body' is a popular proverb. Narendra was very particular about physical exercise which made him physically strong. There was a gymnasium near his house and he regularly used to go there for physical exercises. One day a British sailor was helping the boys in lifting a heavy pole, it suddenly slipped and hit the sailor. Seeing him profusely of bleeding others ran away, but Narendra's courage and presence of mind saved the life of the sailor. He bandaged the wound and took him to the doctor.



PRACTISE OF MEDITATION

From his very boyhood, Narendra was fond of meditation. He would play the game of meditation with his friends. So deep would be his meditation that he would often lose outer consciousness. Once during meditation when a big cobra entered the worship room, his other friends ran away out of fear but Narendra remained absorbed in the meditation.

COMPASSIONATE HEART

Simultaneous growth of heart and head is the purpose of education. Narendra was educated in the truest sense. His heart would melt on seeing the sufferings of poor. Even when he was kept locked up, he would throw out of the window anything the room contained as an offering to the caller.



Fearlessness was the special trait of Narendra's character. He would never accept anything blindly without verifying its truth. One day an old man was trying to frighten him saying, "There is a ghost in the tree, if youplay there, it will break your neck." When the other boys were scared and wanted to run away, Narendra stood firm and said, 'Don't be donkeys. If there is a ghost it would've killed us long ago.

'Be fearless'.

RESPECT FOR TEACHERS

Real learning is possible only when there is genuine love between the teacher and the taught. At the very first meeting Narendra conquered the heart of his Master Sri Ramakrishna. Narendra's soul-stirring devotional singing enthralled and enchanted his Master Sri Ramakrishna recognizing his future disciple Narendranath affectionately invited him to Dakshineshwar. Swami Vivekananda is an example of leadership qualities and charity.

LOVE FOR KNOWLEDGE

'Knowledge is power' is a well-known dictum.

Narendra was always eager to acquire knowledge from different sources. He did not confine himself only to textbooks but studied many subjects of his interest. His profound knowledge in History, Science, Psychology, Indian and Western Philosophy, Geography, Art, Music and languages enabled him to represent India in abroad. Professor Wright (U.S.A) while introducing Swamili to the organizers of the 'World Parliament of Religions' Chicago, wrote, 'Here is a man more learned than all our learned professors put together'.







A DREAM INTERVIEW WITH SWAMI VIVEKANANDA

(I visited Vivekananda in the past and took his interview)

ME: Good Morning, Swamiji

Swamiji: Good Morning! I guess you have come to ask me some questions.

ME: Yes, Swamiji. If you can

Swamiji: I understand. I have never given an interview to anyone but you may ask what you want to. You seem to be very eager.

ME: Yes, Swamiji. This interview is for our school magazine 'Ascent' and I would like to take your valuable message to all our readers.

Swamiji: Excellent! I appreciate your novel idea.

ME: Thank you. Swamiji. Since the time I have read about you, I wanted to talk to you. And now I have got the chance. We have read so much about you. Do you agree with that?

Swamiji: Yes. I agree. But there's a thing I want to point out. Each book tells about my contribution to social reforms, education and many other fields. And I agree that I have devoted my life to these reforms. But they missed out on my hobbies.

ME: I am sure it's about your hobby of reading books.

Swamiji: Exactly! But how do you know?

ME: Swamiji, I have gathered a lot of information about you. But I want to know about any one incident that happened to you in your childhood. You have a great power of concentration. Can you share something about

Swamiji: Sure. I remember one incident. There was a boy in my house. I used to send him to the library to get me books every day. I am a voracious reader and would return these books after reading them on the same day. One day, the librarian refused to issue me books as he thought I was not really reading that were being borrowed by me. I personally went to him and asked him what the problem was. He then took my test and asked me some questions on the topics I had read in one of the books. To his great surprise, I answered all the questions correctly. After that, he never stopped me from borrowing any book.

ME: Excellent! There's no one like you, Swamiji. You are truly great.

Swamiji: No No ! I am not great. Everyone is great. What everybody needs is to control their senses, concentrate and develop a strong will power. We all are the same.

ME: Thank you, Swamiji. This is a great message for our readers.

Swamiji: Thank you my boy! God bless you!

Viren Dayal, Class VIII

A MESSAGE TO ALL THE JHPIANS

"Education is the manifestation of perfection already existing in man." So said a man clad in saffron with eyes full of confidence. Today, he is known as Swami Vivekananda.

Swami Vivekananda was a visionary who looked beyond the problems faced by people during his time. As a consequence, his views and teachings still serve as guidelines to many people around the world, even the brightest and greatest men of India who came later looked up to him. Famous personalities like Bal Gangadhar Tilak, Rabindranath Tagore and Mahatma Gandhi treated Swami Vivekananda with reverence.

However, it is known to few that Swami Vivekananda had something to say about education too.

It was his belief that, like a painter, who knows what he would paint even before he reaches for the brush, so must a teacher know the goal of their teaching. He preached that the sole objective of education was character development. That is how he defined education as the manifestation of the perfection already in man. This perfection is the realization of the infinite power which resides in everything. It was his belief that to attain perfection, one will have to let go of one's ego, ignorance and all other false manifestation of one's identity and individuality.

Swami Vivekananda also laid great stress on physical health as he believed that a sound mind resides in a sound body. The mind needs to be trained through meditation and concentration. He attributed all success to the power of concentration.

He believed that knowledge is inherent in every man's soul. What a man 'knows' is actually what he 'discovers' by taking the cover off his soul. If one can overcome the obstacles in their path and discover their true self, the goal of education is fulfilled.

Today, 112 years after the demise of this towering personality, his teachings continue to guide us all. One only needs to look into his teachings and the answers to all one's questions are found.

K.Archit, Class X







SWAMI VIVEKANANDA IN MY DREAMS . . .

It was just one of those lazy afternoons, when my friend Utkarsh and I decided to spend the time playing video games. We were playing a racing game, and we had an adrenaline-filled competition between us. But, all of a sudden, I noticed the MPH of Utkarsh's car dropped rapidly to zero. I pressed the 'accelerate' button of my controller, and rushed past Utkarsh. My joy knew no bounds, as I had won the race by the difference of a split-second.

After the game, Utkarsh left and I went off to sleep as I was tired.

All of a sudden, I saw a man clad in saffron. He came close to me and said, "People know me by the name of Vivekananda...
.... Swami Vivekananda!"

I was taken aback and could not believe my eyes.

Swami Vivekananda: "Well my son, you didn't introduce yourself to me yet.

Allen: "My name is Allen Thomas".

Swami Vivekananda: - "Oh! So you are British!"

Allen: "No sir, I am as much an Indian as you are."

Swami Vivekananda: -"Son, tell me one thing. Why does everything look so different? What happened in my absence and where am I now?"

Allen: "Sir, you are in the year 2014, In Hyderabad.

Swami Vivekananda: "Hyderabad? Am I not in India?"

Allen: "No Sir, Hyderabad is in India. The Iron Man of India, Sardar Vallabhai Patel was able to convince the Nizam of Hyderabad to merge with India. The world has now changed a lot.

Swami Vivekananda: "Has my vision for the youth come to life?

Allen: "To some extent. And I think it would take some time. But Sir, some day your vision will come true. Until then, you will be remembered as a great reformer a visionary."

Swami Vivekananda: "Son, carry on my legacy and fulfill my dream."

Allen: Sure sir, It's my pleasure.

When I woke up, I saw my mother and not Vivekananda. She was standing next to me and asked me to prepare for the Board Exam.

All that I had experienced was in my dreams. I hope my dreams turn into reality. I shall make a pledge to spread his message to the Youth of our Nation.

Allen Thomas, Class X

SWAMI VIVEKANANDA-A GREAT SOURCE OF INSPIRATION FOR THE INDIAN YOUTH

Beware of everything that is untrue. Stick to truth and we shall succeed. Fifty centuries are looking on you; the future of India depends on you. Work on...

- Swami Vivekananda

People of India have celebrated 12th January as "National Youth Day" since 1984 as it was on this day in the year 1863, that a one man industry was born. He was known as the great philosopher, an inspiration to the youth and the embodiment of Indian culture and intelligence "Sri Swami Vivekananda, the great spiritual guru" of India. He stands as a role model for generations in various respects. The path laid by saintly philosophers, for leading a truthful and purified life is hardly followed by the materialistic society of today. Swami Vivekananda inspired many young people including great leaders like Netaji Subhash Chandra Bose through his works. His works are an ideal inspiration for the youth to achieve great things in life.

Swami Vivekananda's ideas have had a great influence on Indian youth for generations. His message to the youth is still as invigorating as it was a century ago. In his words, "depression, weakness, fear, selfishness and jealousy are the greatest enemies of young people. "The greatest sin is to think yourself weak. The remedy of weakness is not brooding over weakness, but thinking of strength," he said.

He also said "Take up one idea. Make that one idea your life - think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body be full of that idea, and just leave every other idea alone. This is the way to success that is the way great spiritual giants are produced."

Vivekananda firmly believed that youth is the most potent catalyst for changing the fate of the country, and hence the future of the nation rests in their hands. His words have continued to inspire young people for generations. His message is replete with infinite encouragement for young minds to achieve great things. "All great undertakings are achieved through mighty obstacles. Keep up the deepest mental poise. Take not even the slightest notice of what puerile creatures may be saying against you. Arise, awake and stop not till the goal is reached," was his message to the young people. Swami Vivekananda called upon the youth to fully participate in the modern world while upholding nation's ancient values.

Kamalika, Class X







A DREAM MEET WITH SWAMIJI

I snuggled deeper into the sheets and closed my eyes tightly. It had been a long tiring day and all I wanted to do was sleep, but right now, it didn't seem possible. Finally, I gave up and threw the bed sheet off and walked into the kitchen for a glass of water. I gulped it down just as someone tapped me on my shoulder. I turned immediately and my eyes widened. In front of me stood a man perhaps in his thirties. He wore an orange turban around his head and a maroon robe. He smiled warmly and I gasped.

"Who are you?" I asked.

"I am Naren."

"Naren?"

"Narendranath Dutta. You probably would know me better as Swami Vivekananda."

"Swami Vivekananda! One of the greatest spiritual leaders and Gurus"

"Yes, child. It is me."

'How can this be possible? Swami Vivekananda?' I asked

"From my heavenly abode, I looked down at the earth to see my Motherland, India. The poverty and treachery among men today perturbed me. I wished for someone to change it all, someone who will make true use of my teachings. And I chose you. Now I shall put you to a test. Are you willing to accept it?" he asked and I nodded.

"Then let's go." Swamiji said and took my hand. A second later, the world spun out of focus and before long, I was in front of a house. I looked around, and realized, we had travelled back in time! A young boy, probably around five years, ran out of the house with another one close on his heels. They ran towards me and passed right through me. I gasped and stumbled, but Swamiji was there to catch me.

"Do you recognize those young boys?" he asked.

I thought for a while, watching them play.

"The young boy must be you, sir. And the older one is your brother."

"What is my brother's name?"

"Bhupendra Dutta" I said and he nodded.

"Yes, he is Bhupendra. It is 12th January 1868, my fifth birthday. My mother, Bhuvaneshwari Devi is inside the house with my father, Viswanath. My sisters have gone to the temple to pray. It was from here that I began my great journey towards spiritual bliss."

We travelled through time and I saw Swamiji grow up. I saw his mother tell him stories from the Ramayana and the

Mahabharata, and when we reached 1888, when Swamiji was 25, I saw him kneeling at the feet of an old man.

"Who is that?" I asked.

"That is Ramakrishna Paramahamsa, my Guru. He tested me in so many ways and I in turn tested him in order to ascertain the truth of his spiritual assertions. When my father passed away, my family suffered many troubles and privations. My Guru advised me to pray to Mother Kali at Dakshineshwar but I realized that God can never give me wealth, only knowledge and devotion. Gradually, I surrendered myself to my Master and he with infinite patience, calmed my rebellious spirit and led me forth from doubt to certainty and from anguish to spiritual bliss."

I watched in fascination as Swamiji grew up to be a strong leader, and even after the death of his Guru and father he stayed the same. Swamiji lectured foreigners about Hinduism, converted many, travelled far after taking the vow of Sanyaasa and led his followers through the path of honesty and loyalty. He wrote numerous poems and stories, was always devoted to his Motherland and tried to help everybody in need.

Then the date changed to July 4th 1902, and I saw Swamiji take his last breath and pass away. His followers mourned around him and I myself held back tears.

"I passed away this day, but I died wishing and believing that my successors, all my brothers and sisters will follow the path of righteousness, learn from my mistakes and teachings and use the knowledge I have tried and worked hard to spread. Do you accept that you would follow my teachings, and help all your brothers and sisters, the citizens of this blessed planet?" he asked and I looked at him.

"Yes, I shall."

"You have passed the test...." Swamiji said and the world spun. I fell onto the ground and opened my eyes..... to find myself in bed! I looked around astonished and memories of the dream rushed back to me. Swami Vivekananda -The most respected and dignified spiritual man India has ever seen and I dreamt of him!

Then the promise I made made me widen my eyes once more. His teachings came back to me and I smiled. It had been a dream, but it doesn't mean I would not follow and spread what he has taught me.

My fellow brothers and sisters! Swami Vivekananda was, is and will always be a legacy who followed the path of righteousness and helped others. It is time for us to follow him and make a change.

Are you with me?

Anirvinya, class VIII







IN THE WORDS OF . . .

Just as only an athlete understands another athlete, so also, only great men truly understand other great men .Let us take a look at what some of the great men of India have had to say about Swami Vivekananda

- 1. Rabindranath Tagore –"If you want to know India, study Vivekananda. In him everything is positive and nothing negative."
- 2. Sri Aurobindo- "We perceive Vivekananda's influence still working gigantically, we know not well how, we know not well where, in something that is not yet formed, something leonine, grand, intuitive, upheaving that has entered the soul of India and we say, 'Behold, Vivekananda still lives in the soul of his Mother and in the souls of her children."
- 3. Bal Gangadhar Tilak —"Twelve centuries ago Sankaracharya was the only great personality, who not only spoke of the purity of our religion, not only uttered in words that this religion was our strength and wealth, not only said that it was our sacred duty to preach this religion in the length and breadth of the world—but also brought all this into action. Swami Vivekananda is a person of that stature—who appeared towards the last half of the19th century."
- 4. Mahatma Gandhi —"I have gone through Vivekananda's works very thoroughly, and after having gone through them, the love that I had for my country became a thousand-fold."
- 5. Jawaharlal Nehru —"Rooted in the past and full of pride in India's prestige, Vivekananda was yet modern in his approach to life's problems and was a kind of bridge between the past of India and her present. . . He was a fine figure of a man, imposing, full of poise

- and dignity, sure of himself and his mission, and at the same time full of a dynamic and fiery energy and a passion to push India forward."
- 6. Vinoba Bhave —"Vivekananda not only made us conscious of our strength, he also pointed out our defects and drawbacks. . He taught us: 'The same Soul resides in each and all. If you are convinced of this, it is your duty to treat all as brothers and serve mankind.' . . . The word 'Daridra Narayana' (God manifested in the hungry, destitute millions) was coined by Vivekananda and popularized by Gandhiji."
- 7. C. Rajagopalachari —"Swami Vivekananda saved Hinduism and saved India. But for him we would have lost our religion and would not have gained our freedom. We therefore owe everything to Swamiji Vivekananda. May his faith, his courage and his wisdom ever inspire us so that we may keep safe the treasure we have received from him."
- 8. R.C. Majumdar –"Though an ascetic, Vivekananda was a patriot of patriots. The thought of restoring the pristine glory of India by resuscitating among her people the spiritual vitality which was dormant, but not dead, was always the uppermost thought in his mind..."
- 9. Dr. S. Radhakrishnan —"If there is any call which Vivekananda made to us, it is to rely on our own spiritual resources. Man has inexhaustible spiritual resources. His spirit is supreme, man is unique. . . . He told us: 'Do not be led away by the appearances. Deep down there is a providential will, there is a purpose in this universe. You must try to co-operate with that purpose and try to achieve it."

Praneetha, Class VII

WE CAN BE MASTERS OF OUR OWN DESTINY!!!!!

Swami Vivekananda was born on 12th January, 1863. He was one of the most influential and spiritual leaders the world has ever seen. It was his dream to put India on the path of greatness by inspiring every Indian to fulfill his or her potential. Swamiji was a disciple of Sri Ramakrishna Paramahamsa. After his Guru's demise, in his memory, Swamiji founded the Ramakrishna Mission. Through the Mission, he sought to impart the values that would lead to the progress of the poor and the helpless. Even today, Swami Vivekananda's inspiring words and writings remind us that we need not fear anything and that we can be Masters of our own destiny.

Ananya Banerjee , Class V

LIFE OF SWAMI VIVEKANANDA

Swami Vivekananda was born in Calcutta on 12th January, 1863. His real name was Narendranath Dutt. His parents were very religious which had a great influence on Narendra. He began to practice meditation at an early age. He was inspired by his Guru named Rama Krishna Paramhansa. His God-Realization brought him great fame and name.

He represented India in the Parliament of world religions in 1893. Many foreigners became his devotees. Vivekananda died on $4^{\rm th}$ of July 1902

- Sathvik, Class V





SWAMI VIVEKANANDA- A Spiritual Guru

The real name of Swami Vivekananda was Narendranath Dutta. He was born on 12th January, 1863 in Calcutta. He was a naughty child. He liked playing games and doing exercises. So he played and exercised regularly. During his student life, he was one of the most popular and inquisitive students. Sri Ramakrishna Paramahamsa was his Guru. When he met Sri Ramakrishna Paramahamsa, he was transformed into a spiritual Guru, Swami Vivekananda'. After the death of his Guru Ramakrishna Paramahamsa, Vivekananda took up the task of spreading the message of love and spiritualism among mankind. By writing inspiring books like Yoga, Rajyoga and Gyanyoga, Vivekananda showed the younger generation a new path. He dived deep into literature, philosophy and history and was gifted with oratorical power. Swami Vivekananda Memorial built at Kanyakumari tells us even today the story of the greatness of Vivekananda.

W. K. Sathvik, Class V

CONCENTRATION CAN WORK WONDERS!

Once when Swami Vivekananda was in Chicago, America, he saw some young children trying to shoot eggshells floating in the river with their toy guns. The children could not hit the bobbing eggshells and missed the target again and again. Seeing Swami Vivekananda watching them, they asked if he could do better than them. He immediately agreed and started firing. He did not miss the mark even once. The children were rather impressed and amazed at his skill. They asked him whether he'd practiced before. When Swami Vivekananda replied in the negative, they were keen to know the secret of his success. Swami Vivekananda smiled and said that whatever one does. it should be done with complete concentration. We should not think of anything else. If you are shooting, keep your mind on the target. Your aim will not fail. It is true "CONCENTRATION CAN WORK WONDERS."

Lisa Khuntia, Class VII





SWAMI VIVEKANANDA -A SPIRITUAL LEADER

One of the most notable personalities of INDIA, Swami Vivekananda was a spiritual leader, philosopher and a social reformer. He was born on 12^{th} January 1863 in Kolkata. In 1893, he attended the World Parliament of Religions at Chicago to represent Hinduism.

When one reads the writings of Swami Vivekananda who has touched on so many topics of our individual and national life, one is sure to have one's own preferences.

According to Vivekananda, "Education is the Manifestation of the Perfection already in Man." He says that education is not merely book reading but life- building, man -making, character - making and assimilating of ideas. Knowledge - secular or spiritual, comes from the human mind which is the library of the Universe. E.g.: the falling of an apple gave the suggestion to Newton and he studied his own mind and discovered a new link between the two which we call the LAW OF GRAVITATION .The law was not in the apple but in the mind of Newton.

Swami Vivekananda says Religion is 'Realising God'. Man should become divine by Realising the Divine; idols or temples or books are the only supports of his spiritual child hood and he must continue to progress .Man must see God, feel God and talk of God ,that is, religion. Love and charity is the test of true religion.

In 1897, he formed the Ramakrishna Mission to carry out charity work for the spiritual welfare of the people. It was unfortunate for India that he died early at the age of 39 in 1902.

Ravi Teja, Class VII



SWAMI VIVEKANANDA

Last year during the summer vacation, I went to Chennai to visit my grandparents. There, I got a chance to visit the Marina Beach. While walking along the beach side, I noticed a building named 'The Vivekananda House.' I asked my mother about the building. My mother replied that it was the House where Swami Vivekananda stayed whenever he visited Chennai. Then my mother started narrating the life of Swami Vivekananda to me.

She said that Swami Vivekananda was a Hindu Monk and the chief disciple of Saint Ramakrishna. He was a key figure in the introduction of the Indian philosophies. He was responsible for bringing Hinduism to the status of major religion during the late 19th century. He also introduced Hinduism at the Parliament of the World's Religions in 1893. From Saint Ramakrishna, he learnt that all living beings are an embodiment of the divine self. Therefore, service to God could be rendered by service to mankind. Vivekananda is also regarded as a patriotic saint. His birthday is considered as the National Youth Day in India. Vivekananda advised his followers to be unselfish and righteous. The teachings of Swami Vivekananda are very significant and relevant in today's modern world.

Hrishikesh Iyengar, Class IV

ALL ABOUT SWAMI VIVEKANANDA...

Swami Vivekananda whose original name was Narendranath Dutta, was born in January 12, 1863 to Viswanath Dutta and Bhuvaneswari Devi. He was a great leader of Vedanta philosophy and was the chief disciple of Ramakrishna Paramahamsa. He was the founder of the Ramakrishna Matt and the Ramakrishna Mission for the welfare of the people.

Swami Vivekananda was very good in academics and in other activities. When he was a child, he studied at the Presidency College of Religions and later at the Scottish Church College in Calcutta. He started questioning the guests about their religious beliefs and he later joined the Brahma Samaj. He met Ramakrishna Paramahamsa in 1881 and became his disciple. After the death of Ramakrishna Paramhamsa he became a monk.

Swamiji wandered throughout India and he came to Kanya Kumari and swam to a rock and meditated there for three days. A memorial was later built at this place. Swami Vivekananda went to the Parliament of Religions at Chicago to represent Hinduism and his lecture attracted lots of people. He attained Samadhi on July 04, 1920 at Belur Matt near Calcutta when he was just 39 years old.

Harshith, Class V





ARISE, AWAKE AND STOP NOT TILL THE GOAL IS REACHED

This is the basic message that was conveyed by Swami Vivekananda. Though it is a simple sentence, it conveys a lot of meaning.

ARISE: Do not sit idle. Get up. Get into action. Don't waste your life in sitting idle and doing things that waste years and takes one away from one's GOALS. Give up laziness and be filled with energy to get into action. Always be filled with a positive energy that lets you stay focused and be in action.

AWAKE: Awakening does not mean just getting up from sleep. Here 'Awakening' means the mental realization about one's state. Awakening comes when one realizes that one is sleeping. Realize one's current state and realize where one needs to go is the mental awakening that is needed for an individual.

GOAL: Having a goal is the first step towards realizing the same. One of the most difficult things in life is to become aware of one's goals. Goal is not a petty desire that one attempts to achieve. A goal should be very clear in one's mind. Reaching the goal should be the only purpose for which the individual lives. The thought about the goal motivates the individual to do anything. Character of the individual is developed and motivated by the GOAL.

STOP NOT TILL THE GOAL IS REACHED: Once the GOAL is clear in mind, work with unwavering concentration and determination towards achieving the goal. Do not flinch from a path that leads to the ultimate GOAL. Have only one aim day in and day out to reach the goal.

Sriyarsha, Class X



MY FAVOURITE ICON

Swami Vivekananda is an example of leadership qualities and charity. He taught self-respect and equality.

He was also a great patriot who exhorted the youth to join him in his quest for National Development, Recalling from the Swami's life, Sri Ramakrishna Paramahamsa, had shown him that service to people was divine.

The Sri Ramakrishna Mission, was founded by Swami Vivekananda after his guru's demise, this Mission was involved in serving the Nation, People and God.

Rasmi, Class V

LOVE FOR MOTHERLAND

Swami Vivekananda returned to India in January 1897. In response to the enthusiastic welcome that he received everywhere, he delivered a series of lectures in different parts of India, Which created a great stir all over the country. Through this inspiring and significant lecture, Swamiji attempted to do the following-

- To rouse the religious consciousness of the people and create in them pride in their cultural heritage.
- To bring about unification of Hinduism by pointing the common bases of its sects.
- To focus the attention of educated people on the plight of the downtrodden masses, and to expand his plan for their upliftment by the application of the principles of Vedanta.

K. Sai Ratna, Class IV

VIVEKANANDA'S TEACHINGS

Rabindranath Tagore once said, "If you want to know India, read about Vivekananda. In him everything is positive and nothing is negative."

Vivekananda realized that a country's future depends on its people, so he mainly concentrated on man. He said, "Man Making is my Mission."

To Swami Vivekananda, religion was not just a talk or a doctrine or a theory. To him religion was a realization, as he said, "It is being and becoming, not hearing or acknowledging. It is the whole soul that changes into what it believes." Swami Vivekananda felt that the greatest misfortune of the world is that people do not tolerate and accept other religions.

Swami Vivekananda warned that it is completely unfair to discriminate between two genders as there is no gender distinction in the soul. The soul has neither gender, nor caste nor imperfection. He advised people to think that all are humans, not just as men and women.

Karthik Ganti, Class VI

SWAMI VIVEKANANDA

He was one of the greatest men, our world has ever seen. He was human like all of us, but he took all he had, to be what he is today.

His unique understanding of the world, he never discriminated against anyone. Be an atheist, or a believer, he supported everyone.

His immense spirituality, his faith has no boundaries.

His strength incomparable, both mentally and physically.

His strong sense of religion, and his never dying belief and faith in God.

His immortal love for India, so vast that he would die to save it.

His numerous poems and quotes, so true and inspiring, all for the betterment of humanity.

He was a man of many talents,
He could lead an entire nation.
He truly was the most inspiring,
He was the one and only SWAMI VIVEKANANDA.

Anirviya, Class VIII

VIVEKANANDA – MY SUPERSTAR

He is my superstar
He is the twinkling star
He is in everybody's memory
His smile is as sweet as honey
He will always be remembered
For his strength and vigour.

P. S Pankaj Bharadwaj, Class II

WHY I LIKE SWAMI VIVEKANANDA...

I like Swami Vivekananda very much because my grandfather told me good things about him. I also like his cap (turban) which looks different and nice. My grandfather goes to his temple (Ramakrishna Matt). There is a big picture in our School. It is kept in a big room (Auditorium). My grandfather also said he was a good teacher (good preacher).

P. Sri Krishna Chandana, Class I





THE THREE H's

"If you think yourselves to be weak, weak you will be. Think yourselves to be strong, strong you will be." These words are of a fearless youth leader, Swami Vivekananda about whom I had known nothing two years ago.

Yuva Sangarsh' was not just a contest for me but something that has brought a change in me for good. I have learnt a lot from my experience at Ramakrishna Math for two years. When I had first been given the opportunity to take part in Yuva Sangarsh, 2012, My first thought was to drop out of the contest owing to my stage fear; But when I started reading Swami

Vivekananda's Book, I actually started believing in myself and gave it a try. I could surprisingly make it to the finals. Ramakrishna Math has made me realize that we, the Youth of the country have a major role to play in making our country a better place to live in. There are a number of youngsters who have already started doing this. For eg: Babar Ali, who at the age of 9, began teaching and is currently running a school of 1000 students in a remote village in West Bengal.

Nelson Mandela said, "Education is the most powerful weapon which you can use to change the world." There are a number of problems that our country today

is facing, i.e, poverty, corruption, and terrorism and so on, but the youngsters can bring about a revolutionary change they are determined to do so.

As Swami Vivekananda said, "What India wants is a new electric fire to stir up a fresh vigour in national veins." I've realized that it doesn't matter if you are just a kid of 7 or a girl of 18, each one of us can make a change in the society in our own little ways as it is rightly said, "From small beginnings come great things." And to bring a change in the society all we need is a heart to feel, a head to think and a hand to work.

Simran Baherji, Class XI

MY INSPIRATION

Some people never die, because memories keep them by. Swami Vivekananda was such a person, in one's mind his memories always run. He was caring as none, and as bright as the sun. With confidence in his mind, he was always very kind. He was a person who would never stop trying, and whose memories always kept flying. He was a person whom everyone can admire, and he also made me inspire. He was a person so confident, with his heart that could always be lent. A person whom I can never forget, and for knowing him I could never regret.

Bhavya, class X

THE POWER OF DETERMINATION

The perils of perplexity stalking him at every step Myriad pressures trying to make him aimless Innumerable conundrums keeping him from Reaching the heights of greatness

The true saint: Swami Vivekananda

Embodied with compassion since birth

Helped the poor and served humanity

Lived with devotion to god, Worked day and night to find true knowledge

Contriving meditation as the way to reach goal,

Pursued it with consolidity

Inspired people with the speeches of

Spiritual messages of hinduism

Illuminated the world with the slogan

'Arise,awake. To not stop until the goal is reached.'

M.Siri, class VIII

Yet, with his soul filled to the brim with courage Turning his back to all the hassle Countering everything with his rigorous determination Warding off, from within him, all the evil

> And now, with his full potential unfurled He's ready to face the world

> > Sri Sindhu Gunturi, Class VIII

A BIGGEST REALIZATION

Just as the fire purifies the impure, Just as the light dispels the darkness, Just like that Swami Vivekananda burnt the ignorance within us, And showed us that religion is realization!

Meher Nanda, class III







DOES INDIA NEED SWAMI VIVEKANANDA TODAY?

The Heads of various Departments have shared their views on this topic Let's see what they have to say on this!

India surely needs Swami Vivekananda today. Today's world needs the youth of Swami Vivekananda's dream. He wanted the youth to be like lions. To mention a few names- Subhash Chandra Bose, Lokamanya Tilak, Mahatma Gandhi who fought for the country's freedom were transformed into real lions. Thus, India needs youth who can learn a lot from Swamiji's life and messages which



are a perennial source of inspiration to our modern youth.

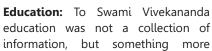
Ms. G. Durga, HeadMistress- Senior Wing



India definitely needs youth who can build our nation. But, today's youth are unable to solve their own problems. The minds of the modern youth are becoming storehouses of multiple complexes such as fear, ego, inferiority, etc. By getting inspired by the teachings and messages of Swami Vivekananda, today's youth can get out of the clutches of these terrible fiends.

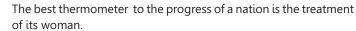
Ms. T Lakshmi Sree, HeadMistress-Primary Wing

Swami Vivekananda stressed upon different aspects of life like Education , Religion, Character- building as well as Social issues pertaining to India. I would like to highlight three major issues which are of high concern even in the 21st century.



meaningful. He felt education should be man- making, life giving and character- building. To him education was an assimilation of noble ideas. He stressed on positive education.

On Womanhood: Swami Vivekananda warned it is completely unfair to discriminate between genders, as there is no distinction in atman (soul), the soul has neither sex ,nor caste or imperfection.



Harmony of Religions: Swami Vivekananda felt, the greatest misfortune of the world is we do not tolerate and accept other religions; he told we must not only tolerate other religions, but positively embrace them, and that the truth is the basis of all religions.

Swami Vivekananda talked all the above during the 19th century, but unfortunately we could not achieve any of the above in the 21st century. So there is a need for Swami Vivekananda today. His teachings should be an integral part of everyday life, thereby making a great future for India and its citizens.

Ms. K. Ranjana, HOD- Dept. Of Hindi



"Arise, awake and stop not till the goal is reached" Vivekananda.

It is the message given to the young blood of this country. The present day Indian youth is in need of a great icon that they can love, have faith and admire. It is none other than Vivekananda, the great Indian idol who glorified Indian culture, values and spirituality of this diversified Indian

community to the world. What is missing in our present day generation is humanity, empathy towards the fellow beings and love towards their Motherland. They take everything for granted but never realise the responsibility towards their nation and community. The present day generation's top priority is earning material wealth and enjoying it but failed in identifying the real wealth, that is ,earning a good name and serving the needy.

It is the responsibility of the family as a basic unit of the nation and the community to show them an ideal model or icon that they can take as their role model to build a strong nation. We all know that the Indian youth is acknowledged for its quality in terms of knowledge and hard work and providing a great economic growth to the nation. But some where we are missing the human touch and strong will to fight for acceptable values of the society.

The community has succeeded in generating skilful tools







that cater services and earning machines but totally failed in inculcating the ethics and values which are very essential for the mankind. These are the things which Swami Vivekananda strongly recommended the youth so that the Indian culture and values will serve the world community and maintain the dignity of the nation.

Ms. Saraswathi, HOD- Dept. of Telugu

INDIA NEEDS Swami Vivekananda today more than any time because he is an eternal preacher like Valmiki, Veda Vyasa and William Shakespeare for the good of mankind. When ethical values are eroding in the present day India, his preaching's , "to be good and to do good" needs to be followed by the present generation



"Education in India is in doldrums.

His preachings, "We want that education by which character is formed. Strength of mind is increased, the intellect is explained and by which one can stand on one's own feet." I think today's generation must follow this so as to build confidence in them.





Often we recall the glorious deeds of Vivekananda. He was a great man. People forget that he almost belonged to this age because he died young at the age of forty. It was only sixty years back that he had passed away. Various problems, such as the question of the slavery of India and the degradation of the country, were all faced by him, and he raised his voice against them. That,

perhaps, was the voice of India. . . We can remember him only by recalling his great voice, his words, and if you study— which of course you must do— what he said fifty or sixty years ago, you will realize how strange a man he was. He had a flame in each of his words. If you study his speeches and writings, you will find them most suitable for the present time. Hence, India surely needs Swami Vivekananda today so as to open the windows of the minds of present generation.

N. Parvathy, HOD- Dept. of Science

India needs Vivekananda at this moment. Our youth who are emotionally and physically weak need motivation. They need to be guided in a proper direction so as to serve the country to an advantage, and also serve humanity.



Swami Vivekananda was a Nation Builder. Hence, we need nation builders

and leaders who can keep before them the example and memory of Swami ji and learn from his writings and his life.

Ms. Prasanna Lakshmi, HOD- Dept of Social Science



What Swamiji told us is very important, and it is to be fearless. I would like to emphasize this particularly to our present generation. We cannot be so fortunate as to hear his voice, but you can at least read what he taught and what he wrote, and learn from it. You will find that even his words are packed with vigour. Whoever reads them feels their impact.

Ch. Jyothsana, HOD -Dept of PET-

In this changing scenario, modern youth (the present generation) are facing enormous problems. To face these challenges, it is obvious that our youth need to equip themselves with superhuman strength. Modern educational system and book learning alone is not going to help them in solving problems. They will have to discover the strength within themselves.



Let us have faith in the words of Swami Vivekananda, "All power is within you. You can do anything and everything. Believe in that, do not believe that you are weak. Stand up and express the divinity within you."

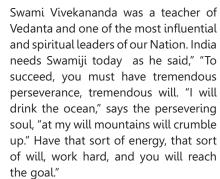
Ms. Lakshmi, HOD- Library



One of the greatest contributions of Swami Vivekananda towards the 'Making of Modern India' is his concept of Education. To him education plays a vital role in curing the evils of Society and it is important in shaping the future of humanity. He contributed valuable thoughts on the subject that are relevant and viable today. If today's youth take his / her education sincerely,

a positive character will be formed, strength of mind will be increased and can be confident to live in this challenging world.

Ms. Pranava, HOD- Dept of Music





Let this optimistic and powerful thought enter into our minds and let us learn the lessons Swamiji imparted to infuse strength in us.

Ms. Roopa, HOD- Dept. of Dance





YOUTH IS THE POWER OF THE NATION

Youth is that wonderful time in life when energy is limitless, human creativity is at its best and the 'never say die' spirit is at its peak. Youth is also an impressionable age wherein we try to model our life to that of a 'role model' or 'icon'. Each young person could begin with himself; prepare himself for the work ahead by ensuring that his personality is well-shaped and rounded. He needs to ensure that his physical, mental, social and psychological faculties are well tuned to the work ahead. The young need direction and what greater focus than that of serving others! One needs to begin with oneself first and then gradually expand this reach concentrically to include more and more deserving persons. This is one of the ways that the success and practicality of our social actions can be demonstrated to the youth of today.

Swami Vivekananda once said "Be like the pearl oyster. The oysters come to the surface when that star shines and wait to catch the precious raindrop. When a drop falls into them, quickly the oysters close their shells and dive down to the bottom of the sea, there to patiently develop the drop into the pearl. Youth should be like that."

Keeping this in mind, I would like the youth to build self confidence, patience, dedication and team work to achieve success in their life. Each young person could begin with himself; prepare himself for the work ahead by ensuring that his personality is well-shaped and rounded. He needs to ensure that his physical, mental, social and psychological faculties are well tuned to the work ahead.

Youth is the power of the nation. The world has put its faith in youth and a country keeps its hopes in youth.

Anupama, Dept. of Science





Words of Wisdom - Swami Vivekananda

- All the wealth of the world cannot help one little Indian village if the people are not taught to help themselves. Our work should be mainly educational, both moral and intellectual.
- Educate and raise the masses, and thus alone a nation is possible.
- Education, education, education alone! Travelling through many cities of Europe and observing in them the comforts and education of even the poor people, there was brought to my mind the state of our own poor people, and I used to shed tears. What made the difference? Education was the answer I got. Through education comes faith in one's own Self, and through faith in one's own Self the inherent Brahman is waking up in them.
- Education has yet to be in the world, and civilisation civilisation has begun nowhere yet.
- Education is not filling the mind with a lot of facts. Perfecting the instrument and getting complete mastery of my own mind [is the ideal of education].
- Education is the manifestation of the perfection already in man.



LOVE FOR MOTHERLAND

"If there is any land on this earth that can lay claim to be the blessed Punya Bhumi (Land of Virtue), to be the land to which every soul that is wending its way Godward must come to attain its last home- it is India" - Swami Vivekananda

INDIA is the cradle of the world's oldest civilization, a country name that is derived from Indus, a civilisation which was socially, economically, democratically advanced and sovereign. India is known for its ancient culture and traditions.

India is the land of great saints like the Buddha and Guru Nanak. It is the land of great poets like Kalidas and Tagore. It is the land of brave men and women like King Ranaprathap Singh, Shivaji and Rani Laxmibai, and Rani Rudrama Devi in the south. It is the land of Mahatma Gandhi and Motilal Nehru.

True patriotism has become a thing of the past. In the present global world people are so busy that they do not have time for such idealism. Swami Vivekananda said, 'Close your lips and let your hearts open.'

If the new generation of India wants to bring about a real change in their outlook, they will have to rediscover Swami Vivekananda. He loved India as a Mother. She was the 'Queen of his adoration'. As a young man he approached the fundamental questions of life with a healthy physique, sharp mind, and immense purity of character and ascended the highest peak of spiritual realization. His vision was then turned by his beloved Master to mankind and its sufferings. He became love personified. He loved all mankind as 'divinities on earth'. Nevertheless, the place Mother India occupied in his heart was unique.

Ms Kanchana, Dept of Social Science

CONFIDENCE IS THE KEY TO SUCCESS

Self-confidence is the first requisite to great undertakings. Whatever we expect with confidence becomes our own self-fulfilling prophecy.

In school and college life, confidence helps us in going ahead and choosing the subjects and sports that we prefer, instead of leaving us at the mercy of our academic grades. Sometimes we are afraid of picking up something, in which we feel we are not good enough. In such situations we need confidence to do things we are not accustomed to and strengthen them.

There's something special about people who have confidence in themselves, their abilities, how they look and work. They might not be the cleverest people, or the best looking but they believe in themselves.

Confidence comes from within you. You may have the tools and skills to do anything you want in the world but without confidence nothing can be done.

Some people are born with confidence. Some have to work for it, and others do not know how to obtain it. It

is something either one has or does not have, but can always be accomplished over time. The question is "What can I do to gain confidence?" Through my experience, I have learned that confidence is hard to achieve.

Self-confidence cannot be taught, but is reached by the individual when they decide to believe in themselves. Confident people are more likely to try new things because they feel they can succeed. Trying new things helps you grow as a person and allows you to expand your knowledge. Also, confidence makes you seem like a stronger person, and you're likely to get more respect from others. Last, confident people bounce back faster from unfortunate events because they always have belief in their success.

In the words of Swami Vivekanada, "You have in you a thousand times more than is in all the books. Never lose faith in yourself, you can do anything in this universe. Never weaken, all power is yours."

Hence, believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.

Meenal Desh Panday, Dept. of Math







SWAMI VIVEKANANDA'S SCHEME OF EDUCATION

"Education is the manifestation of perfection present already in man." - **Swami Vivekananda**

The exposition and analysis of Vivekananda's scheme of education brings to light its constructive, practical and comprehensive character. He realizes that it is only through education that the uplift of masses is possible. To refer to his own words: Travelling through many cities of Europe and observing in them the comforts and education of even the poor people, there was brought to my mind the state of our own poor people and I used to shed tears. What made the difference? 'Education' was the answer I got.

He states it emphatically that if society is to be reformed, education has to reach everyone-high and low, because individuals are the very constituents of society. The sense of dignity rises in man when he becomes conscious of his inner spirit, and that is the very purpose of education. He strives to harmonize the traditional values of India with the new values brought through the progress of science and technology.

It is in the transformation of man through moral and spiritual education that he finds the solution for all social evils. Founding education on the firm ground of our own philosophy and culture, he shows the best of remedies for today's social and global illness. Through his scheme of education, he tries to materialize the moral and spiritual welfare and upliftment of humanity, irrespective of caste, creed, nationality or time. However, Swami Vivekananda's scheme of education, through which he wanted to build up a strong nation that will lead the world towards peace and harmony, is still a far cry. It is high time we give a serious thought to his philosophy of education and remember his call to everybody.

'Arise, awake, and stop not till the goal is reached.'

Ms. Lakshmi, Dept. of Library

How to build Self-Confidence!!!!

It is the Self alone that predominates and not matter." - Swami Vivekanananda.

Though the potential strength is hidden within us, we are not able to utilise it. Right attitude, positive thinking, and firm faith alone can help us to manifest this hidden strength within.

Great convictions are the mothers of great deeds." The very first step in climbing the ladder of self-confidence is firm conviction about one's own ability.

Great things happen not out of magic or miracles but out of systematic preparation. Many have achieved success only through the power of perfect communication. There are people who can be compared with a huge reservoir of knowledge and information, but not always effective and

inspiring due to lack of the communicative ability . Commitment and confidence always go together. The moment we forget our commitment to a particular cause, we lose faith in

ourselves and try to justify our weaknesses. Sometimes even the so-called learned scholars lose confidence when they fail to discriminate between the real and the unreal, the right and the wrong, vice and virtue due to lack of discrimination. A clear-cut goal and a one-pointed concentration alone help us manifest tremendous confidence. We want to do many things simultaneously. Without singular devotion to the ideal, no great things can be achieved. Concentration gave Narendranath knowledge, knowledge gave him confidence finally leading to success and made him the world

conqueror Swami Vivekanananda.

"Promise yourself that you would concentrate and work hard to gain knowledge which will strengthen your self-confidence to lead a successful life."

A. Shyamala - Dept. of Math







MONOSSOME BROVIES

When you make a promise, you send forth your honest intentions to manifest them into reality. In this way, we commit to others on a daily basis promising to be on time, helping others etc. But, some promises are kept virtuously while others are broken intensely. Still, our word remains the almighty origin of trust.

But if a promise is indicative of our dignity, what about the promises you make to yourself? Do you really respect your personal pledges? Well, what have you sworn to yourself today that will serve you tomorrow?

Here, we have the students of Classes X, XI & the Ex-JHpians who have taken a moment to make promises 'The Virtuous Vows' that will strengthen their will power and reaffirm their future potential.

VIRTUOUS VOWS

I shall ...

- . . . be truthful to myself. I shall donate a share of my salary to the needy." **P. Sreya** , Class X
- . . . promise to make the world a better place and show more compassion to the world around me. - Shrey Som , Class X
- ... be kind to everybody and always help those in need." - Abhishek Patra, Class X
- . . . rise again despite any fall, however hard it may be. I shall also promise to contribute or help as much as I can to those around me.
 Archiki Prasad , Class X
- ... honour my true worth." **Sriyamsh Chhajer**, Class X
- . . . not make any promises as I don't know whether or not I will be able to fulfill it. But what I do swear by is that all my deeds will be for the good of the world." - K. Srilakshmi, Class X
- . . . strive to be a better human. As an Indian citizen, I will make my country proud. And as a human, I shall always try to make the world a better place." **D. Raaga Madhuri**, Class X
- "Life is a race; you can never truly stop running till you are dead. Fate has already decided your destiny, but it is our choices can always divert our lives' path. As long as my heart beats, I will push through all hardships and help others do the same. This is my promise."

M. Sudamshu Reddy, Class X

- try hard to grow from my challenges. "
 K. Archit , Class X A
- . . . be a law abiding citizen of the country and enjoy my life to the fullest and spread happiness" - **Divya Reddy**, Class XI
- . . . become a social worker and take care of the children who suffer from cancer. **Alekya**, Class XI
- . . . help the poor and the needy.
 Pooja Chaudary, Class XI
- ... open a charitable trust for the betterment of society. - Stuti Ahuja, Class XI
- ... bring a revolution in the society and make our country awake, as its the time for a youthdriven country. - Teja Kulkarni, Class XI
- see myself as an IAS officer supporting an NGO for anti-corruption and to spread Swami Vivekananda's preachings. - M. Meghana, Class XI
- . . . become more efficient at my work, learn and grow more. **Anuhya Mandava**, Class XI
- . . . give my best to the nation and choose the path of honesty. **Pranjali Pandya**, Class XI
- ... be a good citizen of India and use my rights appropriately for the benefit of the community.
 Sruthi (2003-2004 Batch)
- . . . raise my kids with proper discipline and keep them healthy. **Ramya** (1999-2000 Batch)
- . . . become an IAS officer and protect India. **Aashish Raj** (2011-2012 Batch)
- ... entertain the world and ensure that the people will always be happy and smiling. -Siddharth Nagarajan (2012-2013 Batch)
- ... achieve the goals I had previously set in my life. **P.V. Varun** (2010-2011 Batch)
- ... live and cherish life with no regrets.
 - B. Samanvitha Reddy (2009-2010 Batch)
- ... make every day better than the previous.
 - **Amulya Gade** (2011-2012 Batch)
- ... become a successful doctor and help the neglected ones. **Snigdha Ghanta** (2009-2010 Batch)
- ... become a Chief Minister and lead my state for a brighter tomorrow. **Akhil Chandra.K.** (2009-2010 Batch)







AN UNFORGETTABLE NIGHTMARE

When I was 4 years old, I was playing with my friends in my house. I was pasting pictures in a book with Fevikwick. I just pressed the bottle to get the gum out so that I could paste the pictures. Suddenly a drop of Fevikwick fell into my eye. It started burning. Everybody got panicked as I was unable to open my eye because my eye lashes got stuck. My mother immediately washed the eye and asked me to open my eyes slowly but I could not. Everybody thought that my eye got damaged severely. Then after I fell asleep, my mother examined my eyes carefully and found that my eyelashes had got stuck. She cut my eyelashes, opened my eye and was relieved to find that Fevikwick had not fallen into my eye When I woke up the next morning, I was surprised as I opened my eyes, which had luckily not gone through any damage. I learnt a lesson not to handle dangerous things without the guidance of the elders.

Mansi, Class IV





A VISION FOR SOMEONE...

The day I came to know that I was to wear spectacles, I felt very sad. Nobody else in my classroom felt bad hearing about them. That is when my father said I should spare a thought for people who lose their eyesight and do something for them. We decided to donate some amount to the Sankara Eye Foundation to conduct the cataract operation for a person and we did so.

On my birthday, I got a message from the Foundation with the photograph of the person for whom the surgery was done. This was the most special birthday gift I received. My parents have now decided to donate every year on my birthday. Our tomorrow's promise is to help people when they are in need.

Abhay Bharath, Class I

ASCENT - 2014.indd 66









DONNING THE MANTLE OF RESPONSIBILITY

The Investiture ceremony is one of the most important events in a school. It reminds us of the trust and confidence that we repose in the newly invested leaders. This ceremony was held on 6th July, 2013 in the school premises. The Chief Guest for this ceremony was Dr. M. Malakondaiah, IPS, Director, Raj Bahadur Venkat Rama Reddy (RBVRR), AP Police Academy. The President, Sri K.Satyanarayana, Chairman Sri A. Murali Mukund, Vice President Sri B.N Murthy, the Managing Committee Members and parents graced the occasion.

The Chief Guest in his speech emphasized on the importance of implementing moral values amongst the students and reiterated that the school oath is loaded with all the precious qualities required to be inculcated by every student.

The Chairman, Sri A. Murali Mukund in his speech further added that leaders should possess two important qualities – the ability to inspire others with clear vision and ethical values and should be ready to sacrifice for the public cause. He also advised the newly elected leaders to support the teachers in maintaining discipline in the school.

The Principal, Ms. M. Varalakshmi in her address, said that 'Leadership' means 'Action' and not just holding a position of authority. The action of a leader should be to inspire others to do more and achieve more.

The Chief Guest pinned badges and administered oath to the newly elected office bearers. Donning the mantle of responsibility, the members of the Student Council pledged to dispense their duties to the best of their abilities.

This was followed by the release of 'Ascent 2012-2013'- the annual school magazine by the Chief Guest Dr. M. Malakondaiah.















PARENT TEACHER ASSOCIATION

he Annual PTA meeting was organised from 3^{rd} July to 5^{th} July for classes LKG to XII. The programme commenced with a prayer invoking the blessings of the Almighty. The Principal, Ms.M.Varalakshmi welcomed the parents and apprised them with an overview of the school's development, activities and facilities and about the CBSE results of 2012-13. She stressed on the importance of discipline in a student's life and requested the parents to come up with suggestions for the development of the child and the school.

The Primary Headmistress, Ms.T.Lakshmi Sri, highlighted the importance of regularity, and punctuality to the students. The Academic Director Ms. G. Sree Devi requested the parents to cooperate and communicate with the school and teachers for the overall development of the students to support the school goals. Ms.Samatha, HOD, Jubilee Hills Kindergarten School requested the parents of tiny tots to take care of their food habits and to monitor their school work daily.

The Communication Skill Teachers Mr. Ron and Ms. Cecily addressed the gathering and stated that they would be focusing on the students' spoken English, intonation and pronunciation. In his address, Mr. Ron also said that regular 'drilling' would polish the learners' spoken English and therefore put them in a better position to compete with the outside world.

The Parent Representatives of all the classes for the academic year 2013-14 were elected.





















AN INSIGHT INTO THE SCHOOL

(Parents Orientation programme)

Parents Orientation programme was held on Saturday the 22nd of June 2013. Ms. M.Varalakshmi, the Principal welcomed the parents and apprised them about the CBSE results as well as the activities, the infrastructure and facilities being provided by the school. She requested the parents to extend their cooperation to the teachers, for the overall development of their children.

Ms. G. Sree Devi, the Academic Director addressed the gathering and spoke about the principles of effective transition and how parents and teachers can work together to implement them. Ms.G.Durga, Ms.T.Lakshmi Sri and Ms. Samatha gave a detailed analysis of the CCE pattern followed in the school. They emphasized that the evaluation provides a holistic profile of the student through regular assessment of scholastic and co-scholastic activities.

Ms. Maria Patrick, Teacher Trainer conducted a game for the parents that enlightened them on the best way to handle their children. Ms. Aarti.T, the student

counsellor urged the parents to listen, monitor and guide their children to inculcate positive behaviour and attitude. She also stressed that every child is important and all of us need to work together as a team. This was followed by a talk by the Communication Skill Trainer Mr. Ron, who addressed the gathering and advised the parents that they must encourage their children to hone their communication skills and accent to meet the challenges of the world.

The Parents were extremely happy to attend the session. They expressed their desire to participate in more interactive sessions in the future.





















VANAMAHOTSAV

CELEBRATING NATURE

'Preserve to flourish and annihilate to perish is the essence of **Vanamahotsav**'.

Vanamahotsav was celebrated in the school on 15th July, 2013 with lots of enthusiasm The colour green was visible almost everywhere in the school. Students, teachers and other staff members dressed up in all shades of green spilled into the assembly foyer. The Chief Guest, Dr. V. Sashibushan, Chairman, Sri A. Murali Mukund, Vice President, Sri B.N.Murthy, and the foreign delegates Ms.Laurie and Ms. Dana graced the occasion. The Student Council members presented saplings to all the guests. The Principal, Ms. M. Varalakshmi, and the Academic Director, Ms. G. Sree Devi addressed the students, parents and other guests about the importance of trees, how to prevent global warming and other environmental issues. They stressed on the importance of making people aware of the benefits of afforestation. Various cultural programs were presented by students on the importance of nature, the stages of growth of a tree and the significance of silk worm. The dances of the tiny tots filled our hearts with pleasure. The students of the Primary Wing wore animal mascots and danced to emphasize the theme of saving animal life.

Ms.Laurie and Ms. Dana who came to our school as a part a of global teacher-exchange programme were felicitated. They spoke about the need for saving trees. Students were asked to plant more trees and spread the greenery in and around the school premises.













THE SCIENCE EXHIBITION 'AAVISHKAR'

cience exhibition 'Aavishkar' was held on 15th July 2013. Science exhibition Advision was

Dr.V.Shashi Bhushan, Principal Scientist, N.G. Ranga Agriculture

The students of classes. University was invited to grace the occasion. The students of classes V to X exhibited their models from different disciplines of Science (Chemistry, Physics and Biology). The students were enthusiastic to demonstrate their exhibits. Parents, students and teachers from other schools were also invited. The guests from the US were happy to listen to the demonstration given by the students.

The following students were awarded for exhibiting the best models.

- M.Lokesh and Anudeep of class VII D were awarded the first prize for their model 'Hydro Electricity'.
- Hrishikeshan and Pranav from of class VII C were awarded the second prize for their model 'Solar City'.
- Ch. Akash and B. Sai Rohan of class VII E won the third position for their model of 'Automatic Letter Alarm'.
- In the senior wing the first prize was bagged by V. Rakshith and Ramakrishna Sai.G from IX A for their exhibit 'Smart Emergency
- The second prize was bagged by V.Nikhil of class X E for the exhibit 'Biogas".
- The third prize was bagged by A. Saathvi and P.Epsisri from class IX D for the exhibit 'Purse Empty'.





















UPHOLDING THE DIGNITY OF OUR COUNTRY

The school celebrated the 67th Independence Day in its premises. The Chief Guest, Sri I. B. Rao Founder Secretary of the Jubilee Hills Education Society, the President Sri K. Satyanaryana, Chairman, Sri A. Murali Mukund, distinguished Managing Committee Members, parents, alumini, students and staff graced the occasion.

The Chief Guest, Sri I. B. Rao unfurled the national flag and in his speech recalled the contributions of our freedom fighters. He gave a clarion call to the young generations to live up to the expectations of the motherland. He advised students to work hard and become worthy and responsible citizens of the country. The Principal, Ms.Varalakshmi in her address said that we have to rise up to serve the country and be united to take part in the development of the country. Certificates were awarded to the students who strived and achieved 100% attendance in the academic year 2012-13. In addition to this, the students whose exhibits were adjudged the best in the Science Exhibition were given gift vouchers. An air of patriotic dedication prevailed in the atmosphere.







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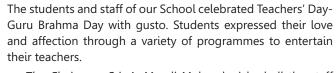








GURU BRAHMA DAY



The Chairman, Sri. A. Murali Mukund wished all the staff members on this occasion.

In his speech, he quoted the words of Dr.Sarvepalli Radha Krishna that "Respect has to be earned and not demanded". He advised teachers that in order to meet the demands of the present generation, a teacher has to strengthen herself in all aspects. He added that passion, accountability, responsibility and involvement are the qualities of a good teacher.















UNWINDING AT LEONIA RESORTS

As part of the Teachers' day celebration, an outing to Leonia Resorts was arranged for the staff on 14th September, 2013. It was a fun-filled and rejuvenating experience trip to the teachers.

The recreational activities at the resort were specially made to enhance the experience and made the trip exhilarating and challenging for the teachers. The teachers enjoyed the water games, rain dance and other sports activities. After a tasty lunch, card games and tambola were organized for the teachers.

















CHILDREN'S DAY

SUNNY SKIES AND HAPPY DAYS

Days filled with sunshine and clear skies, Days filled with playtime and merriment, Hope you enjoy these happy days.

Keeping up the spirit of childhood, the students were taken to various picnic spots to celebrate children's day. Primary school students (Classes I to IV) were taken to Shilparamam. The Middle school students (Classes V to VIII) went to Jalavihar, a water

park where they enjoyed the water rides and splashed all day. The students of classes IX and X went to Ocean Park where they had fun in the most thrilling and amazing amusement rides like tornado and pendulum. After the rides, the students were served a scrumptious lunch.

The students of Classes XI and XII went to the resort 'Songs of the Earth' where they enjoyed various activities like rope climbing, tidal pool, badminton etc. The highlight was the rain dance which was enjoyed by everyone.

The students returned home with happy memories to reminiscence till the next year.

















ADHYAYAN-THE BOOK WEEK

Books for all, All for books

Books are companions, teachers, magicians, bankers of the treasures of mind. Books are humanity in print. - Barbara. W. Tuchman

Books wash away from the soul the dust of everyday life. The reading of all good books is like a conversation with the finest minds of past centuries.

As Sir Richard Steele said, 'Reading is to the mind what exercise is to the body.'

'Adhyayan' – the knowledge fest was conducted in our school for a week (18th to 21st November) in order to instill reading habits and hone the creative skills of the students. During the week various competitions were held.

Pre-primary - Recitation of Rhymes.

Classes I and II - Storytelling.

Classes III and IV - Spell Bee

Classes V and VI - Making Bookmarks.

A special assembly was conducted which began with a dance about 'Dwadasa Saraswathi Stotram'. Dr.K.Hannah Sunitha, retired librarian from Kasturba Degree and PG College for Women, was the Chief Guest for the day. She stressed on the fact that the habit of reading should be inculcated right from childhood.

Book reviews and quiz competitions were also held for the students of middle and higher levels. This created awareness about the importance of reading books among the students. Prizes were given away to the students as a mark of appreciation.

To help our students enjoy books and to promote reading habit in students, DEAR – Time (Drop Everything and Read) was held during the week. The Chairman, Sri A. Murali Mukund, teachers and the administrative staff also participated in the DEAR programme.

















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Math Day

Wonders of Math

The wonder of Math is all pervading. Be it the kitchen where we check the recipe to measure the ingredients or at the mall looking for an outfit to wear, we use Math. Calculating sales tax, finding the right size and determining which store has the best sale are all related to Mathematics. Saving, spending and investing money needs a fair amount of Mathematical knowledge like understanding interest rates and calculating compound interest in order to make good financial choices. As we have seen from these examples Mathematics is very crucial in our day to day life.

'Math Day' was celebrated on 24th December 2013 to commemorate the birth anniversary of the great Mathematician Srinivas Ramanujan. A special assembly was conducted wherein the students of the primary classes performed dances to convey how Math can be fun and easy with shapes and fractions. This was followed by Math Magic in which the children enjoyed Math jokes and tricks.













ANORANZA - ALUMNI MEET

The Annual Alumni meet 'Anoranza 2K13' was organized on 29th December 2013, a day for old friends, old memories and precious anecdotes. Many students right from the 1991 batch to the 2013 batch had the opportunity to meet their old friends and recollect the old memorable days spent in the school. The programme began with a prayer song and the welcome note was given by the President of the Alumni Association – Mr. V. Seshagiri. In his speech he asserted that JHPS had given them a strong foundation which has made them what they are today. He wished all the alumni to cherish their past moments with their friends and to make the day a very memorable one. He also extended his heartfelt thanks to all the Members of the Managing Committee present on the occasion.

The senior most alumni present was Mr.Kanthi Rana, Deputy Commissioner of Police, Madhapur. He spoke about his school days and said that it was JHPS that had instilled discipline in him and he is proud to be a JHPian. This was followed by the year wise Alumni Sub Committee Election which was conducted with a view to extend the JHPS Alumni family.

The school premises was filled with fun and frolic, with many cultural programmes presented by the students and with a Symphony which was organized by the JHPS Alumni Association. Siddharth Nagarajan (2011-12 batch) gave a thundering performance on drums.

The Principal, Ms. M. Varalakshmi thanked the Alumni President, Mr. V. Seshagiri, Vice President, Mr. D. Srikanth, Treasurer, Mr. A. Akarsh Krishna, Mr. Ravi, Mr. Prashanth, Ms. Sirisha and Ms. Likitha for organizing such a wonderful programme.







WINNERS ALL-INTER SCHOOL SPORTS MEET

Inter School sports meet was conducted in the school from 11th December to 13th December 2013. The school organized inter school sports competitions for the following events like Basket ball, Foot ball, Lawn Tennis and Gymnastics. Around thirteen schools participated in various events.

On the first day, the Academic Director, Ms. G. Sree Devi unfurled the school flag and declared the sports meet open. The Principal, Ms. M. Varalakshmi in her inaugural address wished all the participating teams and opined that participation is more important than winning. This was followed by an impressive march past by the Student Council of JHPS and the sports teams. It was an exciting day where the students from various schools participated with lot of verve.

During the closing ceremony, The Chairman, Sri. A. Murali Mukund, and the Joint Secretary of JHES Sri.T.Harischandra Prasad, gave away medals and trophies to all the winning teams amidst loud cheering. The three day sports event that brought out the young talents came to a glorious end.











A FERVOUR OF PATRIOTISM

Republic Day was celebrated in the school premises on 26th January 2014. An air of patriotic feeling pervaded the atmosphere. The Chief Guest, Sri Kode Satyanarayana, President, Jubilee Hills Education Society, the Chairman, Sri A.Murali Mukund, the distinguished Managing Committee Members, parents, staff and students graced the occasion. The Chief Guest, Sri Kode Satyanarayana unfurled the National flag. The programme started with a patriotic song 'Vandematram'. The Principal, Ms. M. Varalakshmi welcomed the gathering and wished everyone on the occasion. In her inspiring speech, she said that for the last many years India is being called a developing country, and now it is the responsibility the present generation to make this country a developed one.

The Chief Guest in his motivational speech said that India needs people with accountability. He said that technology should be used to achieve the primary goal of the students which is to obtain knowledge and not just for entertainment. He clarified that education is not learning and reproducing but learning and applying the concepts in everyday life. He concluded by saying that children should inculcate the habit of maintaining a healthy inquiring mind and an active body from a very young age. A lively cultural programme captivated the audience and instilled a feeling of patriotism amongst the students. The programme concluded with the prize distribution by the Chief Guest and a vote of thanks by the Head Girl. The Principal appreciated the teachers and students who extended their cooperation in making the event a grand success.



















A TRIBUTE TO TYAGARAJA

Conquering Hearts Through Music-

Tyagaraja is considered the most legendary Carnatic music composer of all time, who played a very major role in the growth of this music genre. He saw music as a means to experience the love of God and his sole intention was to be devotional. Tyagaraja was not only a composer but also a musician par excellence.

The School celebrated 'Tyagaraja Aradhanotsavam' with devotion on 31th January 2014. The programme started with 'Nagara Sankeerthana' by the students and Music teachers. The Chairman, Mr.A.Murali Mukund, the Principal, Ms.M.Varalakshmi, the Academic Director, Ms. G.Sree Devi and Vice-Principal lit the lamp and invoked the Lord's blessings. A few Managing Committee Members were also present for the occasion.

The participants were dressed in colourful traditional dresses which infused a festivity in the atmosphere. Tyagaraja Kirtanalu 'Sri Ganapathini Sevimparare', 'Guru Lekha Etuvanti Gunniki', 'Bantu Reethi Kolu', 'Rama Kodanda Rama', 'Endaro Mahanubhavulu' and 'Nagumomu Gaanaleni' were rendered by both the students as well as the teachers. The programme ended with the 'Mangala Harathi' to Sri Thyagaraja.





















'ANNUAL DAY'- A Cultural Pot Pouri

The 'Annual Day' was celebrated on Saturday 30th November, 2013. 'The teachings of Swami Vivekananda', was chosen as the basic theme for the annual day in order to commemorate Swami's 150th Birth Anniversary. Sri B.Prasada Rao, IPS, Director General of Police, Andhra Pradesh was the Chief Guest for the day.

The Principal Ms.M.Varalakshmi welcomed the gathering and briefed about the school's recent achievements. She said that the students should have the qualities of Purity, Patience, Perseverance like Swami Vivekananda in order to aspire and reach their goal. The Academic Director, Ms.G.Sree Devi in her speech accentuated that school has taken new initiatives for the overall development of students. To achieve this, teachers are empowered with the latest changes in the education world through regular trainings. The Chairman Sri A. Murali Mukund, in his speech expressed that learning is a continuous process and latest technology is brought in to boost student learning. Teachers are considered as the most valuable assets in helping shape society while preserving traditional values. He announced that school is moving forward with two more branches – at A S Rao Nagar and Vijayawada- in the near future.

In his address, the Chief Guest appreciated the school's performance. He added that education should be endowed with committed teachers so that students will be empowered in the process of being self-reliant as life is full of challenges. Awards to the outstanding students were given away by the Chief Guest. The Chairman gave away the School General Proficiency awards and prizes were given to the teachers who have put in 100% attendance during the academic year 2012-13. The President Sri Kode Satyanarayana gave away the President's Best Student Award and Special Talent Awards.

" I feel honoured to be the
Chief Guest of the Annual Day
function of this great monument of
education. Launched by service minded elders
of the society to provide quality education to
students and shape their future with good values
and career. The teachers with their commitment
and affection have been making the class room
an enjoyable experience. I wish the Jubilee
Hills Public School, the management
committee, the teachers and the
students a glorious future."

















'BABY'S NIGHT OUT' IN THE SCHOOL

It was a 'Baby's Night Out' for the students of classes I and II on 1st and 2nd February, 2014. Every year this exciting and adventurous camping experience is organized in the school to bring in a sharing, caring and friendly attitude amongst the children. The tiny tots were warmly welcomed by the Headmistress Ms.T Lakshmi Sri and their teachers. The evening started with a variety of rides such as 'giant wheel', 'Merry- go- round', 'Pony' and 'camel' rides. A variety of fun games were organized to entertain the little ones.

They enjoyed the evening snacks. The children then joined the evening's most awaited event 'campfire' where they danced, yelled and enjoyed the evening with all the energy they had. A delightful dinner was served for them. They watched their most favourite cartoons shows, movies and chatted with their friends. Then they listened to the stories and lullabies from their teachers and went to bed. On Sunday morning, children woke up with a traditional song of 'Suprabatham' followed by jogging, meditation, and yoga. They were then served breakfast and given a gift. The parents thanked the School Managing Committee for organizing such an event to inculcate a feeling of responsibility.











FAREWELL

It's that time of the year . . .

It is time to bid farewell to our beloved seniors and remind them that better things lie ahead than any they leave behind...

The students of class IX and XI bid a grand farewell to their seniors of class X and XII. The programme commenced with students of class IX welcoming the seniors by stating that farewells are a way to convey the message of love and affection. A few students of class X and XII shared their experiences and memories of the school.

The Principal M.Varalakshmi wished the students good luck for the future and advised them to work with responsibility for achieving goals and facing challenges in the future. The Chairman, Sri.A.Murali Mukund and the Managing Committee Members were also present on the occasion.

The Academic Director Ms. G.Sree Devi in her speech emphasized that students should be confident as they are stepping into a world full of obstacles and they have to conquer them all with noble values. The outgoing students, along with their teachers, enjoyed the electrifying cultural programs organized by their juniors. The custom of selecting Mr and Ms JHPS was finalised on the basis of ramp walk and after an engrossing round of questioning. Ms JHPS title was won by Kamalika of class X and Harshitha of class XII. Allen Thomas of class X and Keshav of class XII were declared Mr. JHPS.

As a token of love, the outgoing batches were given mementos.













LOOKING BACK . . . EX-STUDENTS' EXPRESSION OF SCHOOL LIFE AT JHPS

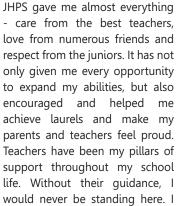
The future lies before you like a hidden mass of snow, Be careful how you tread on it, for every mark will show



Today when I ponder, I wonder where those eight years have gone.....They simply fleeted by happily on the sands of time and have ushered us to this day. Time has come in our lives, to bid adieu to our friends, our teachers and our peers. I'd like to thank all our teachers for being there for us. For every single thing they have done for us for the past years, for the pleasures we've had when we were with

them, for the confidence they have shown in us, for standing by our sides even when we were wrong and most importantly, for teaching us some of the most important lessons on what should not be done in life.







take this opportunity to thank all my teachers and fellow students

Mounica, Class X

Let me take this opportunity to express my immense gratitude towards JHPS. My journey in JHPS has been a relatively short one, about three years. But time doesn't matter, the memories that we take forth with us in our lives is what counts. To me, JHPS is like an amusement ride so thrilling and excited filled with so much fun! Yet, it is too short to be relished to the fullest. I will never be

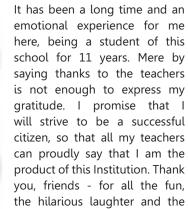


able to relive all these moments. With the collective effort of all the staff we are all shaping our future and getting ready to play our role in the society. Your kindness and caring for students is the reason that today I am willing to take any risk with a smile and face the future journey of life with courage.

Thank you teachers, for all that you have taught me - lessons that extended well

beyond the four walls of a classroom, for providing me with myriad opportunities for the all round development and values in life.

Archiki Prasad, Class X





unforgettable moments shared with me. I wish my friends happy adventures, fantastic new friendships, amazing experiences in the future journey of my life.

All my teachers took me under their wings and I was always taken care of. This is the tough day for me to say my final goodbyes to all of you. Although we may be separated by time and distance, nothing will diminish the important role every one played in my life spent here.

Archit, Class X



THEN & NOW

Studying in JHPS for two years was indeed in Bryan Adam's words "The best days of my life...." I would not be exaggerating if I could just turn this period into a "Roller Coaster Ride". It had all the elements of an 'A' grade Bollywood Movie-right from studies, emotions, drama, dance, music and of course..... the comedy. There isn't a single moment I can erase from my mind. Every moment in this "AWESOME" institution is so very special to me.

JHPS is not just a building, a play ground, a classroom or a place where we come to learn, but a place where we can find ourselves exploring, developing and executing. I enjoyed participating in everything and anything, just to try myself I can never thank my friends and teachers enough for teaching me and helping me find my feet!!

I have spent the best time of my life till date in school. And I can never thank everyone enough, for making each moment here so special for me. I've had my share of up's and down's and throughout all that my teachers and friends have stood by me, be it success or failure.

Given a chance, I would love to go back in time and have all the fun again. But we all know it's not possible. All I can do is move on to explore more, develop enough and execute with confidence But as rightly said, "Home is where the Heart is". My heart will always be here which for me has been a wonderful home away from home.

Thank you for just about everything...

Khaliq Bilal Taha, class XII













LEARNING FACILITATED THROUGH EXHILIRATING SCHOOL ASSEMBLIES

School assemblies add value to the curriculum and provide an emotional outlet for the students. It also brings all members of a school together and creating a sense of fraternity. Students focus on one theme that is expressed in the morning assembly.

















EXCURSIONS AND FIELD TRIPS -

Stress Relieving Sessions

It is an established fact that learning transcends into an effective experience when facts are etched in our mental frame through real life situations. We believe that such exposure to real life environment through excursions and field trips adds to holistic and comprehensive learning. In pursuance of the methodology of learning by doing, the children are exposed to camping and coping with life skills, thus making them self-sufficient and adventurous. School trips are carefully chosen keeping in mind the age of the students and the places of worth. These are appropriately woven into the school curriculum, thereby combining learning by exploring.

Classes V to VIII (Boys & Girls), classes IX & X Girls visited Bangalore, Mysore and Coorg and experienced the scenic beauty and appreciated their culture. Class IX & X Boys visited Pune, Lonawala, Mahabaleshwar, Panchgani and enriched themselves with India's rich inheritance and admired the nature at its best. Overall, the students and teachers had a magnificent and educational experience.

















ART AND BOOK EXHIBITION ON OPEN HOUSE DAY

Creative Expression

The Art and Book exhibitions were held in the school premises on the Open House Days, i. e 4th and 5th October 2013 and 16th March 2014 respectively. The main objective is to showcase the creativity of budding artists. The Exhibition in the month of October was inaugurated by the Chairman, Sri A. Murali Mukund. Parents applauded and appreciated the efforts of the teachers and the Management for the holistic development of their children.

Children experimented on various medium like - Canvas painting, Poster painting, and Craft work which were put on display. Parents were awestruck and fascinated by the Charcoal art works.









ASCENT - 2014.indd 91



SPLASH OF COLOURS







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Store up today for a hope tomorrow -let's get power smart

Our population is growing greater than ever and each one of us is using more electricity all the time. Reducing the usage of electricity doesn't mean less comfort, it's just using power more wisely – like we've become more aware about the importance of conserving water. Of course being power-smart also means lower electricity bills, so saving power is a win-win situation for everyone.

The AP Central Power Distribution Company Ltd presented awards to the school students on 'Energy Conservation' at Shilpakala Vedika, Madhapur on 17th April, 2013. Chairman, Shri Murali Mukund, Principal, Ms. M. Varalaksmi, students and the teachers participated in the ceremony. A few students shared their views on 'Conservation of Energy.







Field trip to INCOIS

The students of class XI were taken on a field trip to INCOIS (Indian National Centre for Ocean Information Services). INCOIS is an autonomous organization of the Government of India, under the Ministry of Earth Sciences located in Hyderabad. It provides advisory service to the society, industries, government and scientific community through sustained ocean observations and constant improvements through systemic and focused research. A tour of the work area and the process of reading and observing the changes in nature were explained to the students.













FILM It - Young Directors of JHPS

Indian National Trust for Art and Cultural Heritage (INTACH) conducted a one day workshop for the teachers and students on 6th September 2013 at Meridian School, Hyderabad. It was conducted by Ms.Purnima Datt - Director, Heritage Education and Communication Service (HECS), INTACH. The programme was launched by Ms. Anuradha Reddy, Convenor, Hyderabad Chapter, INTACH. The workshop included a content session and a technical session. In the content session, a presentation about what heritage truly means and the different types of heritages and how one can save it was shown. There was also a discussion on the projects the participating schools would be taking up to save the country's heritage.

The technical session was conducted by Mr. Pingle Pranav Reddy who is a professional short film maker. He explained the various quidelines one needs to follow before and after the movie.

Ms. Purnima Dutt advised the students to work together to save the Heritage of the Country.

The Heritage Club Members

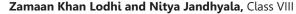
And the Award goes to . . .

The students of JHPS attended the closing ceremony of the 'Film It' Festival conducted by the Indian National Trust for Art and Cultural Heritage (INTACH) on $13^{\rm th}$, February ' 2014 .

Dr. Yashodha Thakor was the Chief Guest for the occasion. She is the Director of Rinda Saranya Kuchipudi Dance Academy.

In the closing session, the best films from schools all over India were screened. The schools were categorized on different parameters like Best Film, Best Narration, Best Screenplay, Best Background Music, Best Message, etc. Two short films - 'Indian Roller' and 'Gifting Smiles' prepared by the members of the JHPS Heritage Club bagged the Best Film and the Best Message Awards

The session came to an end with students sharing their experiences at the ${\sf FILM\ IT\ FESTIVAL}$















Maharashtra Trekking Camp

The Maharashtra Trekking Camp was organized by the Ministry of Defense Government of India Director General NCC to bring out the overall development in the youth. The main purpose of organizing this camp is to inculcate the habit of being together and learn about other states - their tradition, culture, about people etc.

The Camp was held for 15 days and there were almost 1200 cadets who took part in trekking cum National Integration Camp .The schedule for us was to walk for almost 20-25 Km in a day. After reaching our destination , a cultural program highlighting the rich culture of Andhra Pradesh was presented in the evening at the camp.

We visited many historical and religious places during our movement from one place to another. The history of Maharashtra is very rich which speaks about Maharaja Shivaji and the freedom fighters of the state.

Cadet S.Santan Choudary
Cadet P.Bharat Yadav. Class IX







The Times NIE Newsmakers Meet 2013

All about journalism . . .

The Times NIE Newsmakers Meet 2013 was held on 9th November'13 at the Times of India office. The workshop emphasised on today's fast paced world and making sure that the students stay well informed. The meet began with a short journalism session giving information about journalism, journalists, star correspondents and their qualities. Later, a star correspondent exam was conducted in which the students were tested on their general knowledge. They were asked to write a report on metro-rail processes in Hyderabad and also about an imaginary interview with Narendar Modi. At the end of the session they were given 'Star Correspondent' badges. This interactive session gave the students an opportunity to share their views and ideas about journalism.





The United Nations as an International forum

Model United Nations (MUN) is a simulation of the original United Nations Conference organized by high school students. The students of our School have been very active in participating at various MUN conferences held in Hyderabad. MUN not only provides students with knowledge but also teaches many important qualities like diplomacy, creativity, negotiation and the ability to "sell" an idea. Students represented delegates and head of states of various countries and took part in different committees of the UN. The most prestigious MUN in Hyderabad, 'The Harvard Model United Nations-India 2014' was an enriching experience for students of JHPS. It was a 4-day conference held at the Hyderabad International Convention Centre. The MUN

was filled with great levels of debating and many wonderful social events for the students. Other than the HMUN, "Oakridge Model United Nations" was also a part of the students' MUN adventure. The 'OakMun' was held at Taj Krishna and received many delegates from various countries around the globe. MUNs are a great platform for students to showcase their brilliance in debating and diplomacy. It is a medium through which students interact with various people and students from different countries with different mindsets. The interaction of ideas amongst various students helps in developing the thought-process of students.

Four students and one teacher went to the United States of America, for an exhilarating MUN experience on the 29th of January. Niharika Suram, Raja Prashanth Singh, Shaina of Class XI, Mohd Amaan Ahmed Class VIII and Ms. Poola Deepa attended the 'Harvard Model United Nations, USA" conference held at Boston, Massachusetts, USA.



Straight from their heart

It indeed was a memorable journey for all of us and a very special one for me as it has brought about a positive change in me as a person and has given me a lot of exposure on the US Culture and life. Once a great man said, "You need not do great things, but you can be a part of something great". We the students of JHPS are proud to mention that our school gave us such an opportunity to be a part of the 61st HARVARD Model United Nations held in Boston from 30th of January to 2nd of February. It was also a great platform for students to think critically and creatively, to work collaboratively with peers, representing a great diversity of backgrounds and an even greater diversity of viewpoints.

Raja Prashanth Singh, Class XI

We got a great opportunity to be a part of HMUN. This exposure paved the way to go around the Harvard University and Massachusetts Institute of Technology in Boston. At New Haven, we visited the Yale University. In New York, we had a city tour and were amazed to have a phenomenal view of Manhattan from the Empire State Building. We shopped till we

dropped at Times Square, and also admired the amazing and true to life wax statues at Madame Tussauds. Washington DC, our last stop in the US was more on the culture and political history of the United States. We also went to the US Capitol, Abraham Lincoln Memorial and the Air and Space Museum.

Shaina, Class XI

We exchanged views through debates, negotiations and came up with a comprehensive resolution. It was interesting to know and get knowledge on such diverse and sensitive topics related to health. We also got a lot of knowledge on the discussions that were happening in the other committees. I made some really good friends and made globalconnections, which I know are going to last a lifetime.

Mohd Amaan Ahmed, Class VIII

We had the opportunity to meet and interact with the high school students around the world. HMUN provides a host of substantive issues and creates a forum for debate and negotiation among them. It was a truly worthwhile experience and a good platform to hone our public speaking skills.

Niharika Suran, Class XI











Did you know...

Dreams can come true. Every one of us has dreams which we want to fulfill in our lifetime. One of my dreams was to visit America and here are few experiences which I would like to share with you.

- As soon as we landed in New York, we took our luggage and waited for others to come. Suddenly, a person wearing a coat and cap with a luggage trolley asked us if we needed help. In no time, the person helped us reach the departure gate. We took the luggage from him and were waiting for other school students, but the person with the trolley continued standing there gazing at us. Immediately, the coordinator of 'Edu-Yatra's said, "Nothing is free of cost here, give him some money." We realized that we should not go by one's appearance.
- · The organization of opening ceremony

was very simple. The hall was packed with students, parents and a few students were made to sit on either side in the balcony. It was surprising to observe silence in the hall when the speech was going on. There was pin drop silence everywhere. After applauding and cheering the speaker, silence once again reigned in the hall. The discipline there . . was truly amazing!

- The students at the conference were not less than Hollywood actors. They were dressed in their finery and the funniest part was that they wore stilettos. They walked majestically in the conference hall and after a few hours, most of the students walked out of the hall holding their stilettos in their hands. Isn't it funny!
- The queue system maintained in the malls was impeccable and inspiring. Every counter had a coloured band

painted in front of it. The customers moved systematically and waited patiently for their turn. Hat's off to their tolerance and patience

 I was surprised to hear that myth and superstitions prevail in the U.S as well. Massachusetts University has a myth according to which anyone who enters it through the main gate would be unable to complete their graduation. So, students prefer entering the University through a side gate. Yale University has the statue of Theodore Dwight Woolsey, and generations of students have rubbed the protruding foot of the statue for good luck. Can you believe your ears!

I am extremely thankful to the Management of the school for giving me this opportunity and memories that I will hold close to my heart forever.

P. Deepa











Smurfing at Hari Hara Kala Bhavan

NIE-the Times of India organized a Film Fest where students from various schools viewed the animated movie 'The Smurfs'. The students of classes V to VII were taken to Hari Hara Kala Bhavan , Secunderabad on 19th August 2013 to watch the movies. The auditorium was filled with laughter and applause. Everyone enjoyed it.

Trip to TOI Press

On the 20th of October, 2013 the $students from \, the \, School Journalism$ Club were taken on an informative tour to the Economic Times Press at Nacharam. The visit was aimed at providing future journalists an opportunity to experience the working of a news-paper Press. The Engineers and staff were very helpful and patient in answering all the questions posed by our students. The Senior Engineer, Mr. Radha Krishna explained in detail the various processes involved in the printing of a newspaper. The various stages like the production, the printing and the transport of the paper rolls used for printing made the students aware of the magnitude of work involved in the printing of a newspaper. The visit proved to be very informative for the students as well as the teachers who had accompanied them.











Crooning Glory - A Radio Show

The students of class IX, X and XI were invited to the Tharanga Radio Station, Banjara Hills on 28th December, 2013 to record a show. Tharanga is an All India Internet Radio Station and is also an App available on Google Play and App store. The students were invited to host a two hour programme entirely by themselves in both Hindi and English. The students sang and played many evergreen as well as the latest songs. The students conducted three panel discussions and also reviewed films, music, restaurants and books. The students were then briefed on how recording takes place and how the All India Internet Radio functions. It was overall a fun filled learning experience. Moved by the school's performance, the school was offered to conduct a radio show in the school through the AV Studio with the assistance of Tharanga. Ms. D.Chamundeswari, Programe Manager.







We appreciate the students of JPHS for their active participation at live recordings. All the students were well prepared and performed with utmost zeal. The seriousness and discipline projected by each student for their respective performance is commendable and it would be our pleasure to invite the school for many such events in the future.









The CBSE Regional Science Exhibition

Allen Thomas and K.Archit, CLASS x represented the school in the Regional Level CBSE Science Exhibition held at Delhi Public School, Nacharam, from the 22^{nd} to the 24^{th} of August 2013. The students presented the model of an eco-friendly and self-sufficient village. The main objective was to educate the masses regarding new methods and scientific breakthroughs. A total of over 100 exhibits were displayed by 57 schools all across the state.

The projects were scrutinized by a panel of judges from various institutions like Butterfly Fields, CCMB, DRDO, NGRI. The final day was reserved for the students of various institutions to learn about and explore the growing world of science.







As a part of the 'Social Awareness' programme, the students of classes IX tied rakhis to C.I. Balakrishna from the Jubilee Hills Traffic Police Station; Mr. P.L. Narayana – Manager at Hyderabad Water Works; Mr. Indersneha Reddy from the AP Electricity Board; C.I. Mr. Pradeep Kumar Reddy from the Jubilee Hills Police Station and Mr. Mohan Rao from the Film Nagar Fire Station. Sweets were also distributed in these organisations.

We wish this feeling of togetherness brings in harmony all around.





Science Symposium

Jadavpur University Alumni Association Hyderabad Chapter conducted a symposium on Popular Science on 27th July 2013 at DRDO Kanchanbagh. Three sessions were presented at stadium.

- The first session was presented by Dr. Srikumar Banerjee followed by a question hour session about Nuclear Energy, Safety, Sustainability and Economy
- 2. The second session was presented by Dr. G. R. Chandak who dealt with Gene Mutation and Chronic Pancreatitis followed by A question hour session.
- 3. The third session was presented by G. B.Siddharth who elaborated on the Cosmos and the Universe followed by a question hour session.

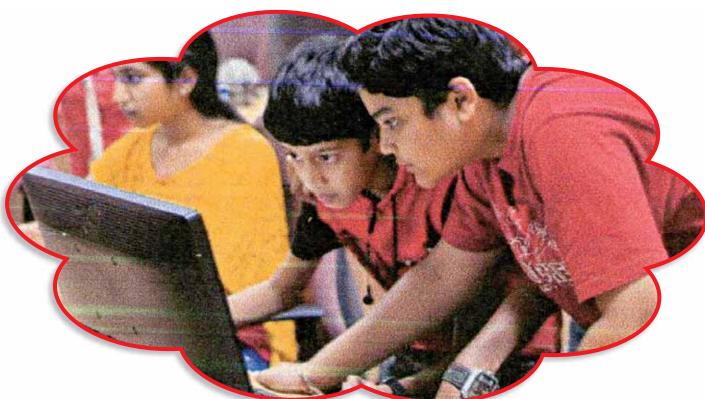
Each of the session was presented in a simple and easy way to understand. A quiz was conducted and participation certificates were given away to the participants.

Field trip to the NIN

The students of class IX got an opportunity to visit the National Institute of Nutrition (NIN). The campus of NIN is surrounded by lush green vegetation. They assembled in the conference hall and were given an introduction about the programme. A documentary on NIN was then shown. Through its researches, NIN has found solutions to many health problems in India. The objective of NIN is not to cure, but to prevent. The main aim of NIN is to remove hunger and malnutrition in the vast subcontinent of India. Mr. Anil Dubey, a Nutritionist who interacted with the students enabled them to acquire lot of knowledge on nutrition. He motivated the students to lead a healthy, hygienic and happy life. The students visited the museum and then returned with lots of knowledge on nutrition.

The Technology Aficionados

Infosys, Hyderabad Development Centre conducted a workshop to develop the software skills of the students. The main objective was to enhance the basic computer skills of the students and help them to get hands on lab experience. Sumanth Penta and Gandhari Vivek of class IX participated actively in this workshop and were tutored in HTML concepts, using Excel as a backend support system and ways to developing a website.









'Health and Adolescence' workshop

A 'Health and Adolescence' workshop was organized for the girls of classes V to VII in December, 2013. The Resource person was Ms.Srinidhi from the Asmita Resource Centre for Women, an organization that has been promoting Girl Child Rights and Education for the past 17 years. The workshop aimed at raising awareness related to puberty and encouraged students to voice and discuss concerns that arise in young minds pertaining to the emotional and physical changes their bodies undergo during the adolescence.

The workshop was divided into three sessions. The first session began with a short film which focused on social evils in the society. The main issue which was addressed was that of child marriage. The second session was a discussion on how the film was perceived which included which included an interactive session wherein we put forth our views about the issue. The third session highlighted on all the safety measures to be taken to avoid falling prey to of such incidents.







Teaming up with Axis Bank

To mark the day of Vanamahotsav, a few employees of Axis Bank, Jubilee Hills visited the school to plant saplings to spread awareness on the need for trees in today's world. The students of class VIII, along with the Jubilee Hills Axis Manager, Ms. Sangeetha and the Vice Principal, Ms. Padmini planted saplings in the school ground. The Management of Axis Bank thanked the school for giving them an opportunity to spread awareness in students. The students were happy to help them as a part of the Vanamahotsav celebrations conducted in the school premises.









Internet-an ever expanding medium; CDAC Workshop

The students of classes XI & XII were given an opportunity to attend a workshop by Tec IT-professionals, Ms. Om Aarathi and Mr. Shashant Bajpai from C-DAC. The workshop was based on spreading awareness about the constantly increasing rates of cyber-crime in the world. Special emphasis was given to social engineering, phishing and tab napping and the illegal ways of obtaining personal information from the Internet. The workshop also enlightened the students about different Layer-wise attacks and other more malicious softwares. Various types of Identity thefts were demonstrated to us through real-life examples on skimming of credit cards and other personal bank information of certain denizens.

The students were also advised to refrain from providing personal information to any unknown, insecure and ambiguous website, or basically any website for that matter. Since, internet is an ever expanding medium; to stay safe in this virtual environment a strong password was highly recommended by the professionals. The workshop was very informative about the mysterious and insecure global network of computers called, The INTERNET.







Learn the right way

A Dance workshop was conducted on $25^{\rm th}$ November 2013 for the students of classes VI to X in the school premises. The Resource Person was Dr. Sumitra Pardhasaradhy from Radhika Music and Dance Academy, Dilsuknagar.

The main objective of this workshop is to encourage more students to opt and know what dance is.

Various forms of dance

- Kelika
- Yakshaganam
- Folk dance (Lambadi)
- Temple dances or Spiritual dances
- Different classical dances of India

How to differentiate between Ancient and Modern trends of dance.

The Loka Dharma and Natya Dharma were depicted so as to make the students understand how an artist must present herself/himself in different areas such as in performance, seminars and examinations etc.

❖ To safe guard our culture and tradition

How to safe guard Indian culture and tradition and develop and create new things in dance keeping our old methods of teaching in mind was also elucidated clearly.



FIRST AID WORKSHOP

Helping People

On 30th September '13, Dr. Ranjit, Dr. Praveen, Dr. Imran and Dr. Vedalata from Apollo Hospital, Jubilee Hills conducted a workshop in the school premises to spread awareness about first aid and its importance. The students of classes IX and X were taught the steps that are to be followed while rescuing a person during a medical emergency through demonstrations with the help of models.

After the explanation about Cardio Pulmonary Resuscitation (CPR), the students had an interactive group session. A few volunteers were asked to try doing CPR on the model with the guidance of the Doctor. The session was very informative and inculcated confidence in the students to help people who are in danger in the right way and at the right time.











Igniting Minds Learning through Natural Process

The 'Igniting Minds programme' was held on 22nd October in the school to promote Science Education among the students. The students of classes VI to VIII had an opportunity to talk with three Scientists via Skype using a program called 'A-View'.

Mr. G. Madhavan Nair, the CEO of ISRO (Indian Space Research Organization) said that ISRO would be launching an orbiter to Mars in 2018 to take photographs and create maps of the surface of Mars. He also said that he would be happy if the curriculum today, which he called exam-oriented, would be made more child. Mr. Anil Kakodar, CEO of National Atomic Commission of India said that the imaginative thinking of children should be inculcated right from childhood so that it can be taken forward by them as grown-ups.

Dr. Vijay Bhatkar who is best known as the leading architect of India's National initiative in Super Computing said that any fear of the subject Science should be avoided. The students had a fun filled and informative question-answer session with Dr. Lalitha, Scientist. All the scientists gave a valuable message to always try and overcome the obstacles in the way of realizing one's dreams and to pursue goals which would benefit humanity.



workshop 'Gender on Sensitization'



A "Gender Sensitization" workshop was organized for the students of Class X on the 11th and 12th of November 2013. The workshop was conducted by "Asmita Resource Centre for Women", an NGO that has actively been involved in campaigning for a gender free society for the past 17 years. The school counsellor Ms. Aarti, emphasized upon the need for gender sensitivity among youth for a better and safer society. She also said that sensitization towards gender should start from an early age.

The workshop aimed at raising awareness on gender issues and boys and girls to shed off prejudices to be better human beings in the future.

The half-a-day workshop was led by Ms.Srinidhi, a gender specialist who had prepared the training material in a way that engaged the audience with the specificities of gender issues. The



workshop started by addressing the basic definition of gender and how the term often gets intermingled and confused with sex. Once a basic understanding of gender was established among the audience, the speaker adopted an active participatory approach involving participants in dynamic exercises and brainstorming sessions. The videos shown during the session beautifully illustrated how boys and girls are unknowingly conditioned from a very young age that makes them pick up and internalize gender roles. The Social Concept of Gender was discussed in detail, which relates to both males and females and not just women with plenty of examples. Participants learned through various examples how the social concept of gender furthers the erroneous positioning of women, as opposed to men, into specific realms that are claimed to be suitable for their respective natures. This in turn assigns automatic roles and imposes certain expectations on both sexes based on inadequate social beliefs.

Participants were led through various debates that revealed how the passive distinction between men and women based on gendered notions has oftentimes resulted in increased levels of poverty, poor economic performance, high incidents of HIV/ AIDS, and inefficient systems of management and governance.



The workshop also underlined the importance of gender equality as a means to achieve and sustain democratic governance. The need to develop a society free of violence through gender sensitization was highlighted throughout the workshop.

The speaker also mentioned that it is absolutely necessary for parents to challenge gender stereotypes, but unless the rest of the world joins in, children are going to be faced with gender stereotyping which is likely to affect both men and women and in turn hinder growth and progress.

The workshop successfully managed to trigger key gender issues that had been imperceptible to many participants. Educational and training material was offered to participants towards the end of the event to enable them to use them for future reference.



A Seminar on 'New and Emerging Careers'

The 'New and Emerging Careers' seminar was held on 29th October, 2013 in the mini auditorium for the students of Class XI and XII. The objective of the seminar was to increase students awareness regarding the plethora of career options that are viable in today's world in addition to the more traditional options. Ms. Aarti.T, the Student Counsellor welcomed the participants and emphasized upon the need for Career Counselling Programmes to increase awareness and provide exposure regarding new and emerging careers which are proving to be viable in today's fast changing society. She also briefly spoke about today's generation having endless potential and talent which needs to be harnessed in the right direction to achieve incredible results. The participants were briefed about how 'Career talks' help in shaping students' careers and choosing a career with passion will certainly guarantee success.

Ms. Maya Aripirala, Career Counsellor and Head of Business Development at the PAGE Academy who has a teaching experience of over 15 years at Wesley College conducted the seminar. She emphasized on some of the less treaded career choices and future prospects. Ms. Maya spoke about choosing a career according to interest and capability and then pursuing the same with conviction to achieve success. She emphasized on students evaluating their inherent strengths by attending counselling sessions to help them opt for careers that suit them best. Ms. Maya Aripirala also spoke about relying on Psychometric Tests to substantially understand one's own interest and skill while choosing a career. Emerging careers such as Product design, Criminology, Gaming, Marine biology, Oceanography, Cryptology, Health and nutrition, Image consulting, Social media marketing, Ethical Hacking, Web designing, Search engine optimization, Search engine marketing, Airline/Airport management, Chocolate making, Photography, Cosmetology, Photo Journalism were some of the out -of -the -box careers that she discussed with the students.

The second half of the seminar focused on conducting an aptitude test for the students of Class XII. Results were made available the following week and students were given the opportunity to discuss their individual results in one on sessions with Ms. Maya and Ms.Aarti. Students were given time to discuss concerns and address queries pertaining to some of the career choices that were not discussed during the session. Students were inquisitive to know about the deadlines and specific colleges that offer courses of their choice.







Let's Listen -A workshop on 'sound'

The workshop was based on the topic 'sound' conducted for all the sections of class VIII. It was very well organized where the children could relate the topic in their syllabus in practical approach. Various activities were well demonstrated which included as how sound is produced, how the sound wave travels, the types of waves produced using slinky, applications of ultrasonic's like SONAR and other related topics. Children performed the activities with lot of interest and enthusiasm and were able to relate the concept with a better understanding. The session was very interactive where in the facilitators were questioning the children and also clarifying their queries. On the whole the session was an interesting one.



Science Training Programme - An Initiative

The Agasthya foundation conducted a science training programme on 6^{th} Dec 2013 for the students of classes VII to X.

The following models were brought, demonstrated and explained:

- Photovoltaic effect-Conversion of solar energy directly to electricity.
- Working of body spray-One plastic tumbler with water and two straws placed perpendicular to each other by blowing air through one end of straw placed in water .Water sprays out through the other straw.
- Paper cup with hole-Through the hole a twine thread is passed, pulling and pushing the thread produce loud soft sounds.
- Pressure and Density:It consisted a bottle filled with water upto the brim.There was ink dropper persent inside the bottle.When pressure was applied on the bottle water goes into thr dropper filling upto 75%. Water increases the density of the ink dropper and it goes down.

- Persistence of vision:This model had two pictures stucj to the stand ,horse with saddle and a man.When this was rotated it appears as if the man is on the horse.
 Retina can retain the image for i/16th of a sec.
- Solenoid and magnet- Electricity is generated while passing a magnet through the solenoid.
- Sound production through flexible spiral pipe –by rotating the spiral pipe sound can be heard.
- Optical illusion-Light is required to see the images. Well illuminated objects produce sharp images. Rabbit and peacock were alternately illuminated.
- Lateral inversion of the images found by the plane mirror. Looking at the images of the numbers formed by the plane mirrors visitors are expected to write.
- Ring of copper wire and circular magnet to prove electromagnetic effect on passing current through the copper wire magnet displaces.
- Pinhole camera-To show real and inverted images
- Inertia-Coin placed on a tumbler covered with a card board that has a coin on it on flicking the card board the coin falls into the tumbler.
- Another example of law of inertia is missile launch
- Newton's cradle-for law of conservation of momentum.
- Double displacement reaction-Pottasium iodide and lead nitrate reaction was shown.
- Model of human body-Function of different organs was explained.







ENHANCEMENT PROGRAMME FOR TEACHERS



ASL and OTBA Workshop

A workshop on ASL and OTBA was conducted by Oxford Publications on 16th December '13. Ms. Vandana and Ms. Farheen attended the workshop.

The workshop commenced with a brief introduction of Ms. Gayathri Khanna (she is an Academic Coordinator and consultant, CBSE). Ms. Khanna described the changes in the CBSE system of evaluation.

ASL (ASSESMENT OF SPEAKING AND LISTENING SKILLS)

The format for ASL was discussed. It has to follow the following format. The topics have to be preplanned in the Ice breaker (30 seconds) general questions like "Where do you stay?","Do you have many friends etc. are asked." This is followed by the presentation. Each child is allowed to ask the other a question. Then the teacher

asks questions. This is followed by the problem solving task. The students read and discuss it together. The prompts have to be positive.

OTBA- Open Text Based Assessment

The Central Board of Secondary Education has decided to introduce an element of Open Text- based Assessment for classes IX and XI in the March, 2014 Examination. These are meant to incorporate analytical and theoretical skills, thus moving away from memorization.

- It will be applicable to all the main subjects.
- This will be a part of Summative Assessment II to be held in March, 2014.
- The Schools will be supplied with textual material a few months before the commencement of Summative Assessment II

Depending on the text material/case study supplied to students, the answers will be assessed on a set of assessment rubrics showing the extent of which students were able to do the following:

- (i) Understand and apply the concepts to the situational problems.
- (ii) Suggest and bring out appropriate solutions/s to the problem/situation.
- (iii) Come up with innovative opinions/ suggestions.
- (iv) Deep analysis based on a wide range of perspectives

A Diagnostic assessment was suggested, which means changing the methods of teaching which should be followed by a feed back and a feed forward. If 20% of the students go wrong in one concept they should be given worksheets, if it is between 20-50% then they need remedial teaching. If more than 50% go wrong, the concept has to be taught again.

The workshop concluded with a Question and Answer session which was informative.

Math Workshop

A workshop on 'Top strategies for Math Success' was conducted on 2nd December,2013 by Dr. Duriya Aziz, Vice President –Education ,Scholastic International. Mrs Prasantha Sandhya & Mrs Harita, Dept. of Math attended the workshop. This workshop focused on a world class programme that develops Mathematical thinking and problem solving skills based on the innovative and effective teaching and learning practices of nations that are global top performers in Mathematics.

- ➤ Key areas discussed in this session were strategies and approaches to teaching mathematics. (concrete → pictorial → abstract).
- > Talked about survey reports of TIMSS (Trends in International Mathematics and Science study) and PIRLS(progress in International Reading Literacy Study) of different countries.







Workshop on CCE

A workshop on 'Facilitating the Implementation of Formative Assessments in the Classroom'. 'was conducted on 2nd December,2013 by Dr. Vaishali Gupta, Oxford University Press. Ms.Lavanya and Ms. Kamini Latha , Dept. of Science attended the workshop. The main aim of the workshop is how to implement CCE in the class room how to assess the students.

The three areas of concentration were-

- I phase Observation (Beginning of the semester)
- II phase Experimentation (During the teaching)
- III phase Work sheets (After the teaching)

Key points of the work shop:

- Dr Vaishali Gupta expressed her views about current CCE pattern.
- She stressed the need for the implementation of CCE guidelines.
- She explained different ways of assessing students which include

- questioning, critical thinking, problem solving and higher order thinking skills (HOTS).
- She explained the need for the improvement of formative assessments by 3 phase method.
- She divided the assessment of formatives into 3 phases.
- She has explained a particular objective in each phase.
- First phase was mainly to test the observation skills of the student by providing the situation like nature walk. In this the student's observational skills, analytical skills, scientific temper, leadership skills, team work, group activity etc. can be assessed.
- She provided a worksheet to note observations on the nature walk. This activity provided the information of other interlinked subjects like Math, social for interdisciplinary projects.
- The second phase was to check the student's experimentation skills. Here the student groups work actively to perform the experiments with the help of the teacher. In this, the student's experimentation skills, grouping and sorting, observational

- skills, analytical skills, values, leadership skills, team work, etc. can be assessed.
- She explained the importance of providing learning opportunity to the students. She stated that it would be very effective while teaching the lesson.
- The third phase was to check the student's applicative skills.
 The students will be provided a worksheet after the completion of the chapter. It consists of various ways of questioning to assess the students, like crossword, relate the words, mapping, story writing etc., to test their critical and analytical skills.
- She instructed the teachers to allow the students to question for better comprehension of the topic.

The work shop gave an idea on the implementation of CCE in the classroom to assess the students for formative assessments. It helped the teachers to understand the importance of CCE activities in the regular classes. Teachers learnt the effective way of implementing CCE in the class room utilizing various activities.

Student's Global Aptitude Index -Workshop

Ms. P. Kanchana Valli (Social Science Dept.) attended the Student's Global Aptitude Index workshop for class X conducted at D.A.V. Public School, Safilguda on 19th September '13. The resource person was Ms. Rajini from D.A.V. Public School. The main theme of the workshop was SGAI Advocacy cum Orientation Programme. The objective was to encourage more students to opt for SGAI and to Conduct similar Orientation Programmes at School level to encourage students.

The discussion involved academic choices and career action planning for adolescents. Teachers were asked to sensitize parents towards SGAI and to persuade students to opt for it. The importance of planning based on aptitude, interest, personality, motivation and resources available was highlighted. Teachers were advised to counsel, help and guide the students. The session included lots of group activities and ended on a positive note.





CCE & FA training programme

CBSE organised a training programme for teachers on 21st September '13. Ms. Deepa Mathur and Ms. Uma Ramana Murthy participated in the training session. The guests of honour were Dr. Vineet Joshi and Dr. Sadhana Parashar, CBSE. The resource persons were Ms. P Rajeswary, Education Officer, CBSE and Ms. Vasanthy Parasuraman, Principal, Maharishi Vidya Mandir. The Principal, CHIREC Public School, Kondapur welcomed the guests and participants. The morning session of the workshop started with the lighting of the lamp and Swagatam song by students of a Government school. At the outset, Ms. P Rajeswary briefed the teachers on the need for CCE in the present day scenario. Ms. Vasanthy Parasuram suggested a few tasks like Role Play, Seminar, Interdisciplinary projects that can be followed by the schools for Formative tasks. She also suggested fixing charts with names of

tasks, evaluation pattern and rubrics on the class bulletin board. She insisted on schools to organise knowledge session for parents and make them aware of the tasks.

All the teachers pointed out that too many parameter-entries are becoming cumbersome. Ms. Rajeswary intervened to inform that a new set of rubrics have been framed by CBSE and would be released soon. She also informed that the revised FA manuals and open-book based manual will be made available by the end of September 2013. The major part of the afternoon session was focussed on ASL. Certificates for ASL would be awarded to students after 3 years of completion of ASL i.e at the end of class XI. The certificate will have an international value as it fulfils CEFR benchmark (Common European Framework of Reference). Ms. Rajeswary advised the teachers to be sensitive towards gender and not to have any bias for a healthy class room environment. Ms. Vasanthy concluded the session with stress on integrating value education with regular class room teaching.

Workshop on 'Transdisciplinary Projects'

An orientation program on" Transdisciplinary projects "was attended by Ms. Kanchana Valli and Ms. Anupama Rao on 10th Ocotober 2013, at Meridian School, Banjara Hills. It was one hour program conducted by Ms. Shubhangi of Oakridge International School, Newton campus. She explained that the transdisciplinary project goes beyond the exact sciences and is an amalgamation of Sciences with the social sciences, as well as with art, literature, poetry, dance, music and languages. She stated that transdisciplinary project should connect the students to the real world. She went ahead and explained about Disciplinary, Multi disciplinary, Interdisciplinary and Transdisciplinary projects.

- Disciplinary projects: Physics; History; Psychology
- Multidisciplinary projects: Physics and History; Biology and Architecture
- Interdisciplinary projects: Biochemistry; Ecophilosophy; Astrophysic

- Transdisciplinary projects: Focus on an issue such as pollution or hunger both within and beyond discipline boundaries with the possibility of new perspectives.
- She suggested that all subject teachers need to sit and plan for the topics that would benefit students the most. She insisted that a topic from the curriculum is chosen and connections can be made to other subjects. She advised that the students would benefit by trans disciplinary project only when we focus on the topics given in the curriculum, have collaborative planning and wise implementation of the chosen topics.
- > She divided the teachers into a group of eight and gave a topic "land forms". The teachers were asked to make a list of possible projects. All the teachers discussed within the group and made a list of projects. The list of projects was shared and discussed by all the teachers.

Attending this program helped us in recognizing various ways of choosing the topics and the actual method of implementing Transdisciplinary projects. This program was appreciated by all the teachers as these types of projects would benefit the students more and they gain more by doing less.









Reviving education by implementing active and guided inquiry experiences in Science, Technology, Engineering and Math

Pogil Workshop

(Process oriented guided inquiry learning)

An international three-day workshop on "Reviving Education by Implementing Active and Guided Inquiry Experiences in Science, Technology, Engineering and Math" was held at VNR Vignana Jyothi Institute of Engineering and Technology and supported by IIIT, Hyderabad exposed teachers to new teaching methodologies. It was conducted from 5th to 7th August, 2013. Eight teachers from JHPS and lecturers, Asst. Professors and Professors of VNR College participated in the workshop.

The workshop's main focus was on orientation through enhancing teaching and learning Science, Technology, Engineering and Math and introduction to Process Oriented Guided Inquiry Learning (POGIL).

The workshop was conducted by-

- · Cliffton Kussmaul of Muhlenberg Collage, USA,
- Daniel Libby, Professor from Moravian Collage, USA
- Dr.Kelly Butler of Chestnut Hill College, USA who are experts in this Pedagogy and were invited by Ms. Sandhya Kode, Managing Committee Member, Jubilee Hills Public School to help, teach, guide and implement POGIL in the school.

The workshop concentrated on the following quarters

CLASSROOM FACILITATION- The participants were given an opportunity to improve their facilitation skills through facilitation, observing and reflecting on the student experience in a POGIL classroom.

The participants were able to

- To identify how different facilitation strategies impart the effectiveness of implementing POGIL activities.
- Describe how different perceptions of a classroom i.e. student, observer and facilitation provide different insights into the learning process.
- Explain successful facilitation techniques based on hands-on observation.
- > STRUCTURE OF A POGIL ACTIVITY- It is an introduction to the



essential characteristics and structure of POGIL activities.

The participants were able to

- Identify the basic components of a POGIL activity such as a model and critical thinking questions.
- · Organize questions in an activity according to the following types
- · Directed, Convergent or Divergent.
- Classify questions in a 'Learning Cycle ' according to the following types-
- Explanation, Concept Invention and Application
- WRITING A POGIL ACTIVITY To study the value of developing content and process objectives for POGIL activities and create a draft on outline of an activity.

The participants were able to

- Write a process objective for a POGIL activity and identify techniques that can facilitate development of process skills in the classroom.
- Write a POGIL activity focused on specific learning objectives.
- ASSESSING A POGIL ACTIVITY- To use the content and process rubrics to assess POGIL Activity for the purpose of author feedback. Participants had to review submitted activity, compare and discuss how effectively the rubrics could be used in order to give a quality feedback to the author.

The participants were able to

- Complete a set of rubrics to assess one or more POGIL Activities.
- Provide high quality and consistent feedback to the author about the action.

Execution of the Workshop

The participants worked together in groups of 3 or 4. Each was assigned a role –such as Manager, Recorder and Spokesperson. The participants worked together on the activities that were expected to reach a consensus answer to each question on the activity. All in all, the workshop was a different kind of exposure to the participants of JHPS.

The valedictory function was held on the 7th of August and the participants shared their experiences of the three-day workshop. Certificates were given away to all the participants and the day came to an end with the vote of thanks proposed by one of the professors of VNR College.

M. Lakshmi Gowri, Dept. of Social Science







TEACHER TRAINING PROGRAMMES FOR THE ENSUING ACADEMIC YEAR. (INSERVICE TRAINING) - CONDUCTED ON 7TH JUNE, 2013





Dept. of Pre Primary

Macmillan Publishers conducted a workshop to enlighten the JHKS teachers on how to go about with the books during the year. Ms. Maria was the resource person. The session proved to be very useful for all the teachers where Ms.Maria gave tips on how to make teaching a fun with interesting activities for the children. She made the session very interesting by giving examples, involving the teachers in different games and activities which can be implemented while teaching the concepts. The teaching aids were very simple and can be easily made by the teachers. She also clarified the concerns of the teachers at the end of the session.

Dept. of English

The in-service training for English department was held by Macmillan publishers. The resource person, Mr.Raju — M.A., M.Ed enlightened the teachers on innovative ways to teach English language. Activities were conducted to show us how teaching can take place through funlearning process. Teachers were asked to test their reading speed and they enjoyed this activity the most. The take-away from this workshop was the colour-coded writing technique which has been developed by Mr.Raju. Teachers were enthusiastic about implementing it in their classes. Macmillan Publishers coordinated in organizing this workshop.





Dept. of Hindi

A workshop for the Hindi Department was held on 25^{th} April '13 on the topics of N.C.F. – 2005 (National Curriculum Frame), R.T.E. – 2009 (Right to Education) and teaching Hindi Grammar. The resource person was Mr.Syed Mateen Ahmed, a state resource person for teacher training.

Highlighting the National Curriculum Frame, presided by Professor Yashpal, he explained that a child's education must be stress-free. He also put in a few suggestions to ensure stress-free education. The suggestions have been expounded as follows:

- Education must be according to the child's interests.
- Education must include sports, pictographic representation, song, music, and story, etc.
- Children should not be forced to by-heart or mug up the syllabus.
- ❖ The exams must be such that they explore the creativity of children.
- Children must be encouraged to speak in Hindi language.
- Children must always be given the chance to open up and express themselves in front of the teachers.

Mr. Syed Mateen Ahmed also shed light on the Right to Education-2009. According to this act, children must not be scolded, beaten up, intimated or pressurized mentally or physically. The workshop ended with teachers coming to a conclusion that it is their duty to ensure the over-all development of children through the knowledge of Hindi language.





Dept. of Math

A workshop was conducted for the Math Departmenst in collaboration with Macmillan publishers. The resource person was Dr.Pradeep. He suggested a few Math game websites for teachers to develop logical reasoning among children. He focused on Rangometry, which is a combination of Rangoli and Geometry. Logical reasoning and abstract thinking among children were discussed. The "SCRATCH" software was suggested to develop programming skills in children. Teachers were requested to keep themselves updated by reading latest books and getting to know about cryptography, coding and decoding etc. The workshop ended on a positive note and the teachers felt enriched.



Dept. of Science

A Teacher orientation workshop was conducted for the Science Department by Dr.Kirti J D Souza from Macmillan Publishers. Dr Kirti expressed concern about current Indian educational system and stressed the need for the improvement of the school system. She explained the need for the improvement of the syllabus and the importance of formal and non formal assessments. It was reiterated that the mindset of the parents and system of assessment should change.

Different ways of assessing student which include questioning, critical thinking, problem solving and higher order thinking skills (HOTS) were explained. The importance of classroom management was elucidated and the importance of student's involvement in the learning process was stressed upon. Teachers were requested to encourage the students to write their own answers. The work shop gave an idea on effective usage of text book. She emphasized that teaching strategies should match teaching content with student age. It helped the teachers understand the importance of cooperative learning and learning in groups. It made teachers know the importance of motivating students. Teachers experienced the effective way of experiential teaching.

Dept. of Social Science

The session started with a brief introduction of the Resource Person, Mr. M. Venkata Chari by the HOD Mrs. Prasanna Lakshmi. The topic chosen was 'Geography and its components'. He dealt with many topics from fundamentals of Geography to the branches of Geography. The second session was dealt on Indian climate and factors affecting the climate of India; and the third session was on the Cartography. This was followed by a questionnaire session.











Dept. of Computer

The Computer Science Department had their in-service training on the topic "Effective Teaching Methods and Recent Trends in Computer Science Education" The resource person, Dr. Siddhartha Ghosh was overwhelmed to see the use of I-board instead of the traditional board and chalks all the time. He shared his experiences on the best practices like use of models, use of social media, team work, contests, e-news, wall magazines and quiz which aides in effective teaching and learning. He stressed on inclusion of life skills in teaching. He emphasized on the ten 'P's which are needed for a teacher. They are Planning, Preparation, Proactive, Patience, Punctual, Polite, Passion, Project based, Provide scope to speak, space and freedom and Paper (use paper for writing, notes, models and charts). He concluded the session by saying that a teacher should become the mentor of the students as well as impart wisdom to and share knowledge with the less experienced one. A teacher has the power to change the nation and make it a better one.

Dept. of Art

In-service training program for the Art Department was conducted on 7th June '13. The topic for the session was "Portrait Painting". The resource person was Mr.J.M.Patnaik. In the session, he discussed the anatomy of face and colour treatments for painting a face. A model was selected and Mr.Patnaik drew the outline of the model on a canvas board with acrylic brown colour. He painted with light brown whenever he found light shade, and painted dark brown and merged it to get middle shade. After applying these layers, he applied the colours of yellow ocher and white for finishing touches. The workshop ended on a positive note with teachers learning a lot of tips on portrait painting.



Dept. of Music

A workshop on Music teaching methodology was conducted for the Music Department on 5th June '13 in the Music Lab. The resource person was Dr. S. Chandra Pavan, M.A., PhD in Sanskrit, M.A, PhD (pursuing) in Music. Views were shared about teaching and presenting oneself in front of students in a manner in which they understand what is being taught. He emphasized that a student cannot be made an artist by forcing or by concentrating more on students who lack in talent with regards to singing. Indian classical music is an ocean and a normal song or solo compositions should not be taught to children in a group. Teachers were asked to use 'swarasanchaaras' to create interest among students. Music should be taught in an enjoyable manner by using different learning activities like 'Swarakeli'(using swaras), 'Padakeli'(using Sahityam) etc. The workshop ended on a musical note.





Dept. of Dance

A Workshop on 'Variations of Western Dance' was conducted for the Dance Department teachers on 7th June, 2013. The resource person, Mr. Arun Kumar started with the introduction of western dance and its history. He gave a clear explanation on variations of western styles like hip-hop, jazz, free style, contemporary style etc. After the session on origin and history of western dance, he demonstrated and taught basics for different styles of western dances and gave tips for teaching children.





Dept. of Library

An in-service program on the topic "Web Resources for Teachers" for the Library Department was conducted on 7th June '13 by Dr. Venkata Ramana, Associate Professor and Head of the Library and Information Centre at JNTU. Dr Ramana started the session by appreciating the management for conducting a training session for teachers in the beginning of the Academic year, which is very useful for teachers to improve their skills. Library staff needs to coordinate with teachers and provide services for the betterment of school and the students and the ultimate goal of the library is to serve its users as per their requirement. There are few websites which provide resources for teachers of different subjects useful in their teaching learning process. Activities for students are also available on these websites which can be used by teachers. Few websites for teacher resources and for e-books were discussed through a presentation.

Dept. of Physical Education

A workshop on "Role of Sports Psychology On Performance" was conducted for the sports department by Mr.K.S.Kamalakar. "Psychology is the study of human behaviour" and Sports Psychology is the study of sports performers and behavioral changes in the sports person. Mr. Kamalakar, Professor in IIIT working as Physical Education Officer spoke about the given topic 'Role of Sports Psychology on performance and discipline'. The study of the behaviour of the sports person involves reading the players' psychological behavior, personality, feelings and emotions.

Behaviour shows personality, which reflects positive and negative emotions and pleasant and unpleasant feelings during high performance. He emphasized on motivational emotion which is classified into internal, external, progressive and achievement. He explained about negative emotions – anxiety, aggression, frustration, depression and how the teacher can help the student to overcome all these. Positive emotion – Arousal, Activation and Motivation.

For the best performance we must follow three "R's formula"

Recognize, Regroup and Refocus.

- Recognize your/opponents' strengths and weaknesses.
- Regroup to know one's drawbacks, strengthen together and to perform better,



 Refocus on what you achieve and play for fun and enjoy the game.

Play not to always win but to experience the competitions and competitors. Don't go with weak mind it's always talent that wins the game. Team work and intelligence wins championships. State of mind is very important for a player to achieve the target.

He also said that the Physical Education Teacher has to guide and impart basic training in physical fitness to make the student participate in all games. It is for the coach to teach the advance level of high performance in that field. Togetherness' and team work will achieve success.











A futuristic approach to classroom teaching

POGIL stands for Process Oriented Guided Inquiry which is an activity based strategy for teaching and learning. POGIL provides a Student Centred Methodology and structure that is consistent with the way people learn and achieve. POGIL workshops were conducted in the school in a phased manner by Dr. Kelly Butler, Dr. Daniel Libby and Dr. Cliffton Kussmaul, American Professors teaching Chemistry and Computer Science in American Universities and using POGIL in their teaching. They are experts in this Pedagogy and were invited by Ms. Sandhya Kode, Managing Committee Member, Jubilee Hills Public School as resource persons to help, teach, guide and implement POGIL in the school.

The main objective of POGIL is to help the students to master the discipline, content and develop essential learning skills simultaneously. This module explains the relationship between three primary components of POGIL: Cooperative Learning, Guided Inquiry, and Meta-cognition. It also offers advice on implementing POGIL in the classroom and provides evidence that POGIL instruction produces better understanding and higher grades compared to the conventional method of teaching.

The first phase was held on 24th July, 2013. It was a two hour introductory workshop conducted by Sandhya Kode .The teachers were told the advantages of using of POGIL in the classroom. The second phase was conducted on 3rd August. It was a four hour session wherein the resource persons viz. Dr. Kelly Butler, Dr. Dan Libby and Dr. Cliffton, assisted by Ms. Sandhya Kode and Dr. Jyotsna Cherukuri from VNR Vignan Jyothi Institute of Engineering & Technology,(VNRVJIET) guided the teachers on the following components:

- How to motivate students to learn.
- · How to use the Learning Cycle.
- Methodology to engage all the students in the class.
- The different roles that individuals play in the class during activities.

Furthermore, eight teachers went for a 3-day training programme at VNR Vignan Jyothi Engineering College. There they received personalised training to implementing POGIL methodology in classroom teaching. The teachers were excited after understanding the process of POGIL and keen to implement it by means of teaching, learning and developing activities in the class room.













POGIL workshop – A hands-on experience

A workshop was conducted on 2nd September, 2013 by the teachers who attended the Pogil Workshop held at VNR Vignana Jyothi Institute of Engineering and Technology from 5th to 7th August, 2013.

The main focus of the workshop was on orientation through enhancing teaching and learning Science, Technology, Engineering and Math and introduction to Process Oriented Guided Inquiry Learning (POGIL).

The workshop concentrated on the following areas

CLASSROOM FACILITATION- The participants were given an opportunity to improve their facilitation skills through facilitation, observing and reflecting on the student experience in a POGIL classroom.



- ➤ STRUCTURE OF A POGIL ACTIVITY-It is an introduction to the essential characteristics and structure of POGIL activities.
- WRITING A POGIL ACTIVITY To study the value of developing content and process objectives for POGIL activities and create a draft on outline of an activity.
- ASSESSING A POGIL ACTIVITY- To use the content and process rubrics to assess POGIL Activity for the purpose of author feedback. Participants had to review submitted activity, compare and discuss how effectively the rubrics could be used in order to give a quality feedback to the author.

The participants were able to

- To identify how different facilitation strategies impart the effectiveness of implementing POGIL activities.
- Describe how different perceptions of a classroom i.e. student, observer and facilitation provide different insights into the learning process.
- Explain successful facilitation techniques based on hands-on observation.



- POGIL activity such as a model and critical thinking questions.

 Organize questions in an activity
 - according to the following types-Directed, Convergent or Divergent.
- Classify questions in a 'Learning Cycle ' according to the following types-
 - Explanation, Concept Invention and Application
- Write a process objective for a POGIL activity and identify techniques that can facilitate development of process skills in the classroom.
- Write a POGIL activity focused on specific learning objectives.
- Complete a set of rubrics to assess one or more POGIL Activities.
- Provide high quality and consistent feedback to the author about the action.

EXECUTION OF THE WORKSHOP

The participants worked together in groups of 3 or 4. Each was assigned a role – such as Manager, Recorder and Spokesperson. The participants worked together on the activities that were expected to reach a consensus answer to each question on the activity.













UNLEARNING, RE-LEARNING AND SHARING

Workshops are short training sessions. The goal of such trainings is to either give the teachers new information to help them teach more effectively or to enhance and clarify information the teachers already possess. Through these Workshops, teachers are introduced to innovative methods in classroom teaching that encourage creativity and sensitivity in the child. These workshops help teachers to achieve an integrated approach to education and provide methodologies of a cultural input in curriculum teaching.

Are we 21st century teachers?

The training was conducted by Ms G. Sreedevi, Academic Director who commenced with a video clipping posing the big question - "In what way are we 21st century Teachers". Just because we use technology while teaching, does that make us 21st century teachers? The answer to this question is not in the technology we use, but in the methods we use to teach and evaluate or assess a child. The next point covered was the Formative and Summative assessments. How much of it is relevant? Does it promote collaborative thinking? Are we making the students analytical and do critical thinking? Are the papers we are setting challenging or easy? Then she went on to discuss about the standard of the question paper. Question paper should be set according to what a child of that level is supposed to know and do. Standard should be based on the performance of the child. Another point that was stressed was about standard referencing. This should be done based on the child's earlier performance.

The report of the meeting for CBSE Heads of school held at Chennai (Steering school to a School based Assessment) was discussed. The views of various members were shared with all present in the programme. Numerous questions were put forth to see if we were incorporating it in our lesson plans, classroom interaction and assessments. Questions like- Are thinking skills done

against a system? How many of us are having tasks promoting thinking skills incorporated in the lesson plans? Are we setting a task for judging their learning? The difference between Teacher enhanced assessment and evidence based assessment was discussed. While using evidence based assessment, we should let the child become accountable for his/her marks when submitting assignments and set fixed deadlines.

Some of the qualities that a 21st century teacher is lacking were enumerated.

- Teachers should be taught the skill for assessment.
- 6 nos. of teachers should sit and make a question paper.
- Teachers should be in the frontline to speak to parents.
- No ranking of students. Change marks culture.
- We should make question paper first then lesson plans and explanation. Objectives need to be put in every question paper stating the reason for testing or what is being tested.

- Comparison of the child should be done with his/her previous performance.
- Alignment of the assessment with curriculum
- Course readiness (intellectually ready) – ensure to see students are intellectually ready for a particular class level.
- Lack of thinking and analytical skills. (according to PISA, India ranks 2nd last)

Further, she went on to speak about the global trends in assessment.

- We should move from exam based system to school based assessment
- From normal referencing to standard referencing
- Towards use of technology to a large extent
- A systematic and rational approach to collecting and interpreting available evidence
- To reform decision making process.

Finally the programme concluded with main focus being on setting of question papers which would be challenging.







A Report on BOSS LINUX Workshop

Jubilee Hills Educational Society in association with Centre for Innovations in Public Systems (CIPS) organized a two day workshop on "BOSS LINUX" by Centre for Development of Advanced Computing (CDAC) for the teachers of Jubilee Hills Public School and A.P Government officials on 21st and 22nd February, 2014 in the Jubilee Hills Public School premises.

The programme started with a prayer. The Principal, Ms. M. Varalakshmi, Jubilee Hills Public School welcomed the gathering. The founder Director of CIPS Sri D Chakrapani in his introductory speech said that learning is a never ending process and that CIPS has taken the initiative to develop a Global Knowledge Hub to exchange the best practices across the globe. He motivated the teachers to be continuous learners as they are the ones who impart education to the future generations. He also thanked Jubilee Hills Education Society for hosting this programme.

Ms. K. Indraveni, from CDAC gave a briefing about Bharateeya Operating System Solutions (BOSS LINUX). This software is a Free and Open Source Software(FOSS) where the end-user is free to run, modify, execute and distribute the software. The other executives from CDAC gave a hands-on experience to the teachers over the next two days. On the first day, they demonstrated the process of installation, use of various desktop icons, applications available in the operating system, etc. On the second day, CDAC professionals presented a comparative analysis between Microsoft Windows and BOSS LINUX. The following were the major points. The professionals also demonstrated the use of LIBRE Office and EDUBOSS which were quite useful for teachers. In the afternoon session teachers had the practical session and the executives cleared their doubts. The teachers felt that it was an enriching learning experience.

Aligning Yourself to the SchoolVision–ATeacher's Day Out

The Jubilee Hills Skill Development Centre conducted a workshop on 'Aligning Yourself to the School Vision – A Teacher's Day Out' for the teachers on 3rd June '13. The resource persons were Mr. Cherian Thomas, Mr. Meghdoot and Ms. Miny Rachel who conduct leadership workshops, professional skills workshops and sales trainings across the globe.

The main objectives of the workshop were to

- Discuss the key role we play as teachers.
- Discuss the key values and vision of JHPS and their impact on the teacher and the student.
- Discuss the importance of giving and receiving feedback and its impact on the students, parents and teachers.

The welcome address was given by the Academic Director Ms. G. Sree Devi. The workshop began with a fun filled warm up game wherein teachers were divided into 14 groups and asked to follow the instructions given and enact accordingly. The main objective of this activity was to create noise and have fun; at the same time learn the principles of being open minded, team work, sharing information, etc.

The next activity, "The Flip Chart Activity" was conducted with the objective of discussing and listing out the qualities of the best-teacher, a could-be-better-teacher and self analyze. The Chairman, Sri A. Murali Mukund's advise to work as a team and live up to the school's values and vision was elicited through a puzzle-forming activity in which teachers were asked to assemble puzzles that put forth the importance of interdependence. Feedback giving and receiving was discussed in detail. This module elaborated that feedback should be given based on behaviour and not on inferences. Importance of giving and receiving feedback was explained in detail.

The session ended with an inspirational video eliciting on focusing the small things that will bring about the major changes aimed at. The vote of thanks was given by Ms.Suneeta Roopchand, Academic Coordinator.









Communication to motivate students

On 20th February 2014 Ms Durga, Senior Headmistress and Ms. Lakshmisri, Primary Head Mistress conducted a workshop on Communication to motivate students. The key objective of this workshop was how we should communicate to motivate students towards learning experiences. At the onset of the workshop, hand outs were given to all the teachers present and they were asked to honestly make a choice from the options given.

Then, the audience were divided into groups according to their respective departments and asked to list out ways of motivating students towards learning a subject. After having a group discussion each department put forth various methods adopted or to be adopted for motivating the children. Some of these suggestions were very interesting, innovative and informative.

After this, Ms. Lakshmisri madam presented a PowerPoint presentation on how beneficial it was to motivate children through communication. Communication to motivate children facilitates learning and makes ones presence felt in the class. How we speak is more important than what is spoken. We should know



how to modulate our voice in different situations. Body language also plays a vital role in a teacher's life. A teacher should be is enthusiastic, patient, fair, appreciative and approachable. They should use positive reinforcement to encourage a child. A teacher should know how to keep the children cheerful. Sometimes it's good to give the child the power to make choice. This helps them to exercise their rights thus building their self confidence.

Thus the workshop concluded on the note that communication should be used effectively and how beneficial it is in motivating a student.





Gender Sensitization

A workshop on Gender Sensitization was conducted for the teachers by the school counselor Ms. T. Aarthi. The main aim of the workshop was to enable teachers to break free from the gender stereotypes bias and help contribute to making a liberated society. The workshop also underlined the importance of gender equality as a means to achieve and sustain democratic governance. The need to develop a society, free of violence through gender sensitization was highlighted throughout the workshop.

It was also mentioned that it is absolutely necessary for parents to challenge gender stereotypes, but unless the rest of the world joins in, children are going to face gender stereotyping which is likely to affect both men and women and in turn hinder growth and progress. The workshop successfully managed to trigger key gender issues that had been imperceptible to many participants. Teachers were asked to identify gender sensitive lessons being taught in any subject. The workshop was thought- provoking and left the teachers probing on this less dealt issues.











Identifying Learning Disorders

The Jubilee Hills Skill Development Centre conducted a workshop on 'Identifying Learning Disorders' for parents and teachers on 9th Nov '13. The resource person was Ms. Afshan Jabeen a Professional Counsellor, Academic Consultant, Trainer and Dyslexia Specialist. She heads Ripples-Center for Enhanced Learning, a place where she brings new dimensions to learning.

The main objectives of the workshop were -

- · The definition of Learning Disability
- Information on how a student with learning disabilities presents himself in the classroom
- Information on how learning disabilities affect a student's performance in the classroom



Strategies and techniques to support students with learning disabilities in the classroom

Ms. Jabeen gave an insight into Learning disabilities and said that they were sometimes referred to as "invisible disabilities" because young children with learning disabilities don't usually look, talk or behave differently. Only on very close examination, one will be able to identify that they might not have the same vocabulary as their peers, or have difficulty making and keeping friends, or they act inappropriately at times. No two people with a learning disability are the same.

Our society is still reluctant to accept learning disabilities as legitimate. Due to this ,one may encounter attitudes that reflect lack of understanding of learning disabilities, and as a result, lack of support to work with children having learning disabilities. She said that unless the school and parents come together and help the students, change will not occur.

The workshop ended with an informative question and answer session in which parents and teachers voiced their concerns about identifying and working on learning disabilities in a child.





Yoga Workshop and Stress Release Session

The JHSDC conducted a workshop of Yoga and Stress Management where the entire staff enjoyed the event. This workshop was presented by Sri Srikanth, a yoga guru and faculty member of a reputed yoga institution. He presented the concepts of yoga and its effects on stress. He presented the research side of yoga in the most elegant and amazing manner. He began with how yoga can help counter stress by giving examples from Paranjali Yoga Sutras and quickly moved to showing us various asnas to be followed for various ailments. He emphasised on the fact that we need to focus on the specific problem to overcome it.

After the yoga practice session, Ms. Aarthi, the counselor at Jubilee Hills Public School enlightened us on the effects stress has on our lives and gave a few tips on overcoming stress and effective ways to release stress without affecting people in our lives. She insisted on a healthy balanced diet and proper sleep to get a fresh perspective of our challenges. The staff definitely felt relaxed after this session.





A workshop on Assessment and Making of Question Papers

A workshop on Assessment and Making of Question Papers was conducted on October 30, 2013 as a part of STEP by the Jubilee Hills Skill Development Centre.

The following points were discussed during the workshop

- Objectives to be decided before making the question papers.
- Teachers to judge the students professionally and not emotionally
- Teachers not to give surprise tests. Learning worksheets to be given after prior intimation.
- Teachers not to have preconceived notions and static judgment.
- Assessment sheets to be made before lesson plans.
- Teachers to make question papers first and then work upon the teaching process.
- Rubrics for assessment to be decided upon for testing the students.
- Teachers asked to be fair in conjunction without being demanding.
- Results to be given within three days of conducting the test.
- The level of difficulty of the questions to be increased gradually in the question paper.
- Students to be given a chance to improve their projects.
 Teachers to return the projects to the students for improvement of the same.

Incomparability belongs to those who take responsibility

On 7th Feb, 2014 a workshop was conducted by the Academic Co ordinator, Ms Suneeta Roopchand. The main aim of this workshop was to focus on the importance of Responsibility. Responsibility is



- Practice to be given for Open Book Test Assessment.
- Students to be given multiple choice questions for practice.
- Concept to be explained thoroughly before giving HOTS questions for Summative Assessments.
- Learning worksheets to be used for obtaining feedback which is important for gauging the performance of the students.
- Good answers to be put up on the board for other students as well as in bank of sample answers.
- Immediate/Constructive feedback to be given to students based on their performance.
- Deviations in syllabus allowed till class VIII if the teacher has to give extra time for a particular topic.
- Students to be located on the development continuum.

The workshop concluded with a Question and Answer session which was informative.



being accountable for the outcome of our actions and behaviour. A video was screened as an icebreaker, portraying a satire on the life of a teacher.

A presentation was shown covering the following points:

- Responsibilities as a teacher
- Personal growth and what we can accomplish
- Responsibility whether we like or not and how we can change our attitude
- Accountability We are solely responsible for our choices

Hand outs were distributed to participants wherein they were asked to complete a questionnaire on accepting personal responsibility. The questionnaire was to ascertain and understand the importance of both the collective and individual responsibility. This activity enabled teachers to express their views about accepting responsibility and setting the goals to achieve it and analyse the outcome for corrective measures.

A slide was shown about Victim Talk versus Creator Talk. Teachers were asked to pick up any three statements of their choice from the victim talk and change it to the creator talk and explain to what extent they agree with these statements, why they are important to them and how they have related them. Few questions were asked to learn about wise choice process.

The workshop concluded with a famous quote -"Be the chess player. Not the chess piece." Power belongs to those who take responsibility. It flows to those who claim and accept it.



Communication and listening skills

The first workshop (14/2/14) commenced with Mr. Ron welcoming the participants and explaining the objective of the workshop which was listening and vocabulary building. He then went on to divide the participants into twenty groups each having one English Teacher among them. A number of picture clippings were shown and questions related to those pictures were asked elucidating specific answers from the audience. This activity helped us enrich our vocabulary. Next a slide consisting of some questions were shown. These questions were related to the audio clip that he was about to show next. It was done so that we could look for the relevant information when the audio clip was being played.

After having heard the audio clip, the groups had to answer the questions comprehensively and read them aloud maintaining proper pronunciation and grammar. Synonyms of certain word were also asked during his session to enrich our vocabulary. The participants participated actively giving various responses. The workshop concluded with Hot Seat-a fun activity where a volunteer had to sit with his back towards the board and try to recall the word using the hints given by the audience.

In the second workshop (19/2/14), some strange laws were proposed before the audience and they were asked whether these laws were existed or not. The same activity which he had conducted

earlier was repeated but the content was different. Here the topic was related to use of mobile phones for texting while walking. The accidents that arose due to this habit in some countries were also cited. New terminology was introduced through related words or pictures. The American and British English words for common things were also discussed. The participants enjoyed the workshop and this could be seen in their participation. The workshop concluded with the fun activity – Hot Seat.



Stress Management

The session commenced with Dr. Sai Laxman, MBBS, MS (Ortho), KIMS, Kondapur being welcomed and presented a bouquet before he was called onto the podium to enlighten the audience about what is Stress, the causes and ways to manage it. He began by asking everyone present the key question- What is Stress? Stress was caused when the pressure was more than our resources. He went on to say that stress was good in one's life. It gives us that little adrenaline rush that one needs in life. The point of concern was how one reacts to stress which could be fatal at times.

He enlightened us on the various types of stress like general stress, cumulative stress, auto traumatic stress and post traumatic



stress. He compared the strategies we adopted earlier and those adopted now. Earlier we used to fight stress and ultimately suffer a fatal heart attack or some other calamity. Present day we try to identify the cause for the stress and adopt means to work it out by asking for help from experts or undergoing counseling. Nowadays people are more aware of ways to keep fit and healthy and also know how stressful their professional lives are. They are always looking for means to de-stress so that they can perform better in their respective fields which are at times very demanding.

Dr. Sai Laxman went on to give us some useful tips on the Ways to Manage Stress:

- ➤ Do breathing exercise. We should learn to breathe properly and practice these exercise every day for 15 times for 1 minute. This exercise helps us to become mindfully aware of our body.
- Meditation also helps us to de-stress or relax. Yoga helps build self confidence and increases the body's productivity. Other forms of exercise are Tai-Chi. Exercise for 20 minutes 5 times a week.
- Eat healthy and at regular time intervals. Avoid caffeine, sugar, nicotine, etc.
- Sleep properly for atleast 6-7 hours a day at a stretch.
- > Avoid Dread/fret/worry- DON'TLOOK FOR THEM.

Good Planning involves:

- > Learning to manage anger.
- > Rethink a situation and learn to be more flexible.
- Keep your sense of humour.

He concluded the workshop on the key note-Balance is the only way to a stress-less life.





Regular pursuit of a hobby is an integral part of the school's curriculum. Ample time is provided to each child to discover his/her sphere of interest. Effort is made in moulding and sharpening interest to enable a child to further excel in it. Students are given a chance to develop aesthetics, sharpen sensibilities, channelize their energy and ignite interest in various co-curricular activities.



DEPARTMENT	EVENTS	CONDUCTED ON	CONDUCTED BY	POSITION
Quiz	Quiz competition	1 July 2013	Derek 'O' Brien	Class VI participated & won gold medals and certificates
English & Art,	Balotsav interschool competitions	19 July2013	Howard Public School	Lisa Kuntia-VII secured first place in Metamorphosis (English) Simran –V secured consolation prize in Art
Quiz	Horlicks Wiz kids quiz	23 July 2013	Satya Sai Nigamam	• Faheem, XI secured I position in Little Chef Competition.
Quiz	Quiz competition	17 Aug. 2013	Hillside Academy	D.Kamala JIII Sri Sindhu Gunturi JIII Prasanna Kalyan JIII secured II Position,
Quiz, English,	Quiz & Debate	22 Aug. 13	Oakridge International School	Siddaarth Chowdary XI Shaina XI – secured the second position Monika Munnangi XI Harshita XII secured the second position in Quiz
English	Debate/Speech	10 Sep. 2013	Ramakrishna Math	B. Simren & Faheem Siddiqui , XI got selected for the semi finals round.
Social science	Geo map Quiz	7 Jan. 2014	GEO MAP SOCIETY	Viren Dayal VIII Ashutosh VIII Secured the IV Place
Art	Painting	18 Oct. 2013	Dept. of Police at Jawahar Balbhavan, Public Gardens	Hima Mansi, VII secured the III position
Hindi & Dance	Dance & Street Play (Nukkad)	8 Nov. 2013	Delhi School of Excellence	Students of classes VI to X participated & secured III Position in both areas.
Art	Painting		Axis Bank, Jubilee Hills	Hima Manshi, VII won a cash award
Social Science	National Geo Map Quiz	28 Dec. 2013	NTR Tank Bund	Sathya Vignesh & Kartheek M,class VI won a trophy
Social Science	Business Quiz, 2014	3 Feb. 2014	Oakridge International School, Khaja Guda	Zamaan Khan Lodhi Secured the III Prize
Heritage club (SSC)	Film It Contest	13 Feb. 2014	INTACH	Won Best Film Award & Best Message Award

MILESTONE MAKERS

- The International Olympiad Of English Language (iOEL) 2014
 was conducted on 10th December, 2013. 13 students got
 selected for the II Level and the school won 8 Gold, 5 Silver
 and 4 Bronze medals.
- The I level IMO -INTERNATIONAL MATHEMATICS OLYMPIAD -2013-14 was conducted on 19the December, 2013. The school received 8 Gold, 8 Silver and 9 Bronze medals.
- The I level IOM -INTERNATIONAL OLYMPIAD of MATHEMATICS

 2013-14 was conducted on 19the December, 2013. The school received 8 Gold, 8 Silver and 7 Bronze medals.
- 16th NATIONAL SCIENCE OLYMPIAD was conducted on 28th November 2013. 13 students got selected for the II Level and the school won 8 Gold, 10 Silver and 8 Bronze medals.

- Students of classes III X participated in the INTERNATIONAL INFORMATICS OLYMPIAD conducted by the Silver Zone.
 14 members got selected for II Level. The school received secured 9 Gold, 6 Silver and 4 Bronze medals.
- In the NATIONAL CYBER OLYMPIAD conducted by the Science Olympiad Foundation, New Delhi, 8 students got selected for the II Level and the school won 8 Gold, 6 Silver and 6 Bronze medals.
- 8 Students participated in the II round of National Cyber Olympiad. 3 students secured the State ranks with in 25 and won gift vouchers worth Rs. 1000/- & merit certificates.

The CERTIPAD, CYBERLEARNING and CERTIPORT organized the 'COMPUDON Season IV' which is a platform for students to showcase their mastery in Microsoft Office Applications (MS Word, Excel and Powerpoint). 60 Students of classes VII - X have participated. 20 members were qualified to receive the Microsoft certification.





HIGH ON SPORTS

BASKET BALL

		HDSGF	BASKET	BALL	TOURNAMENT	
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	
1	Dhruv Rama Tiwari	VIII E				
2	Jayanth Chaitanya. P	VIII E				5 Students were selected for U/14 state team
3	Tarun Teja N.CV	VIII E				O/14 State team
4	Rohit Raj Satharla	VIII E				1. Dhruv Rama Tiwari 2. Jayanth Chaitanya
5	M. Amod Kanth Reddy	VIII E			3. Anurag Sai Kadali	
6	Anurag Sai Kadali	VIII A			HDSGF Under 14 Basket	4. Akshata Lakshmi 5. G.Sahithi
7	K. Venkata Siva Charith	VIII A	UNDER 14 BOYS	I Place	Ball Tournament Held At Victory Play Ground	J. O.Janian
8	Vishal Varma Alluri	VIII B			On 22nd & 23rd August 2013	
9	Viren Dayal	VIII A			2010	3 Students were selected for
10	Nikhil Reddy.G	VIII C				U/17 state team
11	G. Bhargav	VIII B				1. Abhinav Gupta
12	Rithik Porandla	VIII A				2. K.Sampath Kumar Reddy 3. Sushmitha
13	Daduvy Navaneeth	VIII A				

Anurag Sai Kadali of class VIII played for the Hyderabad District Under 14 team & won the second place in State Level Basket Ball Tournament.

Sampath Kumar Reddy of class IX played for the Hyderabad District Under 17 team & won the third place in State Level Basket Ball Tournament.

Prateek Singh of class XII played for the Hyderabad District Under 19 team & won the third place in State Level Basket Ball Tournament.













J	HPS INTER SCHO	OL CO	MPETITI	ON
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED
1	P.Jayanth P.Jayanth	VIII E		
2	K.Anurag Sai	VIII A		
3	Dhrub Tiwari	VIII E		
4	Charith .K.V.S.	VIII A		
5	A Vishal Varma	VIII B		
6	G.Nikhil Reddy	VIII C	Harden 1/ Davis	
7	Amod Rddy	VIII E	Under 14 Boys	III
8	R.Anirudh	VIII C		
9	T.Aryan	VI B		
10	MVarun	VIE		
11	D.Navaneeth	VIII A		
12	P.Rithik	VIII A		





BADMINTON

	HDSGF BADMINTON TOURNAMENT								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE				
1	P. Sreya	Х	U-17 Girls Singles	I Place	HDSGF Badminton Tournament held at				
2	P. Anurudh	Х	U-17 Boys Singles	II Place	L.B.Stadium on 30 th & 31 st August, 2013				









	JAIN INTERNATIONAL SCHOOL INVITATIONAL BADMINTON TOURNAMENT									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE					
1	B. Varshith Reddy	V E	U -10 Singles	II						
2	M. Shashank Sai	IV	II 10 Daubla							
3	B. Varshith Reddy	V E	U -10 Doubles	ı						
4	M. Sanjana	VIII	II 10 Davida							
5	K. Naveena Chowdary	VIII	U -13 Doubles	II						
6	P. Sreya	Х	U - 16 Doubles	III	HDSGF Under 14 Basket					
7	M. Shashank Sai	IV	U -10 Singles	III	Ball Tournament Held At Victory Play Ground On					
8	K. Srinivasa Rao	VI	II 10 Davida		22 nd & 23 rd August 2013					
9	S. Nishanth	VI	U -13 Doubles	III						
10	K. Srinivasa Rao	VI	U -13 Mix							
11	M. Sanjana	VIII	Doubles	III						
12	T. Sriram	IX	U -16 Mix							
13	K. Naveena Chowdary	VIII	Doubles	III						



	OPEN PRIZE MONEY BADMINTON TOURNAMENT									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE					
1	M. Shashank Sai	IV C	3 Districts (Hyd, RR & Medak) Under 10 Boys Singles	П	BHEL Stadium 28 th — 30 th					
	i M. Silasilalik Sal		Under 10 Boys Doubles	ı	December, 2013					

	REPUBLIC DAY INVITATION BADMINTON TOURNAMENT								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE				
1	M. Shashank Sai	IV C	Under 10 Boys Singles	П	IAS Qts Stadium 25 th & 26 th January, 2014				

FOOT BALL

	HDSGF UNDER 17 FOOT BALL (GIRLS)									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS				
1	T. Sruthi	ХC								
2	Sindhu Datla	ХВ								
3	Alekhya U	ХВ								
4	P. Shreya	Х								
5	P. Sarvani	ХВ				9 Girls were selected for state team				
6	K. J. N. V. Jyotsna	IX B			HDSGF Under 17 Foot Ball Tournament held at HPS Begumpet on 24 th ,	1. Sindhu Datla 2. Alekhya U 3. PShreya 4. P .Sarvani 5. K.J.NY. Jyotsna 6. Apurva Gadde 7. Snehitha. Y 8. G.Divya Sri Mukhi 9. GTanishka				
7	N. Sravya	ХВ		I Place						
8	P. Vyahruthi	ХВ	UNDER 17 GIRLS							
9	Apurva Gadde	X D			August 2013					
10	Snehitha. Y	ХC								
11	H. Deepali Varma	IX B								
12	C. Divya Bhavani	ХC								
13	M. Poorvaja	IX A								
14	G. Divya Sri Mukhi	X A								
15	G. Tanishka	ΧE								

	HDSGF UNDER 19 FOOT BALL (BOYS)									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS				
1	K.Nagarjuna	XI B	UNDER 19 BOYS	Open	HDSGF Under 19 Foot Ball Tournament held at Gymkhana Ground Secunderabad on	2 Boys were selected for Ranga Reddy team				
1	Anirudh Raidu	XIC	UNDER 19 BUTS	Selection	04/11/2013	1. K.Nagarajuna 2. Anirudh Raidu				







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JH	JHPS INTER SCHOOL COMPETITION									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE					
1	Anirudh Rayadu	XI C								
2	K. Nagarjuna	XI B2								
3	Afif Ahmed	XI B2								
4	R. Prashanth Sing	XI B2								
5	Bhavish Thulsa	XI C			11 th — 13 th Dec. 2013					
6	Rehan Ahmed	XI A	Under 19 Boys A Side	I	JHPS Inter					
7	Anirudh Prakesh	XI C	boyo A oluc		School Sports Meet					
8	Ausaaf Ahmed Sidigni	XI B			1,000					
9	Prateek Singh	XII B								
10	Akbar Mohammad	XI B								
11	M. Sai Nikhil	XII A								



ATHLETICS

	HDSGF ATHLETIC MEET										
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS					
1	P. Sreya	Х	Discus Throw	l Place							
2	M. Astalakshmi	Х	Long Jump	l Place							
3	Mudit Sudhir Agrawal	Х	Discus Throw	II Place							
4	M. Astalakshmi	Х	100 Mts	II Place							
5	N.C.Aswin	Х	400 Mts	III Place		Allowed to participate only 2 events per an athlete					
6	N. Sai Dinesh	Х	Triple Jump	III Place		M.Astalakshmi P.Sreya Mudit Sudhir Agrawal					
7	N. C. Anvitha	VIII	3000 Mts Walk	III Place	HDSGF Athletic Meet						
8	N. Sai Sudhir	Х	110 Hurdles	II Place	Held at L.B. Stadium On 26th & 27th August						
9	N. Sai Sudhir	Х	5000 Mts Walk	II Place		N.Sai Sudhir					
10	P. Sreya	Х	200Mts	II Place		were selected for State Level Competition					
11	M. Astalakshmi	Х									
12	P. Sreya	Х	/ V100ML D. I	11.01							
13	N. Gayatri	VII	4X100Mts Relay	II Place							
14	N. Sagarika	VIII									













	RANGA REDDY DISTRICT ATHLETIC MEET - 1										
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACES	VENUE & DATE						
1	M.Astalakshmi	X B	Long Jump	I Place							
2	Mudit Sudhir Agarwal	ΧE	Discus Throw	II Place	Ranga Reddy Dist Athletic meet Held at Gachibowli Stadium on 10/08/2013						
3	G.Hardhika Reddy	VII- B	800 Mts	II Place	10/00/2010						

	HYDERABAD DISTRICT ATHLETIC MEET									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS				
1			100 Mts	I	Hyderabad	UNDER-16 GIRLS BAGGED				
2	M. Astalakshmi	ХB	400 Mts	II	District Athletic	TEAM CHAMPIONSHIP				
3			long jump	II	meet Held at	M.ASTA LAKSHMI Selected for National Athletic Meet				
4	P. Shreya	X D	400 Mts	1	Gachibowli	which will be held at				
5	G. Hardhika Reddy	VII- B	800 Mts	II	Stadium on 18/08/2013	Ranchi (Jharkhand) in the month of December				





HYDERABAD DISTRICT ATHLETIC MEET - 2									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS			
1	M. Ashta Lakshmi	χ	Long Jump	I	G.M.C.Balayogi				
2	Mudit Sudhir Agrawal	χ	DiscuS	III	Stadium 14 th September, 2013	Selected for State Team			
3	M. Ashta Lakshmi	χ	100 Mts	III	2013				

DPS	DPS EUROPHIA INTER SCHOOL ATHLETIC MEET								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS			
1	M. Astalakshmi	Х	100 Mts	I					
2	P. Sreya	Х	400 Mts	II		We won 3 events out of 6 events			
3	M. Astalakshmi	Χ			DPS, Khajaguda				
4	P. Sreya	Х			30 th & 31 st				
5	K. Aiswarya	XI	4X100Mts Relay	II	October, 2013				
6	A. Sreshta	IX	,						
7	Divya Poluri	IX							





HY	DERABAD	DIS	TRIC	FATHL	ETIC N	IEET - 2
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS
1	M.Ashta Lakshmi	X	Long Jump	II	CBSE Athletic Meet Karnataka, on 7th — 11th Nov, 2013	Selected for CBSE National Athletic Meet Held at Varanasi (UP) 19 th — 22 nd Dec, 2013. She stood in top 8 in Nationals

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HYDERABAD DISTRICT (HDAA) SUB JUNIOR ATHLETIC MEET NAME OF THE **POSITION VENUE &** CL & SEC S.NO **EVENT STUDENT SECURED** DATE M. Ashta Lakshmi 1 X Τ Long Jump 2 G.Hardhika Reddy VI 300 Mts Τ G.M.C.Balayogi 3 M. Ashta Lakshmi X II 100 Mts Stadium VI 4 G. Hardhika Reddy 600 Mts II 4th December, 2013 P. Sreya 5 X 400 Mts Ш X Ш Sai Sravan Shot put



H	HDSGF UNDER 19 ATHLETIC MEET								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE				
1	Ayush Kumar Mathur	XII	100 Mts	Ш					
2	I.Shipra Sai	XI	Shot put	III					
3	K.Aishwarya	XI			RRC Grounds				
4	Sadanvi	XI	/ V100		26 th Nov, 2013				
5	Jahnavi	XI	4X100	l II					
6	I.Shipra Sai	XI							

	SPEED STAR 2 ATHLETIC MEET								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE				
1	M.Astalakshmi	Х	Long Jump	6th Place	CBSE National Athletic Meet, Varanasi 19 th — 22 nd Dec, 2013				

	SPEED STAR 2 ATHLETIC MEET								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE				
1	M. Astalakshmi	X	100 Mts	III	Speed Star 2, Organized by P. T. Usha (Brand Ambassador) on 19 th Jan, 2014				



HI	DSGF UNI	DER	19 AT	HLETI	CMEET
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE
1	N. Sai Dinesh	хс	Long Jump	I Place	
2	N. Sai Sudhir	ХC	200 Mts	II Place	
3	Sai Shravan	X C	Shot put	II Place	
4	M. Sai Rishikesh	X C	100 Mts	III Place	
5	N. Sai Sudhir	ХC	Long Jump	III Place	
6	N. Deepak	VII D	Long Jump	I Place	
7	Danish Gada	VIII E	Shot put	I Place	
8	K. Thribhuvan Reddy	VII D	Long Jump	I Place	
9	G. Hardhika Reddy	VII B	100 Mts	II Place	
10	G. Samanvith	VIE	Long Jump	II Place	Glendale Academy
11	Danish Gada	VIII E	Long Jump	II Place	19 th & 20 th Dec, 2013
12	K. Thribhuvan Reddy	VII D	200 Mts	II Place	2013
13	G. Hardhika Reddy	VII B	Long Jump	III Place	
14	G. Samanvith	VIE	200 Mts	III Place	
15	P. Sourya	X C			
16	N. Sai Sudhir	ХC	4X100 mts	II Place	
17	N. Sai Dinesh	ХC	Relay	II Flace	
18	M. Sai Rishikesh	ХC			
19	K. Thribhuvan Reddy	VII D			
20	G. Samanvith	VIE	4X100 mts	II Place	
21	N. Sri Harsha	VIB	Relay		
22	V. Rohit Ganesh	VIB			

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HAND BALL

	INVITATIONAL HAND BALL TOURNAMENT									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE					
1	D. Sindhu	ХВ								
2	C. SuShmitha	X A								
3	G. Sri Mukhi	ХВ								
4	K. Kamalika	X D								
5	P. Sreya	IX B			Vishal Singh					
6	M. Sai Nithya	IX C			Memorial Hand Ball tournament					
7	T. Hima Bindu	IX C	Invitational		conducted by					
8	M. Poorvaja	IX A	Tournament	l	Hyderabad Dist held at L.B.					
9	I. Bhavana	IX D			Stadium on					
10	A. Sreshta	IX E			26/07/2013 and 27/07/2013					
11	J. Reshma	IX E								
12	P. Divya	IX B								
13	B. Divya	IX D								
14	B. Sanjana	ХC								

	INVITATIONAL HAND BALL TOURNAMENT								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE				
1	D. Kamala	VIII C							
2	P. Geethika	VIII C							
3	K. Naveena	VIII C							
4	N. Sagarika	VIII A			Vishal Singh Memorial Hand				
5	S. Srithijaa	VIII E			Ball tournament				
6	B. Shreya	VIII B	Invitational		conducted by				
7	K. Srinija	VIIE	Tournament	III	Hyderabad Dist held at L.B.				
8	K. Yashasvi Rao	VII D			Stadium on				
9	I. Saditha	VII C			26/07/2013 and 27/07/2013				
10	G. Hardhika Reddy	VII B			2//0//2013				
11	N. Chinmai	VII C							
12	K. Thanvitha	VII B							

	INVITATIONAL HAND BALL TOURNAMENT								
S.NO	ADMN.NO	NAME OF THE STUDENT	CL & SEC	PLACE	VENUE & DATE				
1	3546/04	D.Kamala	VIII C						
2	3584/04	K.S.L. Sankeerthana	VIII E		Major. Dhyan				
3	4152/06	Sneha Bhavana	VIII B		Chand National				
4	3771/05	N.Sagarika	VIII A		Sports Day Celebration Hand				
5	4563/07	S.Srithijaa	VIII E	H	Ball Tournament				
6	3525/04	G.Sahithi	VIII B		L.B.Stadium				
7	5465/10	K.Srinija	VIIE		29 th August, 2013				
8	5695/11	K.Yashasvi Rao	VII D						
9	4666/07	G.Hardhika Reddy	VII B						

STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS
D.Sindhu	ХВ				
C.Sushmitha	ХА				D.Sindhu
G.Sri Mukhi	ХА				M.Sai Nithya
K.Kamalika	ХВ			HDSGF	T.Hima Bindu M.Poorvaja
P. Sreya	X D			Handball Tournament held at L.B. Stadium on	& N.Sai Sudhir, X Sai Srinadh, X selected for state team
M.Sai Nithya	IX B	U-17			
T.Hima Bindu	IX C	GIRLS	II		
M.Poorvaja	IX A			_ ~ ~ ~	
I.Bhavana	IX D			2013	
A.Sreshta	IX E				which will be held at
B.Divya	IX D				warangal
B.Sanjana	XC				
	C.Sushmitha G.Sri Mukhi K.Kamalika P. Sreya M.Sai Nithya T.Hima Bindu M.Poorvaja I.Bhavana A.Sreshta B.Divya B.Sanjana	C.Sushmitha X A G.Sri Mukhi X A K.Kamalika X B P. Sreya X D M.Sai Nithya IX B T.Hima Bindu IX C M.Poorvaja IX A I.Bhavana IX D A.Sreshta IX E B.Divya IX D	C.Sushmitha X A G.Sri Mukhi X A K.Kamalika X B P. Sreya X D M.Sai Nithya IX B T.Hima Bindu IX C M.Poorvaja IX A I.Bhavana IX D A.Sreshta IX E B.Divya IX D	C.Sushmitha X A G.Sri Mukhi X A K.Kamalika X B P. Sreya X D M.Sai Nithya IX B T.Hima Bindu IX C M.Poorvaja IX A I.Bhavana IX D A.Sreshta IX E B.Divya IX D	C.Sushmitha X A G.Sri Mukhi X A K.Kamalika X B P. Sreya X D M.Sai Nithya IX B T.Hima Bindu IX C M.Poorvaja IX A I.Bhavana IX D A.Sreshta IX E B.Divya IX D











	HDSGF HANDBALL TOURNAMENT										
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS					
1	D. Kamala	VIII C									
2	K. S. Lakshmi Sankeerthana	VIII E									
3	Sneha Bhavana	VIII B									
4	N. Sagarika	VIII A				D.Kamala G.Sahithi					
5	S. Srithijaa	VIII E				G.Hardhika					
6	G. Sahithi	VIII B	U-14 GIRLS	ı	HDSGF Handball Tournament held at L.B.Stadium on 2 nd & 3 rd September, 2013	& Vijay Varma, VIII					
7	G. Vishnu Priya	VIII E			L.D.Oddium on 2 & 0 ocptomizer, 2010	K.Varshith Reddy, VIII					
8	M. Divya Sai	VIII C				selected for state team which will be held at Chittor					
9	G. Hardhika Reddy	VII B				3.5.11101					
10	K. Thanvitha	VII B									
11	K. Yashasvi Rao	VII D									





Lil	HDSGF THROW BALL TOURNAMENT									
	(UNDER 14 GIRLS)									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE					
1	V. Pranavi	VIII C		ı						
2	D. Kamala	VIII C								
3	I. Saditha	VII C		U/14 5 Girls were selected for state	HDSGF Under 14 Throw Ball Tournament Held					
4	CH. Anoushka	VIII C		team						
5	K.S.Sankeerthana	VIII E		1. V.Pranavi 2. D.Kamala						
6	S. Srithijaa	VIII E	UNDER	3. Ch. Anoushka 4. S. Sankeerthana						
7	D.Namratha	VIII E	14 GIRLS	5. S.Srithijaa	At GHMC Grounds, Musheerabad					
8	Geethika	VIII E		U/17 2 Girls were	On 6 th & 7 th September, 2013					
9	K. Yashaswi Rao	VII D		selected for state	Septennier, 2013					
10	B. Desika	VII D		team 1. Sruthi–X						
11	Sravani	VII D		2. Hiranmayi–X						
12	K. Aarthi	VI D								

L	IDSGF HAN	DB	ALL I	UUKI	MAIVIENI
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE
1	Babith Kumar Konda	XI-B			
2	Shanthan Reddy J	XI-B			
3	Aditya Dhariwal	XI-C			
4	Syed Zeeshan Nasar	XI-C			
5	Danish Lakhani	XI-B			HDSGF Handball Tournament held at L.B. Stadium on 8 th
6	Raja Prashanth Singh	XI-B	U-19 Boys	П	
7	Atif Ahmed	XI-B	5010		November, 2013
8	R.J. Abhinav Srivastav	XI-C			
9	Prateek Singh Bhou	XII-B			
10	Mahaveer Jaju	XI-C			
11	K. Nagarjuna	XI-B			
12	D.Raja Naidu	XI-B			
13	K. Suman Siddhartha	XI-B			









SWIMMING

	INVITATIONAL SWIMMING COMPETITION									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS				
			50 mts back stroke	I Place		01.1				
		VI B	100 mts back stroke	I Place	30th Sub-	Selected for National Champion Ship to be held at Goa Date: 20 th June to 23 rd June				
			4x50 mts Free style relay	I Place	Junior Inter District Aquatic					
1	Meghna Saha		50 mts breast stroke	II Place	Championship					
			200 mts individual Medley	II Place	-2013 held at - Warangal On 5 th May 2013					
			4x50 mts Medley Relay	II Place						





Meghna Saha, Class VI

- Participated in National and South Zone level Swimming (Aquatic) Competitions
- Has won 3 Gold, 4 Silver and a Bronze Medal in South Zone and Inter District Aquatic Competitions 2013–14.

	INVITATIONAL SWIMMING COMPETITION								
S.NO	S.NO NAME OF THE SEC EVENT PLACE VENUE & DATE								
1	A. S. P. Dhanya	VI B	50 mt Brest stroke	II Place	Invitational Tournament held at jubilee hills International center 9 th June.				

	INVITATIONAL SWIMMING COMPETITION									
S.NO	S.NO NAME OF THE CL & EVENT PLACE VENUE & DATE									
1			50 mt freestyle	I Place	Oakridge					
2	Shambavi. T	VIII E	50 mt Brest stroke	II Place	International school, 'Treasure fest'					
3	N. Venkat Ashish	ХC	50 mt freestyle	III Place	21/08/2013					

KARATE

KA	RATE ASS	OCI	ATION CO	DMPE	TITION
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE
1			Kata	I	AP. State Open
2	S.V.Harsh Vardhan	VII- A	Kumite	II	to all style
3			Teamkata	=	Marshal arts championship
4			Kata	I	(conducted
5	K.J.NV.Jyothsna	IX – B	Kumite	II	by Dragon Budokan
6			Teamkata	II	Karate Do Association held at
7	Sri Krishna Saranala	IX - B	Kata	III	
8			Kumite	I	Vanaparthi)on
9			Teamkata	1	28 th July,2013

	KARATE INVITATIONAL COMPETITION									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	PLACE	VENUE & DATE	REMARKS				
1	D. Latin D. I	v	Kata	II						
2	B. Jatin Raj	V	Kumite	III	1st S.K.					
3			Kata	I	Memorial Karate	K.Harshavardhan				
4	K.Harshavardhan	VII	VII	VII	Kumite	I	Championship	Won Overall		
5	. N.Hai Shavai uhan		Team Kata	III	held at Hyderabad 1 st	Championship in Kumite				
6			Kumite	=	September,					
7	G.Hrishikeshan	VII	Team Kata	II	2013					

	13 TH K.B.I NATIONAL INVITATION KARATE CHAMPIONSHIP 2013-14									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE					
1	1 Sri Krishna Saranala	IV D	Kata	1	21st & 22nd December, 2013					
2		IX – B	Kumite	III	PJR Indoor Stadium, Chandanagar, Hyderabad, A.P.					



GYMNASTICS

	GYMNASTICS ASSOCIATION COMPETITION									
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE					
1	B.Nikhil Narayana Murthy	VI	Vaulting	III	Hyderabad Dist Gymnastics					
2	E. Rathan Raja	IV	Floor Exercise	III	Association competition Held at					
3	K.Bhavya Manasa	VI	Floor Exercise	III	Vijayanagar colony GHMC on 18/08/2013					

GYMNASTICS ASSOCIATION COMPETITION									
S.NO NAME OF THE CL & EVENT POSITION VENUE & DATE									
		VIE	Vaulting	II					
1	B.Nikhil Narayana Murthy		Floor Exercise	III	11 th — 13 th Dec, 2013				
			Trampoline	I					
2	E. Rathan Raja	IV E	Trampoline	II	JHPS Inter School Sports				
3	K.Bhavya Manasa	VIC	Trampoline	I	Meet				
4	B.Jayasree	IIE	Trampoline	II					











CRICKET

	HDSGF UNDER 14 CRICKET (BOYS)								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS			
1	Ajay Goud	VIII A	UNDER 14 Boys	Open Selection	HDSGF Under 14 Cricket Tournament held at HPS Begumpet Ground Secunderabad on 29/08/2013	Ajay Goud got selected for Hyderabad team			



	HCA CRICKET LEAGUE								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	VENUE & DATE					
1	K. Prajwal	IX C	HAIDED 4/ D	Selected for HCA Under 14 Boys Team					
1			UNDER 14 Boys	Glendale Academy August, September & October					





INT	ER SCHOOL U -	15 CRIO	CKET TOURN	AMENT	
S.NO	NAME OF THE STUDENT	CL & SEC	POSITION SECURED	VENUE & DATE	
1	K. Ajay Goud	VIII			
2	G. Bhargav	VIII		Inter school	
3	G. Manish Sai Teja	VIII			
4	SV.S Saketh	Х			
5	Rohith Sai Ram	VIII		cricket	
6	Suhas Reddy	VII	RUNNER-UP	in Sultan —Ul- Uloom	
7	K. Ashish	VIII			
8	Nirbhai Reddy	VII		2013-14	
9	K.Prajwal	IX			
10	K. Uday Goud	IX			
11	Kayhan Yadeh	IX			

ARCHERY

HDSGF ARCHERY COMPETITION								
S.NO	NAME OF THE STUDENT	CL & SEC	EVENT	POSITION SECURED	VENUE & DATE	REMARKS		
1	N.V. Ashish	Х	U/17 Boys Recurve	II		5 students were		
2	Abhishek	VI	U/14 Boys Recurve	1	Nampally Exibition			
3	K.J.N.V. Jyotsna	VIII	II U/17 Girls II		Ground	selected for		
4	Aakash	VII	U/14 Boys Recurve	III	11 th Sept, 2013	State Level tournament		
5	K.Harsha Vardhan	VI	U/14 Boys Indian Row	III	2310			



LAWN TENNIS

M. Sai Nikhil – XII stood in Lawn Tennis National Rank 33, ITF Rank 750.











G.Ruthvika Shivani of Class XII

International Junior Rank 8

BAI National Under 19 Singles Rank 3

BAI National Under 17 Singles Rank 2

- ❖ She won the Singles Title in Junior National Tournament held at Film Nagar Cultural Centre Hyderabad
- * She won the Singles Title in Sushanth Memorial Senior international Ranking Tournament held at Pune.
- She was a member of Awadhe Warriors, Pune in Indian Badminton League (IBL).

Awadhe Warriors team stood in Second position.

She also played many international tournaments like India open, Malaysia open, Indonesia Youth championship, Malaysia Youth Championship and Thailand Junior World Championship.

INTRAMURAL -2013-14											
Individual Championship											
S.NO	NAME OF THE STUDENT	CL & SEC	S.NO	NAME OF THE STUDENT	CL & SEC	S.NO	NAME OF THE STUDENT	CL & SEC	S.NO	NAME OF THE STUDENT	CL & SEC
1	K. Goutham Vignesh	V B	5	P. Deepak	VII D	9	Santhan Chowdary.S	IX C	13	P. Sreya	X C
2	D. Keethana	V F	6	G. Hardhika Reddy	VIIB	10	Divya.P	IX B	14	M. Sai Nikhil	XII
	2.11001111111			,			,		15	Aayush Kumar Mathur	XII
3	G. Samnvith	VIE	7	Danish Gada	VIII E	11	N. Sai Dinesh	X C	16	I. Shipra Sai	XII
4	Meghna Saha	VI B	8	B. Sai Shreya	VIII A	12	M. Ashta Lakshmi	X D	17	K. Aishwarya	XII

























NATIONAL CADET CORPS REFRESHER COURSE

A Refresher Course for Associated NCC Officers was conducted by the Ministry of Defense from the 6th May to 4th June, 2013 at the Officer Training Academy Nagpur. The Main Purpose of the training was to revise the syllabus. The training was given in the following areas - Weapon Training, Map Reading, Drill, Field and Battle Craft, Anatomy of human body, Setting of Camp, Fire and Safety, Physical Proficiency test, Camouflage and concealment, Point to Point marching etc.

There were 35 JD Officers and 45 SD Officers who came from different parts of the country. Our Associated NCC Officer Lt. Sunil Sharma received a cash reward for his commendable performance during the training programme. He was awarded by the Secunderabad group Head quarter and was promoted to the rank of Lieutenant. Lt Sunil Sharma has been an invigilator and evaluator of 'B' and 'C' Certificate for 5 years.









NATIONAL CADET CORPS TROOP NUMBER 26

NATIONAL Cadet Corps is a Tri-Services Organization, comprising the Army, Navy and Air Force, engaged in grooming the youth of the country into disciplined and patriotic citizens.

It inculcates, among the youth a sense of Nationalism and secular outlook that would contribute towards the building of a stronger nation and apart from that also provides a common platform for individual upliftment through the process of channelizing the energy of the young Indians constructively. It also helps the youth to realize the relationship between man and community, between community and nature and their interdependence

This year too, NCC students of our school attended the Annual Training

Camp XII Pre Republic Day Camp at Bison Training Ground – Secunderabad from 19th Dec to 28th 2013. 46 cadets attended the camp. The camp was held for 10 Days and the cadets underwent training in various subjects. During the training they learned about the handling of small arms, map reading, field and battle craft, and drill. They also took part in various sports and games competitions and cultural events. Our cadets have brought laurels to our school in the following events.

- In Extempore Cadet Anirvinya won First place among 32 contestants
- 100meters Cadet Santan Chowdary won gold medal among 16 contestants
- Firing Cadet Manas Katta won silver medal with grouping of 2cm

- Throw Ball JHPS team won first place among 10 teams
- Volley ball JHPS stood third among 16 schools
- Cultural Events –Cadet G.Vishnu Priya won first prize in solo dance and was praised by the Group Commander and the Principals of other schools. G.Vishnu Priya was selected for next year Inter Group competitions.

The camp ended on a good note with many boys and girls being selected for Inter unit Competitions for the year 2014-2015. The students were invited for Maulankar and Thal Sanik Camp during May 2014 at Andhra Pradesh Directorate.















A PAT ON THE BACK







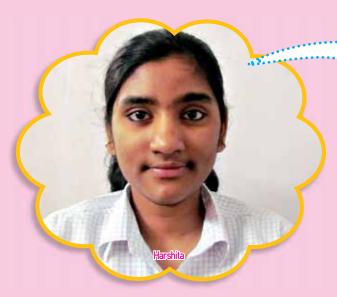
M. Ashta Lakshmi of Class X (Athletics)

- · Selected for two National level competitions.
- · Has won a silver medal in Long jump at CBSE Cluster VII Athletic meet held at Dhavangere, Karnataka
- Has been selected for the CBSE National Athletic meet held at Varanasi, Uttar Pradesh.
- Has also won 6 gold, 7 silver and 2 bronze medals in various athletic meets this year.

UNDERGRAD AT WILLIAM & MARY

A XII grade student, Harshita Netala, has been granted admission in one of the most reputed and the second oldest schools in the United States of America the 'William & Mary Institute', Virginia for an undergraduate programme in Business Studies. Good SAT scores and keen participation in various co-scholastic activities helped her get admission into the University. She will do her Major in Business Administration and Marketing and she will join the University in mid-April. She is all geared up for her journey ahead.

Jubilee Hills Public School wishes Harshita, All the Best for her future ahead!



"I have not opted for any
Minor course as of now, because
I want to do something creative in my life
and would want to give some more thought
about my optional at the University", replied
an ecstatic Harshita when asked about her other
subjects. I thank the school management and teachers
for their unconditional support. It was because of
my parents support, my determination and the
encouragement of my teachers that I have
reached this mark. I thank all of them
wholeheartedly."









Hima Mansi of class VII participated in the drawing competition conducted by Andhra Pradesh Police Department, Hyderabad on 9th September, 2013 at Jawahar Bal Bhavan. The theme given was 'Job of Policeman'. Her painting was chosen the best out of 785 entries. She received a certificate and a cash prize of Rs. 2000/ from the City Police Commissioner, Mr. Anurag Sharma.



Hiranmayi, X

- Has participated in the interhouse and intra-house dance competitions.
- Won the III prize in Folk (Rajasthani dance)at Delhi School of Excellence
- Was awarded the best student award in dance.

K.J.N.V.Jyotsna of Class IX

- Participated in State level Foot Ball
- · Participated in Archery, Karate and Skating competitions
- Has won 2 Gold, 2 Silver and a Bronze District Competitions 2013–14.



T. Sai Nikhitha Achievements (Vocal Music)

- Represented JHPS in various Inter School Competition.
- Selected for Smt. Bingi Malleswari Memorial Prathibha award at State level Music competitions adjudged by Sri Pothukuchi Samba Shiva Rao.
- Participated at Annamacharya Aradhana, Sri Venkateswara Swamy Devastanam







Ruthvika Shivani, class XII

She needs to be applauded for achieving laurels in Badminton

- Badminton world Federation Junior rank Rank 8
- National Under 19 (BAI) Singles Rank 3
- Senior National Singles Rank Rank 11
- Senior National Doubles Rank Rank 39
- Won the Singles Title in Junior National Tournament held at Film Nagar Cultural Centre Hyderabad
- Won the Singles Title in Sushanth Memorial Senior international Ranking Tournament held at Pune.
- Was a member of Awadh Warriors, Pune in Indian Badminton League (IBL) Stood Second position in Awadh Warriors team
- Also played many international tournaments like India open, Malaysia open, Indonesia Youth championship, Malaysia Youth Championship and Thailand Junior World Championship.









M. Sai Nikhil, Class XII (Lawn Tennis)

Has achieved

- All India Tennis Association Rank 146
- * Has played many International and National Tournaments like -
 - Chennai Nationals
 - AITA-OTA 50K Tennis Tournament
 - TTT ITF Juniors
 - ITA Finesta Nationals Open Tournament
 - ITF Juniors, Hyderabad ITF Tournament
 - Thamrin Cup International Junior Championship (Indonesia)
 - Tugu Muda Cup International Junior Champs (Indonesia)
 - CCI-ITF Junior Tennis Championship
 - · Chang LTAT-ITF Junior Grade (Thailand)
 - Chang LTAT-ITF Junior G4 week 2 (Thailand)





Sri Sindhu Gunturi, VIII

- Participated in second level of National Cyber Olympiad (NCO) ,stood State first and she was rewarded with a gold medal and a cash prize of ₹ 5000/- .
- Secured the second position in the Quiz competition conducted by the Hillside Academy.

Tejashree Nallapati of Class XII, 2012-13 received the merit certificate for Business Studies from the CBSE. She scored 0.1 percentile and received the award from the Academic Director, Ms. G. Sree Devi. Tejashree visited the school and motivated the 11th and 12th graders. She asked them to focus on studies while having fun. The important thing is not to lose focus on studies by having excessive fun. Have fun, but remember exams and encourage yourself to study hard. She expressed her gratitude to all the teachers who have helped her achieve this and who always motivated her to do her best. She was tearful when leaving the campus and told her juniors that she'll always miss her school days.









P. Sreya, Class X (An All Rounder)

- Won HDSGF Badminton Singles winner
- Foot Ball Winnerand a Hand Ball Runner
- Has won 3 Gold, 4 Silver and a Bronze medal in various athletic meets.
- Represented as captain of Hyderabad District Foot Ball team at state level competition and selected for the National Football team.









Shaina, XI (Achievements)

- > Won the 'SING for SHANKAR' contest conducted online, by THE SHANKAR MAHADEVAN ACADEMY.
- > Won State level classical music competition under the junior category
- > Performed Jugalbandi vocal at Ravindrabharathi.
- > Performed with Pandit JASRAJ
- > Performed for 'LAMAKAAN'S' fourth anniversary.





Collaborative Learning Unveil Boundless Strength



Health and Wellness Club

Feeling healthy and feeling good about yourself is not a luxury – it's an absolute necessity.

CONSTITUTION

STAFF CO ORDINATORS

Ms. Aarti. T - Overall Coordinator (Student Counsellor) Ms. Durga. G – (Headmistress) Ms. Jyotsna – Physical Education

Trainer

STUDENT CO ORDINATORS

Shipra. I – Class XI Bilal – Class XII

MEMBERS

Jayant. C – VIII Nivriti. P – VIII Vishnu Priya. G – VII

Devi Prajwala - VII

Archiki - X

Shrey Som - X

Shipra. I – XI

Bilal Taha - XII

Harshita – XII

Jaibeer Singh - XII

PARENT MEMBERS

V. Saroja Sujani Namburi

ACTIVITIES

LIST OF ACTIVITIES IN 2013-14

- Gender Sensitization
- Adolescence and Health
 New and Emerging Career

Choices: A Workshop For Students

- 4. Girl Child Discrimination and Child Marriages "Who is Afraid of Little Girls" (Movie Screening)
- 5. Yoga for Teachers: A different 'Om'
- 6. Gender Sensitization workshop for Teachers
- 7. Emotional Needs of Children A workshop for Teachers

LIST OF ONGOING ACTIVITIES

- 1. Health Week
- 2. Nutrition Counselling
- 3. Guidance Counselling
- 4. Canteen Review and Monitoring
- 5. Counseling for Parents











Ode to the Motherland Heritage Club

VISION: To create awareness and a sense of belonging among students and inculcate in young minds a feeling for heritage.

MAIN OBJECTIVES:

- To understand who and what we are.
- To care for the past so as to create a better future.
- To value and preserve the rich heritage of our composite culture.
- To take pride in the unique diversity of India's cultural identity.
- · To give an exciting dimension to learning.

Heritage is a conceptual identity of an area which includes not only built tangible heritage but has intangible aspects like its language, lifestyles, ceremonies, festivities, work cultures inherent /specific of a community.

Every student who becomes a member of heritage club is motivated to participate in heritage conservation and to learn more about their local and natural heritage. The heritage club programmes are designed so as to involve students in various activities geared towards heritage awareness and education for conservation at home and at school.







Battle of Wits Debate Club

The objective of this club was to make the student learn to use the library, how to find the exact information required in the shortest possible time, to be methodical and analytical, the ability to prove his statements with supporting statements, valid evidence and sound reasoning—and to demand the same sort of proof for the statements of others. He learns to present ideas in a clear and effective manner, and in a way which wins others to his way of thinking. He learns to think under pressure and think on his feet and to make decisions quickly and accurately.

The students were selected after undergoing a screening process. An audition was conducted wherein they were clubbed in pairs, of a main and rebuttal speaker respectively, given a topic, 2 minutes to think and another 4 minutes to speak and refute the other team member's points. They were judged on the following parameters:

- Presentation
- Delivery
- > Language accuracy & Range
- Confidence
- > Spontaneity while countering questions.

This club is organized after school hours twice every week. In this club hours, teachers train the students on how to go about participating in a debate and the manner in which it should be conducted. They were also trained on their communication skills.





Mind-Bogglers-Quiz Club

The Quiz Club was formed with a vision to enrich the students' knowledge so that they can participate in interschool competitions.

The selection procedure for the club included a written screening test which was conducted for students of Class VI TO VIII. Students who cleared the test with the required score in the minimum time span were selected. Training classes were held twice a week on subjects ranging from Math, Science, Social Science, English and so on after school hours.

The training classes included-

- Topics on which they had to collect information and present a PPT
- More exposure was given to them to participate in various competitions organised in other schools.



Music & Dance-The Hidden Language of the Soul











हिंदी विभाग

श्लोक - उतिष्ठत जाग्रत प्राप्य वरान्निबोधत। क्षुरासन्न धारा निशिता दुरत्यदुर्गम पथः तत्कवयो वदन्ति।।

Arise! Awake! Approach the great and learn. Like the sharp edge of a razor is that path, So the wise say- hard to tread and difficult to cross.

स्वामी विवेकानंद-जीवन परिचय-

भारत की पावन माटी में, हुए अनेक संत। एक उन्हीं में उज्ज्वल तारा, हुए विवेकानंद।।

भारत की इस पिवत्र भूमि पर अनेक महापुरुषों ने जन्म लिया है। इनमें से एक महापुरुष हैं- स्वामी विवेकानंद। जिन्होंने अपनी कुशाग्र बुद्धि, प्रतिभा और आत्मविश्वास आदि गुणों के कारण मानवता के जीवन-पथ को प्रशस्त किया है। प्रत्येक व्यक्ति उनसे प्रेरणा ग्रहण कर अपने जीवन को सफल बना सकता है।

स्वामी विवेकानंद का जन्म 12 जनवरी, 1863 कोलकाता में एक बंगाली दत्त परिवार में हुआ था। उनके बचपन का नाम नरेन्द्रनाथ था। उनके पिता का नाम विश्वनाथ दत्त और माता का नाम भुवनेश्वरी देवी था। वे बड़े विनम्र स्वभाव की महिला थीं। कहते हैं-िक दत्त परिवार में कोई पुत्र-रत्न नहीं हुआ था। इसिलए भुवनेश्वरी देवी पुत्र-प्राप्ति के लिए जप-तप, व्रत किया करती थीं। एक दिन उन्होंने एक अनोखा स्वप्न देखा कि वे कैलाश पर्वत पर पहुँची हैं। शिव के मंदिर में घंटी बज रही थीं। वे शिव की दिव्य मूर्ति को ध्यान से देख रही थीं। इतने में भगवान शिव एक बालक के रूप में उनकी गोद में किलकारियाँ भरने लगे। भुवनेश्वरी देवी इस स्वप्न से पुलिकत हो उठीं। उसके कुछ दिन के बाद ही विवेकानंद का जन्म हुआ। इसिलए माता-पिता उन्हें शिव का अंश मानते थे और उन्हें वे नरेन्द्र के नाम से पुकारते थे।

बालक नरेन्द्र में धर्म के प्रति आस्था थी। रामायण-महाभारत की कथाएँ वे ध्यान से सुनते थे। विवेकानंद शुरू से ही बड़े कर्मनिष्ठ बालक थे। अपने कॉलेज के समय में वे सामाजिक कार्यों में भाग लेते थे, इसिलए वे सामाजिक कार्यकर्ता के रूप में प्रसिद्ध हुए। विवेकानंदजी ने २३ वर्ष की अल्पायु में ही गृह त्याग दिया और धर्म की खोज में निकल पड़े, परंतु बिना गुरु के ज्ञान प्राप्त नहीं होता, अतः उन्होंने श्रीरामकृष्ण परमहंस जी को अपना गुरु बनाया। उस समय उन्हें विवेकानंद नाम प्राप्त हुआ और वे इसी नाम से पूरे संसार में प्रसिद्ध हुए।

स्वामी विवेकानंदजी ने जन-जन में सत्य, प्रेम और मानवता का संदेश फैलाया। उनकी दृष्टि में प्रत्येक मानव समान था। वे ऊँच-नीच, जात-पात को नहीं मानते थे। उन्होंने सारा जीवन जन-कल्याण के कार्यों में लगाया। स्वामी विवेकानंदजी सच्चे संन्यासी थे। उन्होंने संपूर्ण विश्व को ज्ञान, श्रद्धा और पिवत्रता का उपदेश दिया। उन्होंने गरीब जनता के हितों के लिए अनेक कार्य किए। इसी उद्देश्य से उन्होंने सन् 1897 में 'रामकृष्ण मिशन' की स्थापना की। स्वामीजी द्वारा एक मठ भी स्थापित किया गया जो रामकृष्ण मठ कहलाया।

स्वामीजी ने धर्म, सत्य और प्रेम का मार्ग कभी नहीं छोड़ा और अपने उपदेशों में भी लोगों को इन चीज़ों को अपनाने को कहा। उन्होंने कहा है कि "धर्म मनुष्य के भीतर निहित देवत्व का विकास है" और "सत्य के लिए हर वस्तु की बिल दी जा सकती है, किंतु सत्य की बिल किसी भी वस्तु के लिए नहीं दी जा सकती।"

अहंकार को उन्होंने मनुष्य का सबसे बड़ा शत्रु माना। उनकी प्रतिभा से संपूर्ण विश्व परिचित था। उनके दिए गए धर्मोपदेश आज भी लोगों को न्याय के पथ पर चलने की प्रेरणा देते हैं।

जुलाई, १९०२ को स्वामी जी ने चालीस वर्ष की अवस्था में महासमाधि ले ली, वे आज हम सब के बीच नहीं हैं, परंतु उनके द्वारा दिए गए उपदेश आज भी संपूर्ण विश्व में ज्ञान का प्रकाश फैला रहे हैं।

> संत विवेकानंद अमर तुम, अमर तुम्हारी पावन वाणी। तुम्हें सदा ही शीश नवायेगा, भारत का प्राणी-प्राणी।।

> > (श्रीमती अनुराधा जैन)







स्वामी विवेकानंद के अनमोल वचन-

- दूसरों के दोष देखने में आप जितना समय लगाते हैं उतना अपने दोष सुधारने में लगाएँ। आप अपना चिरित्र सुधारेंगे, अपना आचरण पिवत्र बनाएँगे, तो संसार अपने आप ही सुधर जाएगा।
- * शरीर तो एक दिन जाने को ही है, तो फिर यह आलिसयों की तरह क्यों जाए ? जंग लगकर मरने की अपेक्षा घिस-पिसकर, कुछ करके मरना कहीं अच्छा है।
- * कार्य तुच्छ नहीं। यदि मनपसंद कार्य मिल जाए, तो मूर्ख भी उसे पूरा कर सकता है, किंतु बुद्धिमान वही है, जो प्रत्येक कार्य को अपने लिए रुचिकर बना ले।
- * अगर आपने किसी ज़रूरतमंद की सेवा की तो धन्यवाद के पात्र आप नहीं वह ज़रूरतमंद व्यक्ति है, क्योंकि उसने आपको सेवा का मौका दिया।
- * नीति परायण, साहसी व धुन के पक्के बनो, तुम्हारे नैतिक चरित्र में कहीं धब्बा न हो, मृत्यु से भी मुठभेड़ लेने की हिम्मत रखो। कायर ही पाप कर्म करते हैं, साहसी कभी नहीं। हर एक के प्रति प्रेम की भावना लाने का प्रयत्न करो।
- लोहा जब गर्म होता है तभी उस पर चोट लगानी चाहिए। सुस्ती की कोई ज़रूरत नहीं। ईर्ष्या अहंता को सदा के लिए गंगा में डुबो दो। कार्यक्षेत्र में महाशक्ति के साथ आ जाओ। काम, काम, काम, बस यही मूलमंत्र है।

- * मानव की सेवा ही सच्ची ईश्वरोपासना है।
- मनुष्य ही परमात्मा का सर्वोच्च साक्षात् मंदिर है, इसलिए साकार देवता की पूजा करो।
- आत्मविश्वास जैसा कोई मित्र नहीं होता। आत्मविश्वास ही भावी उन्नित की सीढ़ी है।
- * मनुष्य का पहला कर्तव्य ज्ञान प्राप्ति व दूसरा लोक कल्याण है।
- * गायत्री सद्बुद्धि का मंत्र है।
- * निर्बलता ही सब पापों की जड है।
- * उठो, जागो, तब तक रुको नहीं, जब तक लक्ष्य पर न पहुँच जाओ।
- * प्रसन्नता अनमोल खजाना है। छोटी-छोटी बातों पर उसे लुटने न दें।
- * दयाशील अंतःकरण प्रत्यक्ष स्वर्ग है।

अच्छे बच्चे

हम तो अच्छे बच्चे हैं, दिल के पूरे सच्चे हैं। पाठशाला हम जाते हैं, रोज़ नया कुछ पाते हैं, लिखते हैं और पढ़ते हैं, नई सीढ़ियाँ चढ़ते हैं।। गुरुजी हमें पढ़ाते हैं, जान की बातें बताते हैं, जब हम बड़े हो जाएँगे, करके कुछ दिखलाएँगे।। अभी तो हम सब बच्चे हैं, हम तो अच्छे बच्चे हैं, हम तो अच्छे बच्चे हैं, दिल के पूरे सच्चे हैं।। (मोक्ष जैन, VC)

आओ पेड़ लगाएँ

आओ मिलकर पेड़ लगाएँ, अपने घर में इसे उगाएँ, सुंदर फूल इसी में खिलते, घर-आँगन सभी महकते। चिड़ियाँ इस पर घोंसले बनातीं, उसमें बैठ चीं-चीं का गीत सुनातीं। ये पेड़ हमें देते हैं हवा, फल-फूल और दवा। मत काटो यह सुंदर पेड़, आओ मिलकर लगाएँ पेड़। (एस.एस.के. प्रवीन वर्मा, IIIA)

होली

आया होली का त्यौहार, रंग-बिरंगी मस्ती वाला। आया है होली का त्यौहार, प्रेम-भाव से इसे मनाएँ न हो कोई भी तकरार। रंग-बिरंगे इस पर्व पर होता बिना किए श्रृंगार नाचे गाएँ ढोल बजाएँ हम बच्चों की टोली भरमार। रंग लगाकर इक दुजे को करें प्रेम रस की बौछार जाति मज़हब सब कुछ भूलें आज बड़ों को आदर, छोटों को दें प्यार। रीत-प्रीत गीत-मीत और रंग उमंग तरंग उपहार भेद-भाव मिटाने दिल का आता है होली का त्यौहार। (अना, IV D)



स्वामी विवेकानंद

स्वामी विवेकानंद जी ने व्यावहारिक जीवन से संबंधित विचार प्रस्तुत किए हैं। जैसे -

''जो आपकी सहायता कर रहा हो, उसे कभी न भूले।

जो आपसे प्यार कर रहा हो, उससे नफ़रत न करें।

जो आप पर विश्वास कर रहा हो, उसे धोखा न दें।"

'स्वामी विवेकानंद' इस महानुभाव का नाम सुनते ही मन में धैर्य और साहस जाग्रत हो उठता है।

यह एक ऐसा नाम है जिस पर समूची मानव जाति को गर्व है। वे भारत में जन्मे और पले-बढ़े तथा भारतीय संस्कृति एवं दर्शन में पारंगत हुए। उन्होंने मानव जाति के मर्म को समझा तथा धर्म के वास्तविक रहस्य को उजागर किया और धर्म की एक सर्व-स्वीकारीय परिभाषा तैयार की।

वे वेदांत के विख्यात और प्रभावशाली आध्यात्मिक गुरु थे। उन्होंने अमेरिका के शिकागो शहर में सन् १८९३ में आयोजित सर्वधर्म सभा में विश्व के कोने-कोने से आए विभिन्न धर्म-प्रतिनिधियों तथा अमेरिका व यूरोप के सचेतन नागरिकों के समक्ष धर्म पर भाषण दिया और विश्व समुदाय के सामने यह साबित करके दिखा दिया कि भारत की पवित्र भूमि पर जन्मा सनातन हिन्दू धर्म ही वह धर्म है, जो समूची मानव जाति की समस्त समस्याओं का समाधान प्रस्तुत कर मानव सभ्यता को वास्तिविक विकास के लक्ष्यों की ओर ले जा सकता है।

(कृष्ण चैतन्या, VII B)

स्वामी विवेकानन्द जी के प्रेरक प्रसंग

कर्मण्येवाधिकारस्ते

1. कलकत्ता में सन् 1899 में भयंकर रूप में प्लेग फैला था। उसकी चपेट में सभी लोग आने लगे। रोगियों की सेवा-शुश्रूषा करने वाले भी भयभीत हो गए, क्योंकि वे भी बीमार पड़ने लगे, किन्तु स्वामी विवेकानन्द तिनक भी विचिलत न हुए। मानव-सेवा का व्रत उन्होंने िलया था। अपने शिष्यों के साथ वे न केवल रोगियों की सेवा करते, बिल्क सड़कों और नािलयों को भी साफ़ करते, पर उनका यह कार्य कुछ धर्मभीरु पंडितों से देखा न गया। वे स्वामी जी से बोले, "आप यह ठीक नहीं कर रहे हैं। आप तो यह भली-भाँति जानते हैं िक प्रत्येक मनुष्य को अपने पापों का फल भोगना पड़ता है। जिन्होंने पाप किया है, वे प्लेग से पीड़ित हो रहे हैं। भगवान उन्हें पापों का दंड दे रहे हैं। तब आप उनकी शुश्रूषा कर भगवान के कार्य में व्यर्थ ही क्यों बाधक बन रहे हैं ?"

यह सुन स्वामीजी ने उत्तर दिया,"इसमें कोई शंका नहीं कि बुरे कर्म करने वाले को ही कष्ट सहना पड़ता है, किन्तु कष्ट पाने वाले को जो कष्ट से मुक्त कराते हैं, उन्हें क्या पुण्य प्राप्त न होगा ? जिस प्रकार इन रोगियों के भाग्य में कष्ट पाना लिखा हुआ है, उसी प्रकार हमारे भाग्य में उन्हें कष्टों से मुक्ति दिलाकर पुण्य प्राप्त करना लिखा हुआ है। इस कारण हम पुण्य कार्य कर रहे हैं, न कि भगवान के कार्य में बाधा डाल रहे हैं।" यह उत्तर सुन उन पंडितों से आगे कुछ बोलते न बना तथा वे चुपचाप वहाँ से चले गए।

मूर्तिपूजा

2. स्वामी विवेकानंद एक राजा के मेहमान थे। एक दरबारी ने मूर्तिपूजा की हँसी उड़ाते हुए पूछा कि - महाराज आप मूर्ति पूजा के समर्थक हैं या विरोधी ? स्वामी जी कुछ देर सोचते रहे, फिर उन्होंने दीवार पर लगी हुई राजा की तस्वीर की तरफ़ इशारा करते हुए कहा कि उस तस्वीर को उतार कर पैरों से कुचल दो। यह सुनते ही वह व्यक्ति घबराकर बोला, यह तस्वीर तो हमारे राजा की है। 'तस्वीर ही है न, राजा तो नहीं', स्वामी जी मुस्कराकर बोले। दरबारी घबराकर बोला- मगर नहीं, बिल्कुल नहीं। तस्वीर का अपमान हमारे राजा का अपमान है। इस पर विवेकानंद बोले- यही बात मूर्ति के संदर्भ में भी सत्य मानो। मूर्ति परमात्मा नहीं, लेकिन परमात्मा की ओर मुड़ने का माध्यम तो है। श्रद्धालुओं के लिए यह परमात्मा ही है।

निर्भीकता

3. बिले नामक एक विद्यार्थी की खासियत थी कि वह खेलने के समय दिल लगाकर खेलता और अध्ययन के समय खूब दिल लगाकर एकाग्र होकर पढ़ता। बिले खूब साहसी था, अपने इसी गुण के कारण वह वृक्षों पर चढ़ जाता। यह सब देखकर उसके दादा जी को भय लगता। वे उसे उराते हुए कहते- 'बिले, तू कहाँ वृक्ष पर चढ़ता रहता है। मत चढ़ा कर, उस पर ब्रह्मराक्षस रहता है।'

बिले दादाजी की बात सुनकर मन ही मन हँसता और फिर उसी वृक्ष पर चढ़ जाता। उसके साथियों ने कहा कि बिले इस वृक्ष पर मत चढ़। तुम्हारे दादाजी ने बताया था कि इस पर ब्रह्मराक्षस रहता है। उसने तुझे पकड़ लिया तो ——। इस चेतावनी को अनसुनी करते हुए बिले फिर उसी पेड़ पर चढ़कर बोला, 'पकड़ने वाला राक्षस होता तो अब तक पकड़ ही लेता और अगर वह मुझे पकड़ेगा तो क्या मैं उसे छोड़ दूँगा, मैं भी उसे पकड़ लूँगा।' यही निर्भय बिले भविष्य में स्वामी विवेकानंद के नाम से प्रसिद्ध हुए।





छोटा-बड़ा

अभी तो मैं हूँ नन्हा-मुन्ना,
लेकिन एक दिन मैं बन जाऊँगा पापा जितना बड़ा।
एक दिन मैं जाऊँगा दफ़्तर, मुझे पता है कब,
जब मैं बन जाऊँगा पापा जितना बड़ा।
एक दिन मैं पढूँगा न्यूज़पेपर, मुझे पता है कब,
जब मैं बन जाऊँगा पापा जितना बड़ा।
एक दिन मैं रहूँगा बड़े मकान में, मुझे पता है कब,
जब मैं बन जाऊँगा पापा जितना बड़ा।
आज तो मेरे सपने सच नहीं,
लेकिन एक दिन यह सब सच होगा, मुझे पता है कब,
जब मैं बन जाऊँगा पापा जितना बड़ा।
(वीरेंद्र सिंह, VIIC)

अनमोल मोती

- अध्ययन हमें आनंद प्रदान करता है, अलंकृत करता है और योग्यता प्रदान करता है। (बोकन)
- * जहाँ अज्ञानता ही वरदान हो वहाँ बुद्धिमानी दिखाना भी मूर्खता है। (ग्रेविल)
- * असंतोष पराजय का दूसरा नाम है। (बीर)
- * असंतोष ही किसी व्यक्ति या राष्ट्र की उन्नति का प्रथम चरण है। (वाइल्ड)
- आपित्तयों से बढ़कर और कोई बड़ी शिक्षा नहीं। (डिज़राइली)
- आलस्य जीवित व्यक्ति की मृत्यु है। (टेलर)
- * आलस्य दरिद्रता का दूसरा नाम है। (तिरुवल्लुवर)
- * ईमानदार मनुष्य ईश्वर की सर्वोत्तम कृति है। (पोप)
- दश्य ईश्वर क्या है ! गरीब की सेवा । (गाँधी जी)
- दूसरों को उपदेश देना सरल है। (पंचतंत्र)

तोता

एक था तोता मिट्ठू नाम करता था वो अच्छे काम बोलता था दिन-रात राम मिर्ची खाता सुबहो-शाम उसे न भाता कभी भी आम पिंजरा ही उसके चारों धाम हरे पंख और चोंच थी लाल बोलता घर-भर के नाम एक था तोता मिट्ठू नाम (जे. श्रीनिधि परनिका, II A)

सफ़ाई

आओ भाई खाओ मिठाई।
कैसे खाएँ आपकी मिठाई?
देखो कैसे मक्खी बिठाई।
लगता नहीं करी है सफ़ाई।
अगर हमने यह खाई,
तो पड़ जाएगी तंदुरुस्ती में खटाई।
मिठाई बनाने से पहले करो रसोई की सफ़ाई,
फिर करो मिठाई बनाने वाले हाथों की धुलाई
तभी खाएँगे यह मिठाई।
तो ख़बर है हमने फैलाई,
खाना बनाने में सफ़ाई सबसे ज़रूरी है भाई।
(एम.अंजनी, कक्षा-III B)

पहेलियाँ

- 1. एक जानवर अजब निराला, झील किनारे बैठा है। चमक चोंच से देखे दुनिया, दुम से पानी पीता है।
- 2. वह पंखों के बगैर उड़ता है, मगर हवाई जहाज नहीं है। वह मनचाही जगह है उड़ता, नाम बताओ उसका भ्राता।
- 3. चिड़िया नहीं लेकिन, उड़ती है आसमान पर। रखती ज़बान नहीं है, पर बाजे है फर-फर।
- 4. सफ़ेद मुर्गी के हरे-हरे पर, बताओ तो बताओ वरना जाओ घर।
- हमने देखा अजब एक बन्दा,
 सूरज के सामने रहता ठंडा।
 धूप में ज़रा नहीं घबराता,
 सूरज की तरफ़ मुख करके लटक जाता।
- 6. हाथी, घोड़ा, ऊँट नहीं, खाए न दाना घास। सदा ही धरती पर चले, होए न कभी उदास।
- 7. गोल-गोल हूँ नरम-नरम हूँ, आधा फल हूँ आधा फूल। जिसने कभी मुझको खाकर देखा, कभी न पाया मुझको भूल।
- 8. काली है कौआ नहीं, सिर बड़ा है हाथी नहीं। कमर पतली है चीता नहीं, पेड़ चढ़े बंदर नहीं। (दीपक, बादल, पतंग, मूली, सूरजमुखी, साइकिल, गुलाब जामुन, चींटी)

(मदीद, VD**)**



चारमीनार

ये अपनी नगरी की शान चारमीनार हमारी पहचान।। खड़ी अडिगता दर्शाए सबको कुछ न कुछ सिखलाए। हैदराबाद करे गुणगान चारमीनार मेरी पहचान।। समय बड़े देखे इसने सुख-दुख के मोती छिपाए पर्यटकों को है बहुत ही भाए। साथ खनकता चूड़ी बाज़ार हरा-भरा हर बाग मनोहर।।

पूरे जग में है मशहूर
मीनारों में जो है हूर
नाम ज़रा तो सुनो हुज़ूर
देखो न तुम इतना घूर
नाज़ से देखो होकर दूर।।
आस-पास सदा हो भीड़
समझे सदा दूजों की पीड़
कई पंछियों का ये नीड़
सहे समय के अनेक वार
प्यारी-न्यारी चारमीनार।

चारमीनारें चारमीनार की अपनी कहें कहानी आओ सुनाएँ आपको भी इनकी ही जुबानी।

> पहली मीनार हमें सिखाए दुख में न धीरज खोना। दूजों के आँसू भी पोंछो खुद भी कभी न रोना । दूजी मीनार हमें सिखाए दृढ़-निश्चय नित धरना कोई कितना भी भटकाए, तुम सतपथ पर चलना। तीजी मीनार हमें सिखाए सदा करुणा का पाठ दया ना कभी तुम तजना चाहे छूटे हर साथ। चौथी मीनार हमें सिखाए एकता से रहना। वैर किसी से कभी न करना हम सब भाई-बहना।।

हँसो-हँसाओ

- 1. एक छात्र ने गणित के अध्यापक से कहा सर! अंग्रेजी के अध्यापक तो अंग्रेजी में बातें करते हैं। आप भी गणित में बात क्यों नहीं करते ?
 - गणित अध्यापक ज़्यादा तीन-पाँच न कर फ़ौरन नौ-दो ग्यारह हो जा, नहीं तो चार-पाँच रख दूँगा तो छठी का दूध याद आ जाएगा।
- शिल्पी (अनीता से) मेरे भाई ने अंग्रेजी के केवल दो ही शब्द सीखे और आज वह करोड़पित है।
 अनीता क्या थे वे दो शब्द ?
 शिल्पी हैंडस अप'
- मास्टर जी बच्चो बताओ पानी का सूत्र क्या होता है ?
 बच्चे नहीं पता मास्टर जी
 मास्टर जी H2O(बोलकर) अब कोई बच्चा ब्लैक बोर्ड पर लिखकर दिखाए।
 एक बच्चा उठा और उसने बोर्ड पर HIJKLMNO लिखकर कहा लो जी सर जी H to O
- भिखारी कुछ खाने को दे दो बाबा
 संता टमाटर खाओ
 भिखारी रोटी दे दो बाबा
 संता टमाटर खाओ
 भिखारी तो टमाटर ही दे दो
 संता का पड़ोसी बोला ये तोतले हैं, कह रहे हैं, कमाकर खाओ
- संता मुझे ज़हर देना
 दुकानदार पहले डॉक्टर से लिखा कर लाओ
 संता अपनी शादी का कार्ड दिखाता है
 दुकानदार बस कर यार रुलाएगा क्या ? बड़ी बोतल या छोटी।
- 6. संता को डॉक्टर की सलाह जब पिंकू पैदा हुआ तो संता डॉक्टर से सलाह लेने गया कि बच्चों की देखभाल कैसे की जाए डॉक्टर - बच्चे को पानी देने से पहले उबाल लेना चाहिए संता - लेकिन डॉ साहब, उबालने से बच्चा जल नहीं जाएगा।
- 7. अध्यापक शाबाश दीपक, मुझे खुशी है कि तुम्हें अच्छे अंक प्राप्त हुए। आशा करता हूँ कि आगे भी ऐसे ही अंक प्राप्त करना।
 - दीपक- अच्छा सर, पर आप भी परचे भाई साहब की प्रेस में छपवाते रहना।
- 8. अध्यापक ने परीक्षा में चार पृष्ठों का निबंध लिखने को दिया। विषय था- "आलस्य क्या है ?" एक विद्यार्थी ने तीन पृष्ठों को खाली छोड़ दिया और चौथे पर बड़े-बड़े अक्षरों में लिखा- "आलस्य यही है ?"

(देश्ना सुनहरा, III A)





हमारे नेता

इक नेता थे गोलमटोल
खूब थे उनके पास जी नोट।
लोगों से फिर भी माँगते
घर-घर जाकर उनके वोट
इक दिन जनता को वे
भाषण दे आए ।
भाषण दे कर ज्यों घर आए
नौकर पर खूब चिल्लाए ।
पैर दबाओ राम सुखाया!
आया देख मैं थका थकाया
रामू बोला मालिक
एक ज़रूरी बात बता दूँ
भाषण से तो गला थका है
आप कहें तो गला दबा दूँ।।
(वंशिता जैन।XA)

एक सपना

भारत मेरा न्यारा है,
मुझको लगता प्यारा है
ऊँची इसकी शान है
यह महानता की खान है
मेरे हदय में इक अरमान
बना सकूँ मैं इसे महान
प्रकृति का कर पोषण
नाम करूँ इसका रोशन
करे देश तरक्की मेरा
यही सुनहरा सपना मेरा।।
(आर्यमन, VIC)

हिंदी दिवस

जुब्ली हिल्स पब्लिक स्कूल में 'हिंदी दिवस' बड़े ही हर्षोल्लास से मनाया गया। इस अवसर पर विद्यालय के चेयरमैन श्री मुरली मुकुंद मुख्य अतिथि के रूप में उपस्थित थे। उन्होंने सभी को 'हिंदी दिवस' की शुभकामनाएँ दीं और कहा कि भारत के हर प्रान्त में हिंदी भाषा का बहुत महत्त्व है। विद्यालय की शैक्षणिक निर्देशक श्रीमती जी. श्रीदेवी ने 'हिंदी दिवस' की शुभकामनाएँ देते हुए कहा कि हमारे देश में अनेक भाषाएँ बोली जाती हैं लेकिन हिंदी भाषा का विशेष महत्त्व है। विद्यालयीन समिति के संयुक्त सचिव श्री हरिश्चंद्र प्रसाद जी ने सभी को शुद्ध हिंदी भाषा सीखने तथा शुद्ध उच्चारण के लिए प्रेरित किया। विद्यालय के विद्यार्थियों द्वारा शिक्षा के महत्त्व पर प्रकाश डालते हुए 'पप्पू पास हो गया' नामक नुक्कड़ नाटिका प्रस्तुत की गई। मातृ भाषा के महत्त्व को दर्शाते हुए अकबर बीरबल नाटक ने खूब समाँ बाँधा। बच्चों के हिंदी भाषा ज्ञान हेतु प्रश्नोत्तरी का आयोजन भी किया गया। कंप्यूटर एवं तकनीकी शब्दावली के हिंदी रूपांतरण ने सभी का मनोविनोद किया। कार्यक्रम का मुख्य आकर्षण 'प्रभु दर्शन की अभिलाषा' नृत्य रहा।

महामानव

"वैसे तो हर प्रकार के मनुष्य हर युग में जन्म लेते हैं। युग के साथ-साथ मनुष्य बदलते हैं। किंतु कुछ मनुष्य युग को बदल देते हैं। आने वाली पीढ़ियाँ उनसे सदैव शिक्षा प्राप्त करती रहती हैं। उन्हीं को महामानव कहते हैं। ऐसे ही महामानव थे - स्वामी विवेकानंद।"

> कई मानवों के बीच में हुआ करते हैं महामानव भी जो गिरे हुओं को देख कर करते नहीं किनारा कभी देते हैं हाथ बढ़ा सहारा तभी वे महामानव ही होते हैं। जो स्वयं को भूलकर बस दूसरों के लिए जीते हैं सम्मान देते हैं उनको भी जिनका दिया अपमान घूँट पी लेते हैं। वे महामानव ही होते हैं।। जो किसी को भरोसा देते हैं आशा की किरण बन जाते हैं सब बटोही बनकर जिनकी बाट जोहते हैं वे महामानव ही होते हैं। कभी सिखाया कभी पढ़ाया डाँट लगाई, ज्ञान बढ़ाया दुख स्वयं पाले, देकर आनंद महामानव थे विवेकानंद ह्दय में अग्नि, ज्ञान की ज्वाला बाँट ज्ञानामृत पिया दर्द का प्याला यूँ ऐसे मानव युगों में कुछेक होते हैं। वे महामानव ही होते हैं। (अकृता, IX E)













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संकल्प-शक्ति

"संकल्प-शक्ति ही सफलता का मूल मंत्र है।"

प्रत्येक मनुष्य अपने जीवन में एक लक्ष्य को सामने रखकर आगे बढ़ता है। लक्ष्य प्राप्ति के लिए दृढ़ संकल्प अति आवश्यक है। जब तक मन में संकल्प एवं प्रेरणा का भाव नहीं जागता तब तक हम किसी कार्य में सफलता नहीं प्राप्त कर सकते। यदि मन में दृढ़ संकल्प हो तो असाध्य भी साध्य हो जाता है। योगियों और सिद्धों ने मन पर नियंत्रण कर सर्वशक्तिमान ईश्वर को भी पा लिया है। गीता में कहा गया है कि दृढ़तापूर्वक एवं बलपूर्वक ही मन पर नियंत्रण संभव है। इसी कारण दृढ़-संकल्प व दृढ़-निश्चय का महत्त्व सर्वोपिर है। इसीलिए कहा गया है कि "दृढ़-संकल्प अटल हिमालय के समान है, उसे बड़े से बड़ा तूफ़ान भी हिला नहीं सकता।" मनुष्य वही है जो दृढ़-संकल्प कर मुसीबतों से संघर्ष करे और अपनी इच्छाशिक्त से निराशा को आशा में बदल दे। इसी पर आधारित कुछ पंक्तियाँ इस प्रकार हैं-

जब नाव जल में छोड़ दी, तूफ़ान ही में मोड़ दी दे दी चुनौती सिंधु को, फिर धार क्या मँझधार क्या

स्वामी विवेकानंद ने कहा है, " खड़े हो जाओ, साहसी बनो, शक्तिमान बनो। सारा उत्तरदायित्व अपने कंधों पर लो और जान लो कि तुम्हीं अपने भाग्य के विधाता हो। तुम्हें जो कुछ बल और सहायता चाहिए, सब तुम्हारे ही भीतर है। अतएव अपना भविष्य तुम स्वयं गढ़ो। मैं संकल्प-शक्ति से सफलता के मूलमंत्र में विश्वास रखता हूँ।"

जितने धर्माचार्य, साहित्यकार, विद्वान, वैज्ञानिक, आविष्कारक और महान व्यक्ति हुए हैं, वे जीवन में दृढ़-संकल्प कर आगे बढ़े हैं। कहा गया है कि-

> नव संकल्प करो बंधु-भाव ही धर्म भाव हो अपनों से क्या दुराव हो

मानवता का चाव लिए जग-आँगन में उतरो नव संकल्प करो

"हर रात के बाद सुबह होती है। ज़िन्दगी हँसाती है और रुलाती भी है, जो व्यक्ति दृढ़-संकल्प कर आगे बढ़ने की चाह रखते हैं ज़िन्दगी उनके सामने सिर झुकाती है।" अतः हमें अपना लक्ष्य निर्धारित करना चाहिए और फिर उसमें जुट जाना चाहिए। कहते हैं कि-

'लहरों के डर से नौका पार नहीं होती, कोशिश करने वालों की हार नहीं होती।' इस मूलमंत्र को हम अपने जीवन में उतार लें तो हर समस्या का समाधान संभव है। मज़बूत इच्छा हर उपलब्धि का शुरुआती बिन्दु है। जिस तरह आग की छोटी लपटें अधिक गर्मी नहीं दे सकती वैसे ही कमज़ोर इच्छा बडे नतीजे नहीं दे सकती।

भगवान बुद्ध ने बड़े ही रोचक ढंग से स्पष्ट किया है कि-'इच्छा शक्ति बलवान है।' एक बार भगवान बुद्ध से उनके प्रिय शिष्य ने पूछा- "प्रभो, क्या संसार में ऐसी भी कोई वस्तु है, जो चट्टानों से भी कठोर हो ? बुद्ध ने कहा, हाँ, लोहा है, जो चट्टानों से भी कठोर है। वह उन्हें तोड़ देता है।"

शिष्य ने फिर पूछा- "क्या ऐसी भी कोई वस्तु है, जो लोहे से भी कठोर और मजबूत हो ?" बुद्ध ने कहा, हाँ, अग्नि है। वह लोहे को भी पिघला देती है। शिष्य ने पूछा- अग्नि से भी कठोर कौन-सी वस्तु है ? बुद्ध ने उत्तर दिया, "पानी, जो अग्नि को भी बुझाने में समर्थ है।" शिष्य की जिज्ञासा अब भी शांत नहीं हुई। उसने पूछा, पानी से भी श्रेष्ठ वस्तु बतलाइए।

बुद्ध ने कहा, 'वायु, वह जल के प्रवाह को बदल देती है। पानी बरसाने वाले मेघों को भी तितर-बितर कर देती है।' शिष्य ने अंत में पूछा, 'प्रभो, क्या विश्व में ऐसी भी कोई वस्तु है जो वायु से भी बलवान व श्रेष्ठ है ? बुद्ध ने कहा, वह है दृढ़ इच्छा शक्ति।' इसलिए कहा गया है, 'इच्छा शक्ति बलवान है।'

(श्रीमती विनोद कुमारी पौनिया)

मन के हारे हार है मन के जीते जीत

वक़्त जब कभी ऐसा आए, उलझन में तुझे कुछ न समझ आए, लगे हर डगर सोई सी उम्मीद भी लगे खोई सी झाँकना तब मन में तू एक बार पूछना ... क्या बरदाश्त है ये हार है क्या तू इतना कमज़ोर कि चले निराशा का तुझ पर ज़ोर तो अंतरमन से आएगी एक आवाज़

नहीं पाना है इन सबसे पार
मुश्किलों में नहीं डालने हैं हथियार
काँटों भरी राह में हमेशा रहना है तैयार
मन की इस वाणी से होगा हौसला तेरा बुलंद
दिखेगी आशा की किरण, छट जाएगा निराशा का धुंध
फिर जज़्बे को रखना तू इसी तरह बरकरार,
मन के जीते जीत है मन के हारे हार।
(श्रीमती माधवी शर्मा)



संस्कृत विभागः।

"Community of language, government and religion has been the power of fusion . . . A common language would be a great desideratum, but the same criticism applies to it, the destruction of the vitality of the various existing ones . . . The only solution to be reached was the finding of a great sacred language of which all the others would be considered as manifestations, and that was found in Sanskrit."

- Swami Vivekananda

स्वामि विवेकानन्दः।

नमः श्री यतिराजाय विवेकानन्दसूरये। सच्चित्सुखस्वरूपाय स्वामिने तापहारिणे।।

जन्म वृत्तान्तम्- पुरा कालिकास्थाने सिमला प्रान्ते कायस्थानां पिवत्रः एकः वंशः प्रवृत्तः। तस्य वंशस्य नाम दत्तः इति आसीत्। तद्ववंशीयः विश्वनाथदत्तः। पारम्परिकवृत्या सोद्मपि न्यायवादी एवासीत्। तस्य पत्नी भुवनेश्वरी देव्याश्च चिरात् पुत्रः पुत्री वा नासीत्। अन्ते काशीविश्वेश्वरप्रार्थनया तत्प्रसादरूपः पुत्रः श्री दुन्दुभिवर्षे मकरसन्क्रान्ति शुभपर्वणि (12-01-1863) प्रभात समये जातः। पिता तस्य नरेन्द्रनाथ इति नाम कृतवान्।

विद्याभ्यासः।

नरेन्द्रस्य षष्ठवर्षे अक्षराभ्यासः अभवत्। कश्चन वृद्धः पण्डितः संस्कृत भाषायाम् अमरकोशं, शब्दान्, रामायण, भारतकथाः नरेन्द्रस्य कृते बोधयितस्म। 1870 शुक्लवर्षे ईश्वरचन्द्रविद्यासागर महाशयस्य पाठशालायां प्रवेशितः। नरेन्द्रः सम्यग् उत्तराणि उक्त्वा गुरोः सहछात्राणांच आश्चर्यानुभवं जनयित स्म। संस्कृतभाषाज्ञानं प्रायः सर्वेषां मेधां वर्धयित, इतर भाषाज्ञानं सुलभं करोति, तत्त्विचारधारां विस्तारयित। अत एव नरेन्द्रस्य न केवलं वंगभाषायां, तत्साहित्ये, अपितु अनिष्टायाम् आङ्लभाषायां, तत्साहित्ये अपि सुमहत् प्रावीण्यं लब्धम्।

सद्गुरुदर्शनम्

केशवचन्द्रः भारतदर्पणपत्रिकायां श्रीरामकृष्णपरमहंस चरित्रं प्रकाशयित स्म। नरेन्द्रः तत् चरित्रं पठितवान्। रामचन्द्रदत्त इति कश्चित् नरेन्द्रस्य बन्धुः नरेन्द्रस्वभावज्ञः श्रीरामकृष्णपरमहंसम् एकवारं पश्यतु इति नरेन्द्राय सूचितवान्। अन्यस्मिन् दिवसे सुरेन्द्रनाथस्य गृहं प्रति श्रीरामकृष्णः आगमिष्यतीति वार्ता प्राप्ता। संकीर्तनार्थं नरेन्द्रस्यापि विशिष्टम् आह्वानम् आसीत्। नरेन्द्रस्य गानवाहिन्यां लीनः गुरुः समाधौ मग्नः।

मनः परिवर्तनम्

एकस्मिन् दिवसे प्रसङ्गवशात् हेष्टिमहाशयः भारतीयानां आदर्शभूतः धर्मतत्त्वज्ञः कश्चन योगी दक्षिणेश्वरे एव अस्ति इति उक्तवान्। नरेन्द्रस्य मनिस तस्य दर्शनं भवेत् इति भावना अजायत। विद्यासु अनुदिनं नरेन्द्रस्य सामर्थ्यं वर्धते स्म। ज्यौतिषिकाणां सामुद्रिकशस्त्रज्ञानां पूर्वं श्रुत वचनानुसारेण नरेन्द्रस्य मनिस मुक्तिकान्तायाम् एव आसिक्तः अधिका जाता। स्वीयभावं पितुः कृते निवेदितवान्। अहं कामिप न पिरणेष्यामि इति। पिता विश्वनाथदत्तः पुत्रस्य आशयं न निराकरोत्। लौकिकभोगापेक्षया सन्न्यास एव श्रेष्ठः इति नरेन्द्राशयः दृढो जातः।

स्वामिनः सङ्कल्पः।

1892 नन्दनवर्षम्। कन्याकुमार्यां स्वामी देवीं दृष्ट्वा तत्रत्यसमुद्रत्रयसङ्गमे स्थितां एकां शिलाम् तरणेन प्रप्य, तत्र सुचिरं भारतदेशदुस्थितिं विचिन्त्य दुःखमन्वभवत्। किञ्चित् कालम् उपविश्य ध्यानं कृत्वा अस्याः मातृभूमेः पुनः पूर्ववैभवम् सम्पादनीयम् इति दृढं सङ्कल्पितवान्।

दुर्भरदारिद्र्यपीडितायाः अस्याः देशजनतायाः दैन्यम् वारणीयम्। सामान्यजनानां दिलतानाम् अज्ञानां समुद्धरणं कार्यम्। सनातन धर्मस्य वास्तवरूपं पुनः दर्शनीयम्। मदीयया शक्त्या विदेशेषु भारतीयं विज्ञानतत्वं प्रसारयामि। ततः धनमानयामि। प्रथमं उद्धरणम्, अनन्तरम् सङ्घटनम् पश्चात् संस्करणम् इति स्वामिनः सङ्कल्पः।





उपदेशः

श्रीरामकृष्णदर्शनानन्तरं नरेन्द्रस्य अध्ययने पठने दृष्टिः न्यूना जाता। सत्यान्वेषणे भगवदन्वेषणे दृष्टिः मग्नः सः एकस्मिन् दिवसे गुरोः समीपं गतवान्। तं वीक्ष्य गुरुः नारायण ! नररूपधारिन् ! कुतः माम् एवं विस्मृतवान् भवान् ! विश्वोद्धरणार्थम् एव भवदागमनम्। विषयासक्तानां व्यर्थ प्रलापैः परिश्रान्तः। भवादृशः त्यागी विरलः ! इति श्रीरामकृष्ण मुखात् निर्गता वाणी नरेन्द्रमृद्दिश्य। चिकतः नरेन्द्रः। श्रीरामकृष्णं अपृच्छत्- अपि भवान् भगवन्तं दृष्टवान् ? इति। श्रीरामकृष्णस्य समाधानम्- वत्स ! आम्। अहं तं दृष्टवान्। यथा भवन्तं पश्यामि, तथा इदानीं तं पश्यामेव इति आसीत्। वत्स ! बहवः विषयाभिलाषं कृत्वा तदर्थं भगवन्तं साधनं कर्तृम् इच्छन्ति। भगवन्तमेव प्राप्तुं,तमेव लक्ष्यं कर्तुञ्च ते न शक्नुवन्ति।अन्यथा कुत्र न दृश्यते भगवान् ? कुतश्च न दृश्यते ?.

एतादृशाः समाधाता नरेन्द्रस्य पूर्वं न प्राप्तः, धीरस्वरपूर्णं श्रीरामकृष्णस्य अनुभवात्मकं भाषणं नरेन्द्रस्य भगवहर्शने अनुकूलम् अभवत्। अनुपदमेव तस्य ब्रह्मसमाजबन्धः त्रुटितः। श्रीरामकृष्णः अन्मत्त इति चिन्तयतोद्मिप नरेन्द्रस्य तत्सित्रिधौ अपूर्वसुखम् अनिर्वचनीय आनन्दश्च भवितस्म। सर्वोद्मिप स्वधर्ममेव अवलम्बेत। परधर्मः न स्वीकरणीयः केनािप। सहजं कर्म न त्याज्यम्। स्वधर्मं सम्यक् ज्ञात्वा तद्वारा उत्तमजीवनार्थं मनुष्यः सर्वदा साधको भवेत्। केवलाक्षरज्ञानं विद्या न भवित,जीवनसाधनवृत्तिविद्याद्मिप न विद्या, आत्मतत्वदर्शनसाधनमेव विद्या।या विद्या सा विमुक्तये। श्रीरामकृष्णस्य प्रायोगिकम् उपदेशं प्राप्य नरेन्द्रः आत्मानं तस्य शिष्यत्वेन निश्चितवान्।

सनातन धर्म प्रतिष्टापना

"हं ! अमेरिकावासिनः सोदर्यः ! सोदराश्च !" अस्माकं कृते यत्कृतं अपूर्वं हार्दिकं स्वागतं पुनः पुनः स्मरन् अहम् अस्मिन् समये किंचिद् उपन्यस्यामि। विश्वे एव अति प्राचीनः अस्माकं भारतीयानां सन्न्याससम्प्रदायः, तत्पक्षेण भवतां कृते मम अभिनन्दनानि। समस्तानां मतानां धर्माणां माता भारतीयः सनातनधर्मः तत्पक्षेण अपि मम प्रणामाः। क्षमागुणं, सहनशीलतां, सर्वमतसिद्धान्तसत्यतांच अस्माकं सनातनधर्म द्वारेव विश्वं जानाति इदानीम्। तस्मिन् सनातन धर्मे मम जन्म अभवत् इति अहं साभिमानः अस्मि। वयं सर्वसम्प्रदायान् एकसत्य स्वरूपस्यैव विविधप्रकाराः इति भावयामः। सर्वसम्प्रदायेषु पूज्यभावः स्थानीयः इति अस्माकं चिन्तनम्। सर्वेषां वैदेशिकानां शरण्यः अस्माकं हिन्दूदेशः। तादृशे सहनधर्मे भारतवर्षे अहम् उत्पन्नः इति कृत्वा 'धन्योद्यस्मि '।

' ये यथा मां प्रपद्यन्ते, तांस्तथैव भजाम्यहम्। मम वर्त्मानुवर्तन्ते मनुष्याः पार्थ सर्वशः।।

सर्वेद्मपि मनुष्याः स्वस्वसम्मतेन सर्वविधेनापि मार्गेण माम् एव प्राप्नुवन्ति। श्रीमद्भगवद्गीतासु प्रतिपादितः एषः अद्भुतः सिद्धान्तः। एतत् महोत्कृष्टं सर्वधर्म सम्मेलनम् इमं गीतासिद्धान्तं- मुक्तकण्ठम् अङ्गीकरोति विश्वे सर्वत्र प्रसारयित इति च विश्वसिमि।

स्वामिनः उपन्यासः समाप्ता। सर्वत्र प्रशंसाः। वीथिषु भित्तिषु भारतीयसन्न्यासिनः प्रशंसा पत्राणि घट्टितानि। विवेकानन्दस्य उपन्यासः पत्रिकासु मुद्रितः। बहवः शिष्याः अभवन्।

विश्वधर्ममहासभायाम् अभिभाषणम्।

1893 विजयवर्षे मे मासे ३१ दिनाङ्के मुम्बय्यां नौकाद्वारा प्रस्थाय जुलैमासे अमेरिकां प्रप्तः विवेकानन्दः। अमेरिकीयाः काषायाम्बरधारिणं साश्चर्यमपश्यत्। १८९३ विजयवर्षे सेप्टेम्बर् ११ दिनाङ्कः- भारतीयानां हिन्दूनां धीरताप्रदर्शकः श्रेष्ठत्वप्रतिपादकः सुदिवसः। शोभायमाने विशाल प्राङ्गणे महासभा परिकिल्पता। सभाध्यक्षं परितः उपविष्टाः प्रतिनिधयः। भारतदेशस्य ब्राह्म-जैन दिव्यज्ञान -मतप्रतिनिधयः, प्रतापचन्द्र मजुम्दार्, वीरचन्द्रगान्धीचक्रवर्तिना मानः-आगताः। तेषां वैदिकधर्मप्रतिष्टापने भाव एव नागतः। अध्यक्षः विवेकानन्दम् आहूतवान्। सर्वेषाम् उपन्यासान् शृण्वन् स्ववक्तव्यं न चिन्तितवान् एव स्वामी। सम्भ्रमेण उत्थाय किंकर्तव्यता-किंवक्तव्यतामूढः क्षणं मौनम् अतिष्ठत्। पश्चातप्तश्च अये कथं पूर्वम् उपन्यासं सिद्धिं न कृतवान् अहम् इति। श्रीरामकृष्णः पुरः स्थित्वा धैर्येण वद। भवान् न वदित। निमित्तमात्रं भव त्वम् इति उक्तवान् इव भावितवान् स्वामी। श्रीशारदामाता यात्राया आरमअभे आशीः दत्तवती। श्रीरामकृष्णं स्मरन् प्रदत्ते निमेषद्वये एकं निमेषं व्यर्थीकृतवान्। अविष्टि निमेषे मधुरगंभीरस्वरेण वक्तुमारब्धवान्।

"हे ! अमेरिकावासिनः सोदर्यः ! सोदराश्च !" सभासदः सर्वेद्मपि आश्चर्यानन्दचिकताः अविरामकरतालध्वनिभिः अभिनन्दितवन्तः। एतद् अभिनन्दनं वा तिरस्करणं वा, क्षणं न ज्ञातवान् स्वामी। स्त्रीणां प्राधान्यदानं सोदरत्वसम्बोधनं च न जानन्ति स्म किल ते। एषः अभिनन्दनकोलाहल एव। निश्चयः। उपन्यासः अनुवृतः।

> " नृणाम् एको गम्यस्त्वमिस पयसाम् अर्णव इव। " पुष्पदन्तमिहम्नस्तोत्राधारेण भारतीयिहन्दूधर्म विषयोपन्यासः आरब्धः। अर्धघण्टापर्यन्तं स्वामिनः उपन्यासधारा निष्प्रतिबन्धं निरर्गलं प्रवृत्ता।





ಯುక್ತಾహారం

మనం భుజించే ఆహారం మనకు శక్తినిస్తుంది. దాని ప్రభావం మనస్సు మీద పడుతుంది. పోషకాహారం తీసుకుంటే శాంతి స్వభావం అలవడుతుంది. విద్యార్థులకు వయస్సులో ఉన్నందువల్ల చాలా మంచి జీర్ణశక్తి ఉంటుంది. ఎటువంటి ఆహారాన్నైనా తేలిగ్గా జీర్ణం చేసుకోగలరు. అయినప్పటికీ చక్కని జీవితానికి ఆహారపుటలవాట్లలో క్రమశిక్షణ అవసరం. అనారోగ్యకరమైన ఆహారపుటలవాట్లు ఆరోగ్యాన్ని క్షీణింపజేసీ జీవితంమీద దుష్ప్రభావం చూపిస్తాయి. ఆహారపదార్థాలు మూడు రకాలుగా విభజింపబడ్డాయి.

- 1. సాత్త్వికాహారము–తాజాపండ్లు, ఫలాలు, కూరగాయలు, మొలకెత్తిన విత్తనాలు, పాలు అన్ని రకాల పప్పులు. సాత్త్వికాహారము. ఈ ఆహారం శాంతియుతమైన జాగరూకత కల మనస్సుకు కారణమౌతుంది.
- 2. రాజసిక ఆహారం—మసాలా దినుసులు, కారం, వెల్లుల్లి మొదలైనవి రాజసిక ఆహారాలు. రాజసిక ఆహారం రజోగుణాన్ని పెంచుతుంది.
- 3. తామసిక ఆహారం—కుళ్ళిపోయిన, పాచిపోయిన, నిల్వయుంచిన ఆహారం తామసిక ఆహారం. ఇటువంటి ఆహారం జడత్వము, సోమరితనం, మంద బుద్ధిని కలిగిస్తుంది. స్వామి వివేకానంద "స్థూల శరీరాన్ని అదుపుచేయడం కంటే, సూక్ష్మ శరీరాన్ని అంటే మనస్సును అదుపులో వుంచడంలో అధిక ప్రమేయం అవసరం అనటంలో సందేహం లేదు. కాని సూక్ష్మ దేహాన్ని అదుపులో పెట్టాలంటే స్థూలదేహాన్ని నియంతించటం తప్పనిసరి. మంచి ఆరోగ్యంతో ఉండాలంటే పోషకాహారాన్ని మితంగా తగిన సమయాల్లో తీసుకుంటూ ఉండాలి" అని అన్నారు.

విద్యార్థులు నిలువవుంచిన ఆహారం తీసుకునే అలవాటు విడనాడాలి. సరైన ఆహారం తీసుకోవాలి. అలాగే తినే ఆహారం మితపరిమాణంలో ఉండాలి.భోజనానికి సమయపాలన అవసరం. ప్రొద్దున, మధ్యాహ్న భోజనం స్కూలు, కాలేజీ సమయాలపై ఆధారపడి ఉంటాయి. కాని రాత్రి భోజనం ఎనిమిది గంటలకు ముగించే ప్రయత్నం చేయాలి.

సాయిస్పిగ్ల, 9వతరగతి డి.సెక్షన్

యువతకు వివేకానందుని మార్గనిర్దేశ సూత్రాలు

స్వామి వివేకానందుడు భారతదేశం గర్వించదగ్గ ఆధ్యాత్మికవేత్తలలో ఒకడు. వారికి యువతరం మీదనే విశ్వాసం. యువత నుంచి నా కార్యకర్తలు వస్తారు. వారి మీదనే నాఆశలన్నీ. వారే సింహాల్లాగా దేశ భవిష్యత్తును పరిష్కరిస్తారు స్వామి అన్నారు. అత్యధికయువత కలిగిన దేశం భారతదేశం. భారతదేశంలో 45% జనాభా యువకులే. యువతను సక్రమ మార్గంలో నడిపించాలంటే వారిని విద్యార్థి దశనుంచే సామాజికస్పృహ, నైతిక ఆధ్యాత్మిక విలువలు నేర్పించి వారి వ్యక్తిత్వ వికాసానికి తోడ్పడాలి.

విద్యార్థులకు వివేకానందుడొక సలహా చెప్పారు. ఒక ఆదర్శాన్ని తీసుకోండి. దాన్నే మీ జీవిత సమస్యగా చేసుకోండి. దాన్నే మననం చేయండి. దాన్నే కలగనండి. దానిలోనే పరవశులై జీవించండి. నీమెదడు, కండరాలు, నరాలు, శరీరంలోని ప్రతిభాగం కూడా ఆ ఆదర్శంతో మమేకం కావాలి. ఇదే కార్యసిద్ధికి దారి. చదివి నదాన్ని జీర్ణించుకోకుండా ఎంత చదివినా ప్రయోజనం లేదు. రోజుకు విద్యార్థులు కనీసం మూడు గంటలపాటు స్వయంగా చదువుకోవాలి. విద్యార్థులు పరిశుభ్రత, ఏకాగ్రత, వృద్ధి చేసుకోవాలి.చదివిన దానిని రఫ్ నోటుబుక్ లోరాసే అలవాటు చేసుకున్నట్లయితే పరీక్షలు బాగా రాయగలరు. ఉపాధ్యాయుడు అత్యంత ప్రాముఖ్యం గల వ్య క్తి. ఆయన విద్యార్థుల జీవితాలను తీర్చిదిద్దుతాడు. నమ్మకము, ವಿನಯಮು, ವಿಧೆಯತ, ಗೌರವಾಲನು ಅನುಸರಿಂವಿನಟ್ಟಯತೆ విద్యార్థులకు చాలా మేలు జరుగుతుందని వివేకానందుడు విద్యార్థులకు ప్రబోధించారు.

డి. మంజూష, 10వతరగతి. డిసెక్షన్



తల్లిదండ్రులతో అనుబంధం

మాతృదేవోభవ, పితృదేవోభవ అంటుంది వేదం. అంటే తల్లియే దైవం. తండ్రియే దైవం. తండ్రియే దైవం. తమబిడ్డలు సుఖంగా ఉండాలని తల్లిదండ్రులందరూ కోరుకుంటారు. ఒకసారి స్వామి వివేకానంద తన శిష్యులలో ఒకరైన కుమారి ఎస్.ఇ.వాల్డోకు ఒకలేఖలో ఇలా రాసారు. మానవుడు సర్వత్రా విజయం పొందాలని ఆశిస్తాడు, కాని తనపిల్లల చేతిలో ఓడిపోవాలని కోరుకుంటాడు. తల్లిదండ్రుల టేమ అటువంటిది.

ఈనాటి యువతను ఒక సమస్య పీడిస్తుంది. పెద్దయ్యే కొలది తల్లిదం[డులకు దూరమవుతూ స్నేహితులకు చేరువవుతున్నారు. స్నేహితులతో తిరగడం తప్పేమి కాదు, కాని తల్లిదం[డులు తమ బిడ్డల సమస్యలను అర్థం చేసుకోవడం లేదనే తప్పుడు ఆలోచనకు లోనై తమ ఉజ్వల భవిష్యత్తును పాడుచేసుకుంటున్నారు. పిల్లలకు తల్లిదం[డుల సహాయసహకారాలు అమూల్యమైనవి. పిల్లల భవిష్యత్తును తీర్చిదిద్దడంలో తల్లిదం[డుల పాత్ర అనన్యమైనది. తల్లిదం[డులను దూరం చేసుకుంటున్న విద్యార్థులు తమ భవిష్యత్తును తామే నాశనం చేసుకుంటున్నారు.

తండ్రిపై వివేకానందునికి గల భక్తి ప్రపత్తులు

వివేకానందునికి తన తల్లిదండ్రుల నుండి గొప్ప సహకారం లభించింది. ఆయన తండ్రి విశ్వనాథదత్తు వివేకానందుని తెలివికి రూపురేఖలు దిద్దాడు. ఔదార్యగుణాన్ని నూరిపోశాడు. ఒకసారి విశ్వనాథదత్తు వివేకానందునితో జీవితం కష్టాలతో నిండి ఉంటుంది. పెద్దవాడివైనప్పుడు ఈవిషయాలను గ్రహించగలవు. జీవితసమస్యలతో బాధపడేవారిపై కనికరం చూపిస్తావు అన్నారు.

వివేకానందుడు తన తండ్రి గురించి ఇలా చెప్పారు. నాలోని మేధస్సుకు దయాగుణానికి కారణమైన నాతండ్రికి ఎంతో ఋణపడిఉన్నాను. ఆయన తండ్రి దానం చేయడంలో చాలా ఉదారస్వభావంతో ఉండేవారు. చిన్నతనంలో ఒకరోజు వివేకానంద తన తండ్రితో ఇలా అన్నారంట. నాన్నా! నాకు ఏమి మిగిలించదలచు కున్నావు? ఈ ప్రశ్నకు సమాధానంగా ఆయన తండ్రి వెళ్ళి అద్దం ముందు నిలబడు, నేనేమి మిగుల్పుతానో చూస్తావు అన్నారంట.

తల్లిదండ్రులను స్నేహితులుగా భావించు వాళ్ళతో దగ్గర సంబంధం పెంచుకో! అన్నది స్వామి వివేకానందుని అభిభాషణ.

వర్త,10వతరగతి యి సెక్షన్

స్వామి వివేకానంద

స్వామి వివేకానంద జనవరి 12, 1863 లో జన్మించారు. బెంగాలీలో "షామి బిబేకానందోగా ప్రసిద్ధిగాంచిన హిందూయోగి. ఇతని పూర్వనామం నరేంద్రనాథ్ దత్తా. రామకృష్ణ పరమహంస ప్రియశిష్యుడు. వేదాంత, యోగ, తత్త్వ శాస్త్రములతో సమాజంపై అత్యంత ప్రభావం కలిగించిన ఒక ప్రఖ్యాత ఆధ్యాత్మిక నాయకుడు. హిందూతత్త్వ చరిత్ర, భారతదేశ చరిత్రలలోనే ఒక ప్రముఖ వ్యక్తి. రామకృష్ణ మఠం స్థాపకుడు.

భారతదేశాన్ని జాగృతం చెయ్యడమే కాకుండా అమెరికా, ఇంగ్లండులలో యోగ, వేదాంత శాస్త్రాలను తన ఉపన్యాసాల ద్వారా, వాదనల ద్వారా పరిచయం చేసిన ఖ్యాతి అతనికి కలదు. గురువు గారి కోరిక మేరకు అమెరికాకు వెళ్ళి అక్కడ హిందూ మత ప్రాశస్త్యం గురించి ఎన్నో ఉపన్యాసాలు చేశాడు. భారతదేశాన్ని [పేమించి, భారతదేశం మళ్ళీ తన ప్రాచీన ఔన్నత్యాన్ని పొందాలని ఆశించిన వారిలో ముఖ్యులు స్వామి వివేకానంద. "సుఖాల కోసం ఈ ప్రపంచం మీద ఆధారపడకుండా, మనకు కావలసిన ఆనందాన్ని మనలో నుంచే పొందగలిగితే అదే ఆధ్యాత్మికత. అని బోధించేవాడు.

యశస్వి, రవ తరగతి ఎ సెక్షన్



పుట్టుకతోవున్న శక్తిసామర్థ్యాలు, తెలివితేటలు సులభంగా వ్య క్తమవ్వాలంటే విద్యార్థులు ఉపాధ్యాయుల యెడ భక్తి, శ్రధ్ధ, వినయం, విధేయతలను తప్పక అలవరచుకోవాలి. ఈ గుణాలు విద్యాభ్యాసంలో అనుకూల వాతావరణాన్ని కల్పిస్తాయని స్వామీజీ అభిప్రాయం.

ఒకసారి స్వామి వివేకానంద ఇలా అన్నారు. ఉపాధ్యాయునికి విద్యార్థికి మధ్య వున్న సంబంధం పూర్వీకునితో, అతని వంశస్థునితో పున్న సంబంధం వంటిది. ఉపాధ్యాయుల పట్ల విద్యార్థికి వినయం, విధేయత, శ్రద్ధ, గౌరవాలు అనేవి లేనిదే విద్యను అభ్యసించలేడు. ఎక్క డైతే ఉపాధ్యాయులు - విద్యార్థులు మధ్య ఇలాంటి సంబంధం విరాజిల్లుతూ వుంటుందో, అక్కడే ఆధ్యాత్మిక మహిమాన్వితులు ఉద్భవిస్తున్నారు. ఇక ఇలాంటి సంబంధాన్ని యథావిధిగా కాపాడే శ్రద్ధ లేని దేశాలలో పరిస్థితి ఇలా ఉంటుంది.ఉపాధ్యాయుడు కేవలం ఉపన్యాసకుడౌతాడు. తనకు రావలసిన డబ్బుమీదే ఆయన దృష్టి. విద్యార్థి తన తలను ఉపాధ్యాయుడి పాఠాలకు అద్దెకిస్తుంటాడు. విద్యపూర్తి కాగానే ఎవరి త్రోవన వారు పోతారు.

 విద్యార్థి ఉపాధ్యాయుల మధ్య సత్సంబంధాలను

 పెంపొందించుటకు స్వామి వివేకానంద సూచించిన అంశాలు:

 1.ఉపాధ్యాయుని యందు విశ్వాసం 2.శిష్యులు గురువుపై

ఏకలవ్యుని విశ్వాసం కలిగి ఉండాలి. 3.ఉపాధ్యాయుని యెడ వినయం 4.ఉపాధ్యాయునియందు విధేయత - తన గురువుయందు వివేకానందుని సమర్పణ భావం– గుడ్డినమ్మకానికి లోనుకాకుండా, నరేందుడు ఐదు సంవత్సరాలు తన గురువైన శ్రీ రామకృష్ణుని చాలా దగ్గరగా పరిశీలించాడు. శ్రీ రామకృష్ణుని మాటలను తన తార్కిక బుద్ధితో పరీక్షించాడు. శ్రీ రామకృష్ణునికి తనను తాను సమర్పించుకునే ముందు చాలా వేదనకు గురి అయ్యాడు.శరణు పొందిన తర్వాత అది తిరుగులేని హృదయసమర్పణ. ప్రారంభంలో తనను సందేహించి చివరకు తనకు పరవశుడైపోయిన శిష్యుణ్ణి చూచి శ్రీ రామకృష్ణులు అమితానందం పొందారు. తన గురువైన శ్రీ రామకృష్ణునికి అధీనుడైన తర్వాత నరేంద్రుడు ఆధ్యాత్మికంగా ఉన్నత స్థితిననుభవించారు. అనంతమైన ఓర్స్సు, (పేమ, జాగరూకలతొ ్ శ్రీ రామకృష్ణులు నరేంద్రుని విప్లవాత్మక భావాలను లొంగదీసి పూర్తి వినయ విధేయతలతో నైతిక, ఆధ్యాత్మిక, క్రమశిక్షణలు గల శిష్యునిగా తీర్చిదిద్దారు. విధేయత గల విద్యార్థిని ఉపాధ్యాయుడు మహోన్నత వ్యక్తిగా రూపొందించగలడు. ఉపాధ్యాయుడు అత్యంత ప్రాముఖ్యం గల వ్యక్తి. ఆయన విద్యార్థుల జీవితాలను తీర్పిదిద్దుతాడు. స్వామి వివేకానంద చెప్పిన నాలుగు సూత్రాలను నమ్మకము, వినయము, విధేయత, గౌరవాలను అనుసరించినట్లైతే ವಿದ್ಯಾರ್ಥುಲಕು ವಾಲಾ ಮೆಲು ಕಲುಗುತುಂದಿ.

డి. సరస్వతి, తెలుగు విభాగం

వివేకానందుని బాల్య క్రీడలు

ప్రతిభావంతుడు పలువురను ఆకర్షించడం సహజం. వక్తృపంచాస్య మై పండితులకు విద్యా వాచస్పతిగా, ఆచార్యులకు అపర శంకరాచార్యుడిగా, ప్రజా నాయకోత్తముడై, ఖ్యాతి గాంచిన వివేకానందుడు బాల్యంలో బాలబృందానికి నాయకుడవటం ఆశ్చర్యం కాబోదు. నరేంద్రుడే అని తలపిస్తూ తోడి బాలురచే సదా పరివేష్టితుడై ఉండేవాడు. నరేంద్రుడు తమ నాయకుడని తోటి బాలురు గర్వించేవారు.

ఆటల్లో నరేంద్రుడే నాయకుడు. "రాజసభ" అనే ఆటలో తోటి బాలురు సేనాపతులుగాను, సామంతులుగాను ఉండగా, నరేంద్రుడు నరేంద్ర పదవిని అలంకరించేవాడు. "రాజాధి రాజా! ధర్మపాలకా!" అని సంభోదిస్తూ ఒకరి వెనుక ఒకరు అతడికి పాదాక్రాంతులయ్యేవారు. గోళీలతో ఆడటం, దుమకడం, కుస్తీ పట్టడం మొదలైన ఆటలంటే నరేంద్రుడికి ఇష్టం.

బాల్య చేష్టలలో నరేంద్రుడి ఉదేకం అపరిమితం. తోటి బాలురతో ఒకప్పుడాతడు పెనుగులాడుతూ పూజామందిరం మెట్లమీది నుంచి కాలుజారి కిందపడ్డాడు. అతని తలకి రాయి తగిలి గాయమైంది. నరేంద్రుని గురువైన రామకృష్ణ పరమహంస నరేంద్రుని శక్తి సామర్థ్యాలు ఆ ప్రమాదంతో కొంతవరకు నిరోధించబడితే అతడి వల్ల లోకం అల్లల్లాడి పోయేదని చెప్పారు.

(పణతి, 6 ක්රෙර්ම අ බිදු් බ්



మనుషులలో మహనీయుడు

మనుషులలో మహనీయుడుగా ప్రసిద్ధి గాంచిన "మహాత్ముడు" మధుర పలుకులతో మానవత్వాన్ని నిదురలేపిన "మహానీయుడు" బలమే జీవనం, బలహీనతే మరణం అన్న ఓ "మహానాయకుడు" పవిత్రత, సహనము, సామర్థ్యము విజయానికి మూల కారణం అని ప్రబోధించిన "దైవాంశసంభూతుడు' మన భవిష్యత్తుకు మనమే బాధ్యులం అని తెలిపిన ఒక "మహాజ్ఞానియితడు" అతడే మన నరేంద్రుడు

పి.శాంతి చౌదరి, రవతరగతి ఇెన<u>క</u>్షన్

బలాథ్యుడవై, ధైర్యశాలివై నిలబడు. బాధ్యతనంతా నీమీదే పెట్టుకో, నీ విధికి నీవే ధాతవని తెలుసుకో. జీవితంలో ధనం నష్టపోతే కొంత కోల్పోయినట్టు, కానీ వ్య క్తిత్వం కోల్పోతే సర్వస్వం పోగొట్టుకున్నట్టే. నిఖిల్నారాయణ, రవతరగతి ఇ సెక్షన్

స్వామి వివేకానంద స్ఫూ ర్తి దాయకమైన వాక్కులతో అందరిని ఉత్తేజ పరిచేవారు.

"గొప్ప అవకాశాలు వస్తే ఏమి చేతకాని వాడుకూడా ఏదో ఒక గొప్ప సాధించవచ్చు. ఏ అవకాశాలు లేనప్పుడు కూడా ఏదైన సాధించిన వాడే గొప్పవాడు".

"మనిషి అన్నవాడు ముందు ఆత్మాభిమానం కలిగి ఉండాలి. ఆత్మాభిమానం లేనివాడు అసలు మనిషిగా ఎదగలేడు.

బాలాజీ, 3వతరగతి జి సెక్షన్

నిర్లిప్తంగా, నిర్వీర్యంగా ఉన్న యువత ఒక్కసారి వివేకానందుని దర్శి స్తేవాలు ఎక్కడ లేని ఉత్సాహం వస్తుంది. "మనిషికి ఆదర్శం ఉండాలి అది అత్యున్నతంగా ఉండాలి. ఆ ఆదర్శం మన హృదయాల్లో నరనరంలో ప్రవేశించి, రక్తంలో ప్రతి కణానికి పట్టి శరీరంలో ప్రతి అణువూ వ్యాపించేదిగా ఉండాలి".

మన జాతి సనాతన ధర్మం పట్ల అకుంఠిత విశ్వాసం, ఛాందసాలు, మూఢనమ్మకాలు, అసమానతలపై అపరిమితమైన ఆగ్రహం వీటి త్రివేణి సంగమమే స్వామి వివేకానందుడు.

వేద స్రాజ్యుత్, 3వతరగతి జి సెక్షన్

విశ్వమానవుడు వివేకానందుడు

భారతదేశ మొదటి బ్రంధాని జవహర్లాల్ **నెట్రూ :** " వివేకానందుని బోధనలు అత్యంత ప్రయోజనకరమైనవి' అని కొనియాడారు.

నేతాజీ సుభాష్చంద్రబోస్ : "వివేకానందుడు జీవించి ఉంటే ఆయన పాద సేవ చేసుకుంటూ బ్రతికేవాడినని' అన్నారు.

స్రపంచంలో అత్యంత సంపన్నుడు బిల్గేట్స్ : "వివేకానందుని పుస్తకం చదవని రోజంటూ ఉండదని, తాను చేసే సేవాకార్యక్రమాలన్నింటికీ వివేకానందుడే స్పూ ర్తి ప్రదాత' అని ప్రకటించాడు.

అందుకే ఆయన చెప్పినమాటను ఆచరిద్దాం, ఆయన అడుగుజాడల్లో నడిచి నవీన భారతాన్ని నిర్మిద్దాం.

కావలసింది కలహం కాదు . . . సహకారం

శత్రుత్వం కాదు . . . సమన్వయం

లేవండి . . . మేల్కొనండి . . . ఇదే సరైన సమయం

డి. అంజలి, రవతరగతి ఇ సెక్షన్

ప్రత్యేకత

కోపంతో మాట్లాడితే గుణాన్ని కోల్పోతారు అధికంగా మాట్లాడితే ప్రశాంతతని కోల్పోతారు అనవసరంగా మాట్లాడితే అర్థాన్ని కోల్పోతారు అహంకారంతో మాట్లాడితే (పేమను కోల్పోతారు అబద్ధాలు మాట్లాడితే పేరును కోల్పోతారు ఆలోచించి మాట్లాడితే ప్రత్యేకతతో జీవిస్తారు.

యమ్.రిత్విక్ చౌదరి, 4వతరగతి ఇెనక్షన్

 ఏ పరిస్థితులలో ఉన్నా నీ కర్తవ్యం నీకు గుర్తుంటే జరగ వలసిన పనులు అవే జరిగి పోతాయి.

2. ఆదర్శపరుడు ఒక వేయి తప్పులు చేస్తే ఆదర్శరహితుడు యాఖై తప్పులు చేస్తాడనడం నిస్సందేహం కాబట్టి ఆదర్శాన్ని కలిగి ఉండడం మంచిది.

శా చి కె. (పణ, 4వతరగతి ఇెసెక్షన్

స్వామి వివేకానంద ఎన్నో దివ్య ప్రబోధాలను అందించారు. "గమ్యం చేరేవరకు ఆగవద్దు. జాగృతులు కండి భయం విడనాడండి". "ఆరంభం అతి స్వల్పంగా ఉందని నిరాశపడవద్దు. ఘనమైన ఫలితాలు క్రమంగా సమకూరుతాయి".

వై. పుష్పసాహిత్య, రవతరగతి ఇెనక్షన్

స్వామి వివేకానందుని జీవిత కవిత

చుట్లూ ఉన్న నీడలు దట్టమైన కొద్దీ, చరమాంకం సమీపించే కొద్దీ, జీవితపు యథార్థ ప్రయోజనాన్ని అర్థం చేసుకునే కొద్దీ, అది ఒక స్వప్న తుల్యమని గ్రహించిన రోజు, దాన్ని పట్టుకోవడానికి పెనుగులాడడం నిష్ప్రయోజనమని తెలుస్తుంది. ఆవిధంగా పెనుగులాడేవారందరూ అర్థంలేని వాటినుండి ప్రయోజనం సాధింప విఫల ప్రయత్నం చేస్తున్నారని మనకర్థమౌతుంది. స్వప్నం నుండి వాస్తవాన్ని పొందగోరడం అర్థరాహిత్యం. "ప్రతిదీ క్షణభంగురం, ప్రతిదీ పరిణామ శీలం" దీనిని గ్రహించిన జ్ఞాని సుఖదు:ఖాలను రెండింటినీ త్యజించి రాగవర్జితుడై ఈ విశ్వాన్ని సాక్షీభూతుడై తిలకిస్తాడు **పి. మౌక్తిక,** 6 వతరగతి ఇెసక్షన్

ైహెందవుడు

హిందూ అనే శబ్ద శ్రవణంలో నీలో విద్యుత్తుల్లమగు మహత్తర శక్తి భావం కలిగితేనే నీవు నిజమైన హైందవుడవు. ఏ దేశానికి చెందినవాడైనా, ఏ భాషకు చెందిన వాడైనా అతడు "హిందువు" అనగానే అతడు నీకు ఆఫ్త్రడు, (పేమపాత్రుడు అయినప్పుడే నీవు నిజమైన హైందవుడవు. హిందువనే పేరు గల ఎవరు కష్టాల్లో ఉన్నా నీ స్వంత కుమారుడే అలా ఉన్నట్లు నీ హృదయం వ్యధ చెందినప్పుడే నీవు నిజమైన హైందవుడవు. గురు గోవిందసింహుని వలె హిందువుల కోసం సమస్త బాధ్యతను స్వీకరించ గలిగినప్పుడే నీవు నిజమైన హైందవుడవు.

విశ్వాస్, 6వ తరగతి ఇెసక్షన్



స్వామి వివేకానంద

స్వామి వివేకానందుడు ఒకరోజు రైలులో ప్రయాణిస్తున్నారు. ఎప్పటిలానే వివేకానందుడు కాషాయం దుస్తులు వేసుకున్నారు. ఇది చూసి ఒక అపరిచితుడు తనను వెక్కిరించి అవమానించాడు. కాని వివేకానందుడు తన [పేమతో నిండిన గుండెతో ఏమి చేయలేదు. అప్పుడే వివేకానందుడికి బాగా ఆకలి వేసింది. అంతలోనే స్టేషన్ వచ్చింది. స్వామీజి చాలా అలసిపోయి పక్కన ఉన్న కుర్చీలో రైలు దిగగానే పడిపోయాడు. ఆ అపరిచితుడు ఇది చూసి ఆనందించాడు. అంతలో ఒక అమ్మాయి గట్టిగా అరుస్తూ అక్కడికి వచ్చి అడిగింది. "ఇక్కడ స్వామి వివేకానందుడు ఎవరు"? అని. అప్పుడు వివేకానందుడు ఆమెను దగ్గరికి పిలిచి ఏమిటి అని అడిగారు. ఆ యువతికి కన్నీళ్లు ధారగా ప్రవహిస్తూ ఉండగా స్వామి పాదాలపై పడి ఇలా చెబుతుంది. "నాకు ఒక కల వచ్చింది. దానిలో దేవుడు స్వామి వివేకానంద అనే వ్యక్తికి అన్నం పెట్టమని ఆజ్ఞ ఇచ్చాడు". అని చెబుతూ భక్తితో అన్నం పెట్టింది. ఇదంతా చూస్తున్న ఆ వ్యక్తి, హా! నేనెంతటి పాపాత్ముడ్ని సాక్షాత్ భగవత్స్వరూపుడైన వివేకానందుడినే అవమానించాను అని అతని పాదాలపై పడి క్షమించమని వేడుకున్నాడు.

చూసారా! మన దేవతలు గొప్ప వ్యక్తులకు ఎల్ల ప్పుడు సహకరిస్తూ ఉంటారు.

బి. తులసి, 6వతరగతి ఇ సెక్షన్





నరేందుడికి చిన్నతనం నుండి దైర్య, సాహసాలు, సమయస్ఫూ ర్తి ఎక్కువ. దేనిని కూడా గుడ్డిగా నమ్మేవాడు కాదు. ఒకనాడు తన స్నేహితులతో ఆడుకోడానికి ఒక పొలానికి వెళ్లాడు. అక్కడ ఉన్న ఒక చెట్టు ఎక్కి ఆడుతున్నాడు. అంతలో అక్కడే ఉన్న తోటమాలి ఎలాగైనా ఈ పిల్లలను అక్కడి నుండి పంపించాలన్న ఉద్దేశంతో వారి వద్దకు వెళ్లి "పిల్లలూ! ఈ చెట్టుపైన బ్రహ్మా రాక్షసి ఉంది. మీరు ఇక్కడినుండి వెళ్లలేదనుకో అది మీ అందరిని తినేస్తుంది తర్వాత మీ ఇష్టం." అని అనగానే నరేందుని స్నేహితులు అక్కడినుండి భయంతో పారిపోయారు. కాని నరేందుడు అక్కడే ఆడుకుంటూ ఉన్నాడు. దాన్ని చూసి తోటమాలి" ఏం బాబు నీకు భయం లేదా? "అని అడగగానే " తాతా! నేను చాలా రోజులనుండి ఇక్కడే ఆడుతున్నాను ఒకవేళ నీవు చెప్పింది నిజమైతే ఆ బ్రహ్మ రాక్షసి నన్ను ఎప్పుడో తినేసేది. కనుక మమ్మల్ని ఇక్కడ ఆడకుండా చేయడానికి మీరు చెప్పిన అబద్దం." అని చెప్పగానే తాత నరేందుడి సమయస్ఫూ ర్తికి, దైర్యానికి ఆశ్చర్యపోయాడు.

యు. బ్రాంట్, 5 జి సెక్షన్



ఓ యువతా మేలుకో! దేశాన్ని ఏలుకో!

స్వామి వివేకానంద మాటల్లో స్థపంచంలో ఏ స్రాంతం కాని, ఏ దేశం కాని అభివృద్ధి చెందాలన్నా దానికి మూల కారణం యువత. ಅಂದು \bar{s} "ನೆಟಿ ಯುವತ ದೆಸಾನಿಕಿ ಭವಿತ" ಅನೆವಾರು. ఏ ವ್ಯ ಕ್ಲಿಯನ అభివృద్ధిలోకి రావాలంటే మొదలుగా తనలోనే దాగిఉన్న అంతర్గత శ్వతువులను జయించాలి. అవి మనలోనే, మనతోనే ఉంటూ క్షణికమైన సంతోషాన్ని ఇస్తూ, శాశ్వతంగా మన జీవితాలను నాశనం చేస్తాయి. అలాంటి కామ, క్రోధ, లోభ, మోహ, మద, మాత్సర్యాలు అయిన అరి షడ్వర్గాలను జయిస్తే ప్రతి మానవుడు చరిత్రలో నిలిచిపోతాడు. అందుకై మనం మనపై నమ్మకం పెంచుకోవాలి. ఆ నమ్మకం వమ్ము కాకుండా లక్ష్యాన్ని సాధించేవరకు లక్షణంగా శ్రమించాలి. "శ్రమిస్తూ నడిస్తే ప్రగతి పథం వరిస్తుంది, ప్రతి అడుగూ గెలుస్తుంది. "అందుకు మనం బలంగా ఉండాలి, మనో దైర్యం కావాలి. " బలమేవ జీవనం, బలహీనతైవ మరణం" అని చాటి చెప్పారు. ప్రతీ భారతీయుడు మాతృమూర్తి, మాతృదేశం, మాతృభాష వీటిని మరువకూడదు. ಮರಿವಾಮ್, ಮನುಗಡ ಸಾಧಿಂಬಲೆಮನಿ ಮನ ಭಾರತಿಯ ಸಂಸ್ಕೃತಿ, సం[పదాయాలను [ప్రపంచ వ్యాప్తంగా [ప్రకాశించేలా చేశాడు. "సకల మతాలకు నిలయం మన భారతం, అన్ని మతాలు మాకు సమ్మతం, అదే హైందవ తత్వం. "అంటూ మన జాతి కీర్తి [పతిష్టలను జగద్విఖ్యాతం చేశాడు. విగ్రహారాధన విశిష్టతను పెంచాడు, మోందవ ధర్మ ఔన్నత్యాన్ని చాటి చెప్పాడు. నేటికి కూడ అభివృద్ధి చెందిన,

చెందుతున్న ప్రపంచ దేశాలను పరిశీలిస్తే వారి ప్రగతి లో ప్రముఖ స్థానం భారతీయులది మాత్రమే. అలాంటి ఘన కీర్తిని కలిగిన మనం పాశ్చాత్య వ్యామోహంలో పడి అంధకారంలో చిక్కుకుపోతున్నాము, ప్రపంచాన్నే ఆకర్షిస్తున్న మన సంస్కృతి, సంప్రదాయాలను మనమే మరిచిపోతున్నాము. అలాగే కొందరు మత మౌడ్యులు మన దేశాన్ని నాశనం చేయడానికి సర్వ శక్తులా శ్రమిస్తున్నారు. వారికి స్వార్థపరులు సహకరిస్తున్నారు. అలాంటి వారిని అంతం చేయాలంటే, అది కేవలం మీ వల్లే అవుతుంది. కనుక ఓ యువత లే ! మేలుకో ! ఈ దేశాన్ని ఏలుకో ! ఈ దేశం నీది, నాది, మనది, మనందరిది. శత్రువులు మన దేశ నాశనాన్మికె వస్తే సంహరించడానికి సరిహద్దుల వద్ద సైన్యం ఉంది. సముద్ర మార్గాన వస్తే నావికాదళం నాశనం చేస్తుంది. గగనమార్గాన వేస్తే వాయుసేన గాల్లోనే కలిపేస్తుంది. కాని దేశ వినాశకులు మన దేశంలోనే ఉంటూ, మన గాలి పీలుస్తూ, మన తిండి తింటూ మన ದೇಕಾನ್ಸ್ ನಾಕನಂ ವೆಯಡಾನಿಕಿ ಮಾಸ್ತುನ್ಸ್ಟ್ ವಾರಿಕಿ ಸರ್ಘಕರಿಸ್ತುನ್ಸ್ಟಾರು. మరి ఇలాంటి అంతర్గత శ్యతువులను సంహరించేది ఎవరు? ఎవరు? ఆలోచించు ఆ.... అది నీవే, కేవలం నీవే. ఓ యువత! లే! మన దేశాన్ని, మన కీర్తి ప్రతిష్థలను కాపాడేది నీవే,! పెంచేది నీవే! లేనట్లయితే మన భారతదేశం అభివృద్ధి చెందుతున్న దేశంగానే నిలిచిపోతుంది. ఓ యువత! మత్తు వదిలి నీవు శ్రమిస్తే మన దేశం అ భివృద్ధి చెందిన దేశాలలో ప్రముఖ స్థానం సాధిస్తుంది. సాధించాలని ఆశిస్తూ! జైహింద్

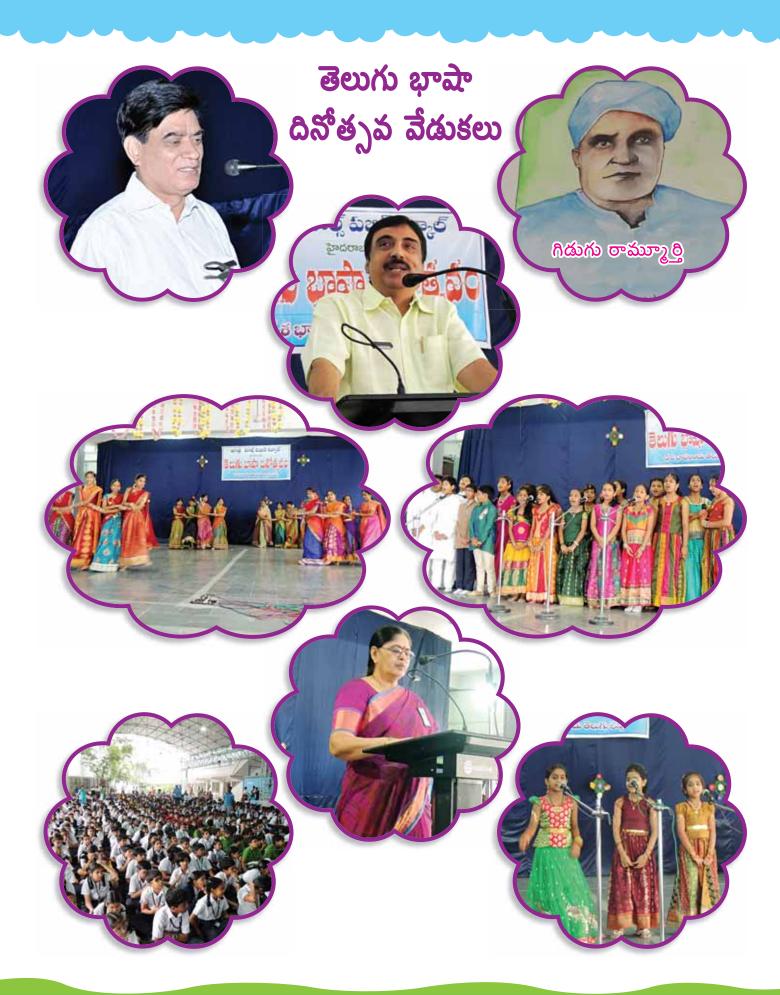
సి. శ్యామ్ సుందర్, తెలుగు భాగం

తెలుగుభాషా దినోత్సవం-నివేదిక

గిడుగు రామ్మూ ర్తి గారి జన్మదినం సందర్భంగా మా పాఠశాలలో ఆగస్టు29న తెలుగు భాషా దినోత్సవం వైభవంగా జరుపుకున్నాం. విద్యార్థినీ విద్యార్థులు తేటతెలుగు కమ్మదనాన్ని తెలియజేసే కొన్ని గేయాలు పాడారు. తెలుగుపద్యాల గొప్పదనాన్ని తెలిపే భువన విజయం రూపకంను, ప్రాచీన కథామాధుర్యం గుర్తుచేస్తూ మర్యాదరామన్న కథను ప్రదర్శించారు. యు.కే.జి. విద్యార్థులు "ఇంతై అంతై నాన్నం తై" అని పాడుతూ అభినయం చేశారు. "జీవితాన తీర్చలేని తల్లి ఋణం తెలుగు" అనే పాటను విద్యార్థులు పాడారు. "నాపాట తేట తెలుగు పాట" అనేపాటకు విద్యార్థులు పాడారు. "నాపాట తేట తెలుగు పాట" అనేపాటకు విద్యార్థినులు నాట్యం చేసి అందరినీ అలరించారు.

జూబ్లీ హిల్స్ పబ్లిక్ స్కూల్ వైర్మన్ శ్రీ ఎ. మురళీముకుంద్ మాట్లాడుతూ తెలుగు భాషలో పలికే కొన్ని పదాల అర్థాన్ని తెలియజేసారు. తల్లిదండులు తమ పిల్లలకు రాత్రిపూట కొన్ని కథలు చెప్పి, వాటిద్వారా వాళ్ళలో విలువలు పెంచడానికి కృషి చేయాలన్నారు. ఇంట్లో తెలుగులోనే మాట్లాడమని చెప్పారు. ముఖ్య అతిథిగా విచ్చేసిన శ్రీ సుధామ (అల్లంరాజు వెంకటరావు - విశాంత ఆకాశవాణి కార్యక్రమ నిర్వహణాధికారి) తెలుగులో మాట్లాడండి, చదవండి, రాయండి, ఆలోచించండి అని తెలుగు భాష గొప్పతనాన్ని, [పాముఖ్యతను వివరించారు. విద్యార్థులకు శుభాకాంక్షలు తెలియజేశారు. శ్రీమతి డి.సరస్వతి (తెలుగు విభాగం అధిపతి) వందనసమర్పణ చేసారు.









Je suis qui je suis

En Inde, dans une région proche du Tibet, il était une fois un maître et son élève.

Quand le maître et l'élève eurent débattu des conditions pratiques d'usage,

le maître commença son enseignement. Il dit à son élève :

-Tu dois être fort. Va chercher qui tu es.

L'élève partit chercher la force et un an plus tard il revint voir son maître et lui dit :

-Je suis fort.

Pour montrer sa force, il prit un roc qu'il aurait été incapable de déplacer auparavant, le leva au-dessus de sa tête et le fracassa en mille morceaux sur le sol.

-Très bien, dit le maître, tu es fort.

Maintenant, tu doit être intelligent, va chercher qui tu es. L'élève partit chercher l'intelligence et trois ans plus tard il revint voir son maître et lui dit :

-Je suis intelligent.

Le maître lui donna un texte très volumineux

-Tu viens m'en parler dans trois heures

Ce temps écoulé, le maître et l'élève parlèrent de l'ouvrage, d'égal à égal, jusqu'au lever du jour.

Le maître à ce moment-là dit :

-Tu dois être sensible. Va chercher qui tu es...

L'élève partit et son absence dura dix ans.

A son retour il montra au maître toute sa sensibilité.

-Très bien dit le maître, tu es fort, intelligent, sensible, tu dois aussi être rigoureux...

L'élève lui coupa la parole et poursuivit :

-Je suis qui je suis.

-Je n'ai plus rien à t'apprendre, répondit le maître. Va, ton chemin est bien le tien."

Inspiré d'un vieux conte hindou.

Extrait du livre de J.Salomé: "Contes à guérir, contes à grandir"

J. Salomé

Translation

In India, in a region close to Tibet, there was once a teacher and his pupil.

When the teacher and the student discussed the practical application of knowledge, the teacher told his student:

- You have to be strong. Go and discover who you are The student went to get strength and a year later he returned to his master and told him:
- I am strong

To show his strength, he took a rock which he would have been unable to move before, raised it above his head and smashed into a thousand pieces on the floor.

'Very good', said the master, you are strong.

Now you must be intelligent, Go and discover who you are The student went to get intelligence and three years later he returned to his master and told him:

- I am intelligent.

The master gave him a very voluminous text

- You will explain the text to me in three hours

The time passed by, the teacher and the student talked about the book, as equals, until daybreak.

The master then said:

- You have to be sensible. Go and discover it ...

The student left and was away for ten years.

On his return he showed his master all his sensibility. Excellent, said the master, you are strong, intelligent,

The student interrupted him and continued:

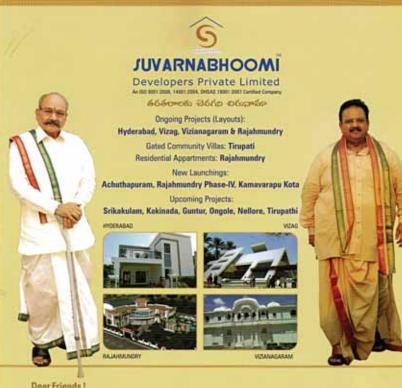
sensible, you have to be stern...

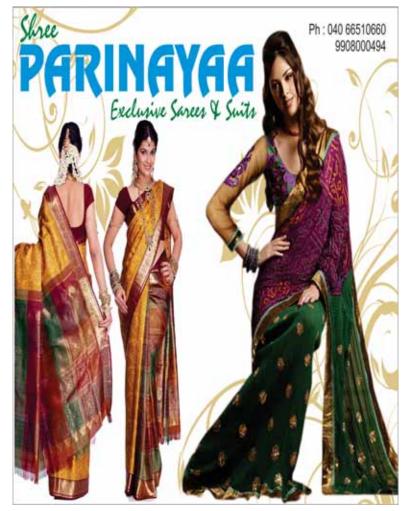
- I am who I am.
- I have nothing to tell you anymore, 'replied the master. You can choose your own path"

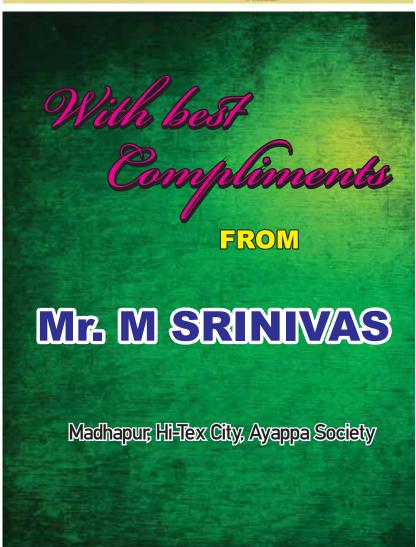
Moral: Retain your own identity instead of following others. (Inspired by an old Hindu tale)

Excerpt from J.Salomé - "Contes à guérir, contes à grandir"



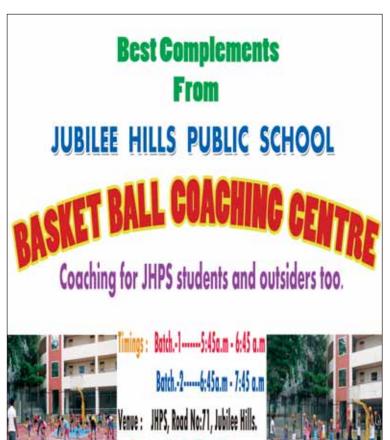














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